

# Stress Awareness

## Pet Therapy



**April 10, 2024**

**In Front of the Library 11:30 a.m.–12:30 p.m.**

Pet therapy is a great and effective way to reduce stress and anxiety. Come join us for a fun and relaxing time surrounded by paws.

If disability accommodations (e.g., communications access, alternate formats) are needed to participate fully, please contact [accommodationsrequest@cerritos.edu](mailto:accommodationsrequest@cerritos.edu) within seven school days in advance.



**CERRITOS  
COLLEGE**

**Student Health  
Services**

(562) 860-2451, ext 2321