



COVID-19 Quarantine and Isolation Protocols and Procedures  
Updated January 12, 2022

The CDC, LACDPH, and Cal/OSHA have recently adopted new quarantine and isolation procedures for individuals infected with COVID-19 and/or a close contact of a confirmed COVID-19 case. As a result, effective January 17, 2022, the District is adopting the protocols outlined below.

**Positive COVID-19 Test Protocol:**

- Regardless of vaccination status and/or symptoms, a COVID-19 positive individual must:
- Isolate for five (5) days (day 1 is first full day *after* symptoms begin or test date).
  - On day five (5) or after, an individual may end isolation and return to work if asymptomatic or symptoms are resolving ***AND*** they have a negative COVID-19 test (Antigen test is preferable).
  - Isolation will continue as long as an employee is experiencing a fever, even if it extends beyond ten (10) days.
  - If an employee’s symptoms (other than a fever) are not resolving, they may return to work once their symptoms resolve or they hit the 10-day post positive mark point.
  - If an individual is unable to test or chooses not to test, they must complete their 10-day isolation before returning to work.

**Confirmed COVID-19 Close Contact<sup>1</sup> Exposure Protocol:**

*To ensure consistency, day 1 is defined as the first full day **after** close contact with person who has COVID-19.*

<b>Vaccinated Individuals</b> <i>Individuals who have been boosted, completed their Pfizer/Moderna series within the past six (6) months, OR completed the J&amp;J series within the last two (2) months:</i>	<b>Unvaccinated Individuals</b> <i>Individuals who are unvaccinated, completed the Pfizer/Moderna series more than six (6) months ago and are not boosted, OR completed the J&amp;J series over two (2) months ago and are not boosted:</i>
<ul style="list-style-type: none"> <li>● Wear a mask around others for ten (10) days.</li> <li>● You must test on day five (5) following the close contact. Testing upon notice of close contact is recommended but not required.</li> <li>● Self-monitor for symptoms. If you develop symptoms, isolate and test.</li> </ul>	<ul style="list-style-type: none"> <li>● Quarantine for five (5) days after close contact.</li> <li>● You may return to work if you do not experience symptoms for five (5) days AND receive a negative test collected day five (5) or later following your last close contact.</li> <li>● Mask around others for an additional five (5) days.</li> <li>● If an individual is unable or unwilling to test, they must quarantine for a minimum of 10 days before returning to work.</li> <li>● If you develop symptoms, isolate and test, following the guidelines listed above.</li> </ul>

<sup>1</sup> Close contact is defined as being six (6) feet or less from a person who is a confirmed COVID-19 case for 15+ minutes within a 24-hour period regardless of vaccination and masking status.