

This is a safe space where undocumented individuals can build community by sharing and processing their unique experiences with one another.

# WE ARE HERE

**Beginning March 13**

**Every Wednesday at 10 am**

**Location: Living Learning Center (Santa Barbara Building)**

**Facilitated by Alex Cedas (MFT Trainee)**

If interested, please email Alex Cedas at [acedas@cerritos.edu](mailto:acedas@cerritos.edu). This is a drop-in group and can be joined at any moment.

Though participation in support groups can be therapeutic, these groups are not a form of therapy