



PAST CERRITOS FOOTBALL COACHES AND THEIR RECORDS

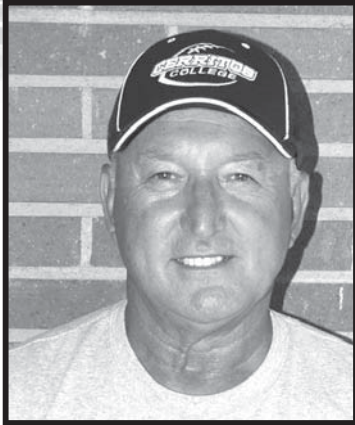
YEAR	COACH	CONF.	POST	TOTAL	CAREER
1957	Earl Klapstein	5-1-0	0-1	8-2-0	8-2-0
1958	Earl Klapstein	6-0-0		8-1-0	16-3-0
1959	Don Hall	5-1-0		8-1-0	8-1-0
1960	Don Hall	7-0-0	0-1	8-2-0	16-3-0
1961	Don Hall	5-1-1		5-3-1	21-6-1
1962	Don Hall	4-3-0		6-3-0	27-9-1
1963	Don Hall	5-2-0		7-2-0	34-11-1
1964	Smokey Cates	3-3-0		5-4-0	5-4-0
1965	Smokey Cates	6-0-0	1-0	10-0-0	15-4-0
1966	Smokey Cates	5-1-1		6-2-1	21-6-1
1967	Smokey Cates	2-4-1		4-4-1	25-10-2
1968	Smokey Cates	3-4-0		3-6-0	28-16-2
1969	Smokey Cates	4-2-0		7-2-0	35-18-2
1970	Smokey Cates	3-3-0		4-5-0	39-23-2
1971	Ernie Johnson	3-3-0		4-5-0	4-5-0
1972	Ernie Johnson	3-1-1	0-1	4-3-3	8-8-3
1973	Ernie Johnson	3-2-0		5-5-0	13-13-3
1974	Ernie Johnson	2-3-0		4-5-0	17-18-3
1975	Ernie Johnson	2-3-1		4-4-1	21-22-4
1976	Ernie Johnson	2-3-1		4-4-1	25-26-5
1977	Ernie Johnson	1-5-0		2-8-0	27-34-5
1978	Frank Mazzotta	4-2-0	0-1	6-5-0	6-5-0
1979	Frank Mazzotta	3-3-0		5-5-0	11-10-0
1980	Frank Mazzotta	4-2-0		7-3-0	18-13-0
1981	Frank Mazzotta	4-2-0		8-2-0	26-15-0
1982	Frank Mazzotta	2-4-0		3-7-0	29-22-0
1983	Frank Mazzotta	5-1-0	1-0	9-2-0	38-24-0
1984	Frank Mazzotta	5-3-0		6-3-0	44-27-0
1985	Frank Mazzotta	5-2-1		6-2-1	50-29-1
1986	Frank Mazzotta	6-1-0	0-1	7-3-1	57-32-2
1987	Frank Mazzotta	4-2-1	0-1	6-4-1	63-36-3
1988	Frank Mazzotta	0-5-0		1-10-0	64-46-3
1989	Frank Mazzotta	3-1-0		6-4-1	70-50-4
1990	Frank Mazzotta	2-2-0		*8-2-0	78-52-4
1991	Frank Mazzotta	4-0-0	0-1	8-3-0	86-55-4
1992	Frank Mazzotta	1-3-0		5-5-0	91-60-4
1993	Frank Mazzotta	2-2-0	0-1	7-3-1	98-63-5
1994	Frank Mazzotta	3-3-0	1-0	8-3-0	106-66-5
1995	Frank Mazzotta	3-3-0		5-4-1	111-70-6
1996	Frank Mazzotta	3-2-0	1-0	9-2-0	120-72-6
1997	Frank Mazzotta	1-4-0		5-5-0	125-77-6
1998	Frank Mazzotta	4-1-0	1-0	9-2-0	134-79-6
1999	Frank Mazzotta	3-2-0	1-0	8-3-0	142-82-6
2000	Frank Mazzotta	2-3-0	1-0	8-3-0	150-85-6
2001	Frank Mazzotta	2-3-0	1-0	7-4-0	157-89-6
2002	Frank Mazzotta	3-2-0	0-1	*9-2-0	166-91-6
2003	Frank Mazzotta	3-2-0	1-0	7-4-0	173-95-6
2004	Frank Mazzotta	2-3-0		3-7-0	176-102-6
2005	Frank Mazzotta	2-3-0		4-6-0	180-108-6
2006	Frank Mazzotta	1-4-0		3-7-0	183-115-6
2007	Frank Mazzotta	1-3-0		4-5-0	187-120-6
2008	Frank Mazzotta	4-2-0	0-1	7-4-0	194-124-6
CUMULATIVE		156-117-8	9-10		307-188-14

*El Camino was forced to forfeit their win in 1990.

