



2008 SOUTH COAST CONFERENCE FINAL MEN'S SWIMMING STANDINGS

	Total POINTS	SCC DUALS	Dual Pts	Champ Pts
Chaffey	16	7-0	8	8 (791)
Cerritos	14	6-1	7	7 (643)
Long Beach City	11	4-3	5	6 (485)
Mt. San Antonio	10	5-2	6	4 (406)
El Camino	8	2-5	3	5 (461)
Pasadena City	7	3-4	4	3 (364)
Rio Hondo	4	1-6	2	2 (125)
LA Trade-Tech	2	0-7	1	0 (99)

Co-Swimmers of the Year: Akbar Nasution (Chaffey)
Keiskue Yagi (Pasadena City)

Coach of the Year: Mike Dickson (Chaffey)

Divers of the Year: David Austin (El Camino)

Diving Coach of the Year: **Glen Myer (Cerritos)**

2008 SOUTH COAST CONFERENCE FINAL WOMEN'S SWIMMING STANDINGS

	Total POINTS	SCC DUALS	Dual Pts	Champ Pts
Chaffey	16	7-0	8	8 (815)
Long Beach City	13	5-2	6	7 (469)
Mt. San Antonio	12	6-1	7	5 (413)
Cerritos	11	4-3	5	6 (466)
El Camino	7.5	3-4	4	3.5 (307)
Pasadena City	6.5	2-5	3	3.5 (307)
Rio Hondo	4	1-6	2	2 (200)
LA Trade-Tech	2	0-7	1	1 (128)

Tri-Swimmers of the Year: Roxanne Garcera