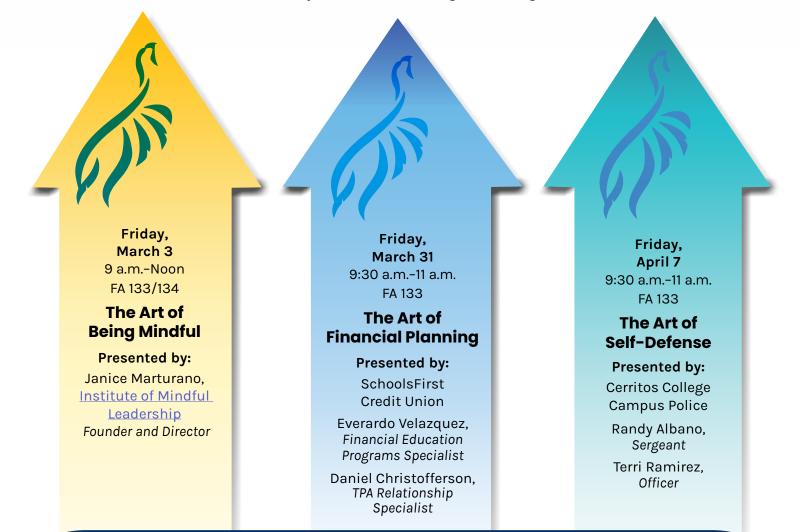


President's Spring 2023 Speaker Series

A Falcon's Guide to Solo A RING to New Heights

The Spring 2023 President's Speaker Series: A Falcon's Guide to Soaring to New Heights will provide expert discussion and insights on how you can master the art of mental, physical, and financial health.

Soaring to New Heights will give you tips and tricks to create the ideal work-life balance and raise your overall well-being to new heights.



Please RSVP via Cornerstone. If you do not have a Cornerstone account, please contact Monique Valencia. Flex credit is offered to faculty. If accommodations (e.g. communications access, alternate formats) are needed to participate fully, please contact AccommodationsRequest@Cerritos.edu within seven school days in advance.