*Pasadena City was forced to forfeit their win in 2002.

COACHES RECORDS

Earl Klapstein	(1957-58)	16-3-0	.842
Don Hall	(1959-63)	34-11-1	.756
Smokey Cates	(1964-70)	39-23-2	.629
Frank Mazzotta	(1978-)	194-124-6	.608
Ernie Johnson	(1971-77)	27-34-5	.443



FRANK MAZZOTTA HEAD FOOTBALL COACH

Frank Mazzotta is entering his 32nd season as the head football coach at Cerritos College. Over the last four seasons, the team has been hit hard by injuries and as a result, had their first four-year losing seasons in school history. The team rebounded last year with a berth in the prestigious Golden Empire Bowl, where they dropped a 38-31 decision and finished with a 7-4 record. With one of the best recruiting classes in the school's history, the team looks to return to their winning ways and have a group of returning players that saw a lot of action last season and an incoming class that has a chance to put the team over the top. During his tenure with the Falcons, Mazzotta has now guided his teams to 15 bowl games including 11 of the last 16 years. In addition to defeating Victor Valley in the Potato Bowl six years ago (and went 7-4 on the year), they played in seven of the nine Cerritos Strawberry Bowls, defeating Moorpark and Allan Hancock twice, along with Santa Ana and Orange Coast once. For the first time in the history of the Strawberry Bowl in 2002, the Falcons were defeated, as Saddleback posted a 35-28 win in overtime. The Falcons faced the Raiders in the 1994 inaugural game, a 55-9 win, while Cerritos handed Moorpark a 16-15 setback in 1996. Then, in 1998, Cerritos upended a strong Allan Hancock team 35-21, before defeating Orange Coast, 31-17 in 2000. During the 2001 season, the team posted a 39-28 win over Allan Hancock. The Falcons have also played in the Avocado Bowl, Potato Bowl, Pony Bowl (twice) and the Orange County Bowl (twice). While compiling a 194-124-6 record (.602), 427 Falcon players have received scholarships to continue their education, which is perhaps an even more impressive number. Mazzotta's career wins ranks him in the top 12 in the history of community college head coaches.

During Mazzotta's tenure, many of his former players have gone on to achieve great success on the professional playing field. Some of them include Seattle Seahawks wide receiver T. J. Houshmandzadeh, who tied for the NFL lead in receptions in 2007 and was an All-Pro selection. Other players who have spent time in the NFL that played for Mazzotta include Demetris Veal, Rich Camarillo, Rico Smith and Broderick Thompson. Mazzotta also coached Herb Welch, who was a starter for the 1986 Super Bowl Champion New York Giants and Anthony Drawhorn, who was the Canadian Football League Rookie of the Year. Also included is Mario Bradley, who played with the London Monarchs of the World League of American Football and also spent time with the Amsterdam Admirals, while Dione Tyler played with the Edmonton Eskimos of the Canadian Football League. Other past Falcons and former professionals include Keith Dykes, Corey Kelley, Jean Boyd, Sidney Johnson, Jackie Johnson, Guy Teafatiller and Greg Williamson. There are currently over 33 former players under Mazzotta that are coaches at some level.

After graduating from El Rancho High School, where he was All-League and All-CIF, Mazzotta played in the Shrine Classic between the North and South and has since been named to the Shrine Classic Hall of Fame, as well as the 605 All-Star Game Hall of Fame. Long Beach City College was next for Mazzotta, where he became an All-American tight end, played in the Potato Bowl and led them to the National Championship. Mazzotta received a scholarship to the University of Utah, where he became an All-Western States Athletic Conference selection and played in the Liberty Bowl. Mazzotta went on to earn his Bachelor of Science Degree in both Physical Education and Biology at Utah and then his Master's Degree at Pepperdine University.

Mazzotta started his coaching career at the University of Utah as a graduate assistant. After his stay in Utah, he returned home to coach at his high school alma mater, El Rancho. Mazzotta received his first head coaching job at Warren High School in Downey in 1973, where he turned a dismal Bears program around. In 1976, Mazzotta joined his high school coach and mentor, Ernie Johnson, on the Cerritos College staff. On January 31, 1978 Mazzotta was named the head football coach for the Falcons.

Frank and his wife of 44 years, Helen, who reside in Whittier, have two sons, Frank Jr. and Casey. Frank Jr. was an All-Conference, All-State and All-American wide receiver for the Falcons in 1986-87, and received a scholarship to the University of Utah. Frank Jr. spent five years as the wide receivers coach at Cerritos, one year at El Rancho High School and two years as the head coach at Artesia High School. He is now in his 10th year as the head coach at La Habra High School, where they won back-to-back CIF Championships twice (2003-04 and 2007-08) after reaching the CIF Championship game the year prior and was named the CIF Coach of the Year. Casey was a two-time All-Conference and Academic All-American free safety for the Falcons in 1990-91. He received a scholarship to Brigham Young University, where he was an Academic All-WAC selection. Casey is now starting his third year as the head coach at Mt. San Jacinto College, which is his first collegiate head coaching assignment. He started his coaching career with the Falcons as a graduate assistant and was then named the head coach at Bellflower High School. After spending two years as the head coach at Foothill High School in Tustin, he moved on to serve as the defensive coordinator at Fullerton College until receiving the new head coaching assignment.





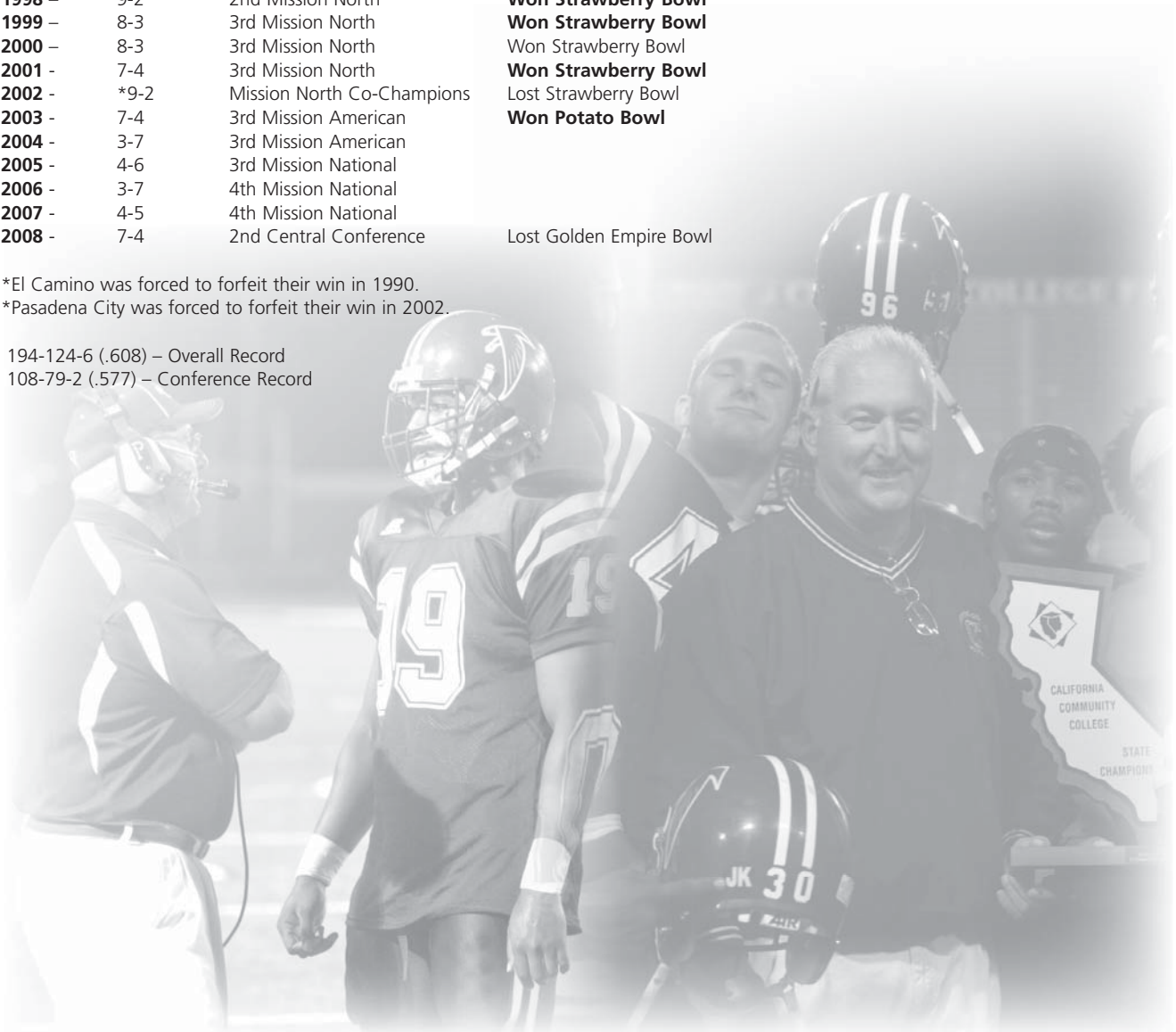
HEAD COACH FRANK MAZZOTTA'S COACHING RECORD

YEAR	RECORD	PLACE	BOWL APPEARANCE
1978 -	6-5	South Coast Co-Champs	Lost Avocado Bowl
1979 -	5-5	3rd Place South Coast	
1980 -	7-3	3rd Place South Coast	
1981 -	8-2	3rd Place South Coast	
1982 -	3-7	5th Place South Coast	
1983 -	9-2	2nd Place South Coast	Won PONY Bowl
1984 -	6-3	4th Place PAC 9	
1985 -	6-2-1	3rd Place PAC 9	
1986 -	7-3-1	South Coast Champions	Lost Potato Bowl
1987 -	6-4-1	2nd Place South Coast	Lost PONY Bowl
1988 -	1-10	5th Place Mission North	
1989 -	6-4-1	2nd Place Mission North	
1990 -	*8-2	3rd Place Mission North	
1991 -	8-3	North Division Champions	Lost Orange County Bowl
1992 -	5-5	4th Place Mission North	
1993 -	7-3-1	3rd Mission North	Lost Orange County Bowl
1994 -	8-3	4th Mission North	Won Strawberry Bowl
1995 -	5-4-1	4th Mission North	
1996 -	9-2	3rd Mission North	Won Strawberry Bowl
1997 -	5-5	5th Mission North	
1998 -	9-2	2nd Mission North	Won Strawberry Bowl
1999 -	8-3	3rd Mission North	Won Strawberry Bowl
2000 -	8-3	3rd Mission North	Won Strawberry Bowl
2001 -	7-4	3rd Mission North	Won Strawberry Bowl
2002 -	*9-2	Mission North Co-Champions	Lost Strawberry Bowl
2003 -	7-4	3rd Mission American	Won Potato Bowl
2004 -	3-7	3rd Mission American	
2005 -	4-6	3rd Mission National	
2006 -	3-7	4th Mission National	
2007 -	4-5	4th Mission National	
2008 -	7-4	2nd Central Conference	Lost Golden Empire Bowl

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*Pasadena City was forced to forfeit their win in 2002.

194-124-6 (.608) – Overall Record
108-79-2 (.577) – Conference Record



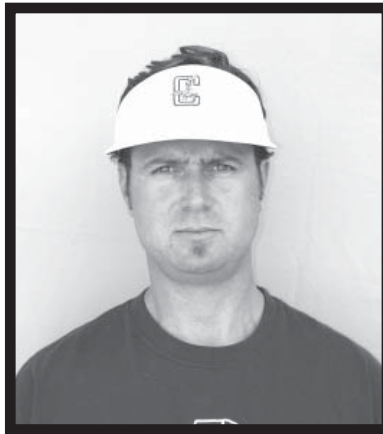
**2009 CERRITOS COLLEGE FOOTBALL COACHES BIOGRAPHIES****ANDREW ALVILLAR
DEFENSIVE BACKS**

Joining the Cerritos College coaching staff for his first year in Andrew Alvillar, who will work with the team's cornerbacks. For the last four years, Alvillar was the head coach at Los Angeles Harbor College, while he served as their defensive coordinator for the last nine years. During his time with the Seahawks, he led them to one Western State Conference South Division Championship (2004), as well as the 2002 Beach Bowl championship. In addition, he has coached 12 All-Americans (six on defense) and 11 All-State (six on defense) selections. In his nine years, 136 athletes transferred to four-year universities, while two were Academic All-Americans and one reached the National Football League. The Seahawk defense set 13 school records during his tenure and their 2001 team ranked #1 in the state and #2 in the nation.

Alvillar's coaching career started at El Camino College, where he worked with the defensive backs from 1998-99 and helped them win the 1999 South County Bowl Game. Two members of his Warrior secondary played in the National Football League, while one had a career in the Canadian Football League.

As a player, Alvillar attended North Torrance High and played football, basketball and was on the track team. He was an all-league selection in football, while also being voted their Most Valuable Player and captain. Alvillar spent the next two years at El Camino College from 1991-92 and was an All-State and All-Mission Conference choice, while earning an AA degree. While at Sonoma State University from 1995-96, Alvillar earned the Cossack Defensive Player Award and finished with a Bachelor's degree in Physical Education. He went on to earn his Master's degree in Physical Education from Azusa Pacific University.

In addition to his coaching assignment, Alvillar is also a part-time instructor at Cerritos College. He and his wife of five years, Elizabeth have a one son, Felix with another due next year.

**TOM CAINES
DEFENSIVE COORDINATOR**

After spending the first 11 years as the offensive line coach for the Falcons, Tom Caines is in his second year as the team's defensive coordinator. In his 11 years as the offensive line coach, Caines did a phenomenal job with the offensive linemen. In his last eight seasons, 19 of the 26 sophomore offensive linemen earned Division I scholarships. All in all, he sent 36 linemen on, with 20 of them going to Division I schools. Caines came to Cerritos College with plenty of community college experience, after serving as the head coach at Hacienda Heights Wilson High School for two seasons before coming to Cerritos College. He spent three years as a coach at Mt. San Antonio College, where he handled the inside linebacker duties, and even produced an All-American. In 1996, he led Wilson High to the league championship, as well as the CIF Championship and a 14-0 record. He began his coaching career at Bishop Amat High School, where he spent three seasons as their defensive line coach.

Caines was an acclaimed football player, graduating from Damien High School where he was a two-way starter at linebacker and tight end on their 1982 CIF Championship team and earned All-CIF honors as a senior. He then attended Taft Junior College and earned 2nd Team All-State honors as the Cougars won the 1984 National Championship. Caines then received a scholarship to Long Beach State and led the 49'ers in tackles and was their captain. In his senior season (1988), he earned 2nd Team All-Pacific Coast Athletic Association honors. The following year, he signed a free agent contract with the Seattle Seahawks.

Caines graduated from Cal State Long Beach in 1989 with a degree in Physical Education and went on to earn his Master's degree in Education from Azusa Pacific University in 1995.

During his coaching career, Caines has produced several very good players at both the high school and community college level, including former Falcon offensive lineman Tupe Peko, who was drafted by the New York Jets and spent six years in the NFL and Anthony Guerrero, who was a starting guard for the Florida Gators and is now on the Falcon coaching staff.

Tom and his wife of 19 years Stacy, reside in La Habra and have three children – Justin (15), Dillan (10) and Bobby (9).

**JIM CHAMBERS
SECONDARY**

Jim Chambers is in his second year with the Cerritos College coaching staff and will work with the safeties and brings with him 27 years of experience. He has logged many seasons as a defensive backs coach, now focusing his attention on the safeties for the Falcons. From 2002-07, Chambers coached the secondary at El Camino College, where the Falcons have had many battles over the years. During his tenure, Chambers contributed to several Mission Conference championships, while several of his All-American players have made it to the National Football League. Chambers is a graduate of Banning High School (1979), where they won three consecutive Los Angeles City Football Championships (1976-78), finishing in the top five in the state, as well as the top 10 in the country each year.

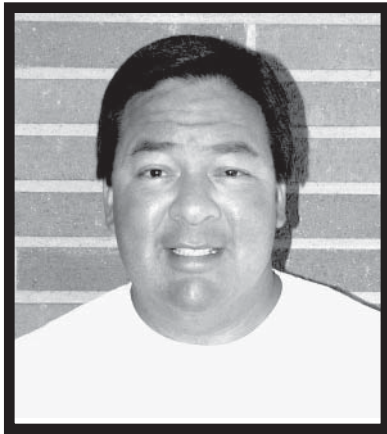
Chambers then attended San Diego Mesa College as a wide receiver and was selected All-South Coast Conference as a sophomore. He then transferred to Cal State Northridge, where he was chosen All-Western Football Conference honors as a defensive back in 1982. Chambers went on to earn his Bachelor of Arts Degree in Kinesiology in 1984.

He began his coaching career in the San Fernando Valley from 1982-87 and then at Redondo Union High from 1988-89. From 1990-96 Chambers coached at Lynwood High, serving as the head coach in 1994 and was appointed their Athletic Director. In November of 1996, Chambers was named the National Football League's High School Coach of the Week and was later nominated for the NFL High School Coach of the Year. During his coaching career, Chambers has also worked at Los Angeles Harbor College (1997) and most recently at El Camino College (2002-07).

Chambers, who is married and has five children, lives in Cerritos.



2009 CERRITOS COLLEGE FOOTBALL COACHES BIOGRAPHIES



ART DOMINGUEZ **WIDE RECEIVERS**

Now in his second year coaching with the Falcons, Art Dominguez will be in charge of the wide receivers. A local product with 29 years of coaching experience, Dominguez comes to Cerritos College after spending the last four seasons as the wide receivers coach at Orange Coast College, where he helped them to two post-season bowl games.

A graduate of John Glenn High School, Dominguez played both football and baseball. He went on to Cal State Long Beach, where he earned his Bachelor of Arts degree in Physical Education with a minor in Biology in 1983.

His coaching career covers both four-year universities, community college and high school, as he spent time coaching at Cal State Long Beach (1985-86) and the University of New Mexico (1987-88). His high school coaching career has seen him with at St. John Bosco High, Brea-Olinda High, John Glenn High, Santa Ana Valley High and Century High. Dominguez also spent one year coaching in Finland.

Dominguez and his wife Lori have a Bernese mountain dog name Touchdown.



DEAN GROSFELD **OFFENSIVE COORDINATOR/ QUARTERBACKS**

Another former Falcon, Grosfeld is entering his sixth season at Cerritos College and is serving his fifth year as the Offensive Coordinator. Grosfeld was a former record-setting Falcon quarterback who has great knowledge of the game. He turned down a graduate assistant position at Utah State University after graduation to come home and work with the Falcon quarterbacks. He still holds the single-game record for most passing yards with 388 against Mt. San Antonio in 1991. His 25 pass completions against Palomar that same season are also still the second most ever in a Falcon game. Grosfeld earned his Bachelor's degree in Exercise Science with a minor in Health from Utah State University and the completed his Master's degree from Azusa Pacific University in Education and Physical Education.

In eight of the last nine seasons, all of the starters have earned scholarships, with Doug Baughman signing a free agent contract in the National Football League in 2002. Mike Harrison went on to Louisiana State University and graduated, while Glenn DeBerg played at the University of Nebraska-Omaha. Michael Keeling went on to play at Eastern Illinois University, while Kevin Brown earned a scholarship to San Jose State University. Chad Manis earned a scholarship to the University of Utah, with AJ Toscano now playing at College of Charleston and last year's quarterback Jeff Fischer earning a scholarship to play at Utah State University.

Grosfeld, a local product from St. John Bosco High School, was a wide receiver that played in the CIF Championship game at Angel Stadium in his sophomore season. He moved to quarterback his junior season and was named his team's captain, and even threw for 460 yards against Long Beach Poly. He earned All-Del Rey League honors while receiving his team's Coaches Award.

After high school, Grosfeld came to Cerritos, where he set the school's single-season passing record at 1,917 yards (since broken). Playing on the 1991 Mission Conference Championship team, Grosfeld was named All-Mission

Conference as well as earning the team's Captain Award and Offensive BYA of the Year Award. After Cerritos, Grosfeld earned a scholarship to Utah State University, where his team won the Big West Championship and won the Silver Bowl. Grosfeld says that he admires his mother for her courage and integrity.

Grosfeld, who is serving his second year as the college's interim Athletic Director during the spring, is a full-time instructor on campus, teaching Health and Physical Education classes. Grosfeld, 38, and his wife Kristy have two children, Chase Stephen (4½) and Shelby Autumn, who turns three years old in November. Grosfeld and his family reside in Cypress.



BILL MURVIN **TIGHT ENDS**

Returning for his second stint as a Cerritos College assistant coach, Bill Murvin will work with the team's tight ends. From 1993-96, Murvin was an offensive assistant coach and spent time with the offensive linemen, wide receivers and tight ends, as well as serving as an assistant on the track and field team. After leaving Cerritos, Murvin went to Western High School from 1997-2007 and held various positions which included Athletic Director (1997-2000), Activities Director (2002-06), girls basketball head coach, girls cross country coach and girls track and field head coach. In basketball, he rebuilt the program to become league champions and did the same with the cross country and track and field teams.

Murvin then moved on to Santa Ana College, where he was an assistant coach on the women's cross country team and was the multi-event coach on the track and field team.

Murvin graduated from St. John Bosco High and helped the football team reach the CIF championship game and was also on the track and field team. He then transferred to Cerritos College, where he was named the football team's Most Valuable Player as a sophomore in 1977 and then went on to receive his bachelor's degree in Biology with a minor in Chemistry from Cal State Long Beach. Murvin then earned his Master's degree in Sports Medicine from Chapman University.

**2009 CERRITOS COLLEGE FOOTBALL COACHES BIOGRAPHIES**

Murvin and his wife of 28 years Karen, who also attended Cerritos College, have two children – Stephen (23) and Jeff (20) and reside in Yorba Linda.

**ROBERT PEDROZA
LINEBACKERS**

After working on the Cerritos College coaching staff from 2005-06, Robert Pedroza is back for his second season and will work with the linebackers. Coach Pedroza came to the Falcons the first time after spending two years as the defensive and offensive line coach at Diamond Bar High School. Prior to that, he spent three years as an assistant coach at Buena Park High School. Coach Pedroza played high school football at Canyon High as an outside linebacker and defensive end and earned 2nd Team all-league honors as a junior and 1st Team recognition his senior season. He then played at Santa Ana College for two years as a defensive end and was an All-Mission Conference selection.

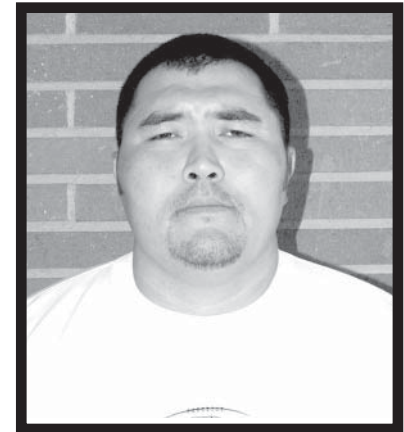
Coach Pedroza received his Bachelor's degree in Kinesiology from Cal State San Bernardino and recently finished his credential and master's program at the University of Phoenix.

**RICH RUIZ
RUNNING BACKS**

Rich Ruiz is now in his fourth year with the Falcon coaching staff, and will begin his third year working with the running backs after coaching the linebackers his first season. Prior to coming to Cerritos, Ruiz spent 10 years coaching linebackers and running backs for Marijon Ancich at St. Paul High. Currently, two of his former players are now playing in the PAC-10, with Dwight Tardy at Washington State University and Nick Grigsby at the University of Arizona. Additionally, linebacker Matt Parent is playing at the University of New Hampshire, while two years ago he coached Lorenzo Goode, who led the Mission Conference in rushing for the Falcons. Last year's lone sophomore running back, Duane Bowen, received a scholarship to play at the University of Nebraska-Omaha.

During his playing days, Ruiz was a two-year letterman in football and track and field at St. Paul High and graduated in 1986. As a defensive captain, he started at defensive back, while also playing running back and was a teammate of Frank Mazzotta Jr. He was an All-Angelus League selection at defensive back, while also earning All-San Gabriel Valley and All-Whittier Area recognition. Additionally, Ruiz ran the 400 meters and ran a leg of the mile relay. Ruiz received a Division 1AA scholarship to Cal Poly San Luis Obispo, where an injury ended his playing career.

A resident of Whittier, Ruiz and his wife Evelyn have four children; Jessica (a student at UCLA), Rico, Demi and Marcus.

**MARK SCHULIST
DEFENSIVE LINE**

A former Falcon, Mark Schulist is entering his fifth year as the defensive line coach for Cerritos College. Schulist will oversee the defensive ends and defensive tackles this year. While with Cerritos College, Schulist started all 11 games on the 1993 team that played in the Orange County Classic Bowl Game. After graduating from Gahr High, Schulist attended Whittier College and started for them at defensive end for one season. He then came to Cerritos and led the defensive line in tackles while earning All-Mission Conference honors and was voted the team's Most Outstanding Defensive Lineman and earned the Coaches BYA Player of the Year Award. He then moved on to the University of Hawaii before an injury ended his playing career.

Schulist then enrolled at Cal State Fullerton, where he earned his Bachelor's degree in Kinesiology-Exercise Physiology/Sports Management in 1998 and completed his Master's degree in Physical Education from Azusa Pacific University. In 1999, Schulist returned to Whittier College as a graduate assistant strength and conditioning coach, while he also taught classes and supervised the George Allen Fitness Center. At that same time, he returned to Gahr High as the defensive line coach and head of strength and conditioning for all levels of football. Schulist is beginning his 10th year of instructing at the high school and collegiate level.

During his coaching career, several of his players have gone on to play football at the Division I level. From the 2008 team, Johnny Tivao is now at the University of Washington, while Ryan Davis received a scholarship to the University of California-Berkeley. Additionally, Matt Agiava is playing at Sacramento State University and Chris Slack is at the University of Nevada.

Schulist is also certified as a strength and conditioning coach by the NSCA, health/fitness instructor by ACSM and as a club weight training coach by the USWA. Additionally, Schulist is a head wrestling coach at the high school level. He and his wife Beatris reside in La Mirada.



2009 CERRITOS COLLEGE FOOTBALL COACHES BIOGRAPHIES



**STEVE VALBUENA
ASSISTANT OFFENSIVE LINE**

Returning to the community college football coaching ranks after a 22-year hiatus, Steve Valbuena begins his second year as an assistant offensive line coach. In fact, his duties will be two-fold, as he will also focus his attention to generating advertising money and fundraising for the football program. It was 1986, when Valbuena spent the year as the wide receiver coach at College of the Desert that he last coached at the community college level. But his 20 years of coaching and teaching experience covers both football and baseball, as he has spent time as the head baseball coach at Yucca Valley High (1977), defensive backs coach at Palm Springs High (1978-79), as well as time at Indio High, Palm Desert High and Fountain Valley High. During the 1999 and 2000 seasons, he helped lead Fountain Valley High to the CIF Playoffs.

While a student at Fountain Valley High, Valbuena was a football, baseball and basketball player, while playing as a wide receiver and cornerback on the football team. While on the baseball team, he was an all-league selection as a first baseman. A knee injury ended his football career, but he went on to play one year of baseball at Orange Coast College and was on the junior varsity baseball team at Cal State Long Beach for one season as a starting pitcher.

In addition to earning his Associate of Arts degree at Orange Coast College, Valbuena went on to earn his Bachelor's degree in Physical Education from Cal State Long Beach (1973) and Master's degree in Education from Cal State University, San Bernardino in 1987.

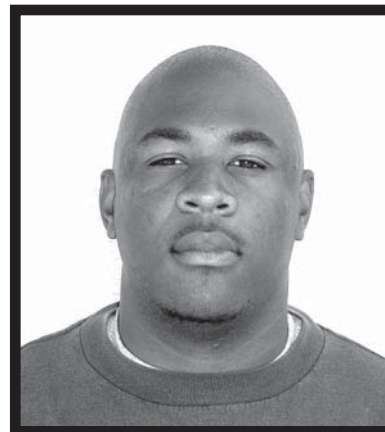
Valbuena and his wife of nine years, Lynn Rae, reside in the City of Orange. He has two step-children; Rich (35) and Sabrina (34).



**VERN VANDER SLUIS
LINEBACKERS**

Fifth-year Falcon assistant coach Vern Vander Sluis returns to campus, where he played for Cerritos College back in 1978-79. During his time with the Falcons, he has coached the defensive ends and now works with the linebackers. In his freshman season as a player, the team won the South Coast Conference championship and competed in the Avocado Bowl. Over the last 26 years, Vander Sluis has been coaching and came to Cerritos after serving as the head coach at Ocean View High School. Prior to that, he spent 13 years as a defensive coordinator at Ocean View High, Norwalk High, Bellflower High and at Cerritos High.

Coach Vander Sluis resides in La Mirada and has a son (Vince) and two daughters (Krystal and Victoria).



**LLOYD WILSON
OFFENSIVE LINE**

Back in 2000-01 Lloyd Wilson was the starting center for the Cerritos College Falcons and now returns for his second year as the offensive line coach after spending three years as an assistant offensive line coach. During his playing days, he was one of the anchors of a team that passed for a school-record 2,260 yards his

freshman year and went on to be a member of two Strawberry Bowl championship teams. After attending Granada Hills Kennedy High, Wilson enrolled at Cerritos College and went on to earn his Associate of Arts degree in Humanities before accepting a scholarship to Eastern Michigan University. While at Eastern Michigan, Wilson was a two-year offensive lineman and went on to earn a scholar-athlete award, as well as being named to the Top Ten Scholar Award while serving as one of the team's co-captains.

Wilson went on to earn his Bachelor's degree in the College of Arts and Sciences with a major in communications and graduated with a 3.21 grade point average. His first coaching assignment was at Long Beach Wilson High, where he served as an offensive line coach and assistant strength and conditioning coach.

Most recently, Lloyd and Shaun Wilson were married in February, 2009 and currently reside in Cypress. Wilson is also employed at Long Beach Poly High School as a Resource Specialist.



**REFUGIO ESTRADA
EQUIPMENT MANAGER**

Refugio Estrada is currently in his 21st season serving as the equipment manager for the football, baseball and track and field teams at Cerritos College. He is responsible for distributing, as well as maintaining the quality of the equipment. At times, Estrada can be seen working on several football players' equipment problems at once, and is considered a vital part of the team's success over the years.

A former Falcon athlete himself, he is better known as "Poonie", and was a to-year letterman in both cross-country and track and field. His specialty was the 5000 meters and he went on to earn the team's Most Improved Runner. While at Mark Keppel High School, Estrada was a two-year letterman on the cross-country and track and field teams. He was selected his team's Most Valuable Performer for cross-country.

After graduating from Cerritos College with an A.A. in Physical Education, Estrada moved on to Cal State Fullerton and ran cross-country for one season, earning their Athlete of the Year Award.

Estrada and his wife Maria have two children - 13-year old daughter, Desiree and son Matthew, who is 9 - and reside in Norwalk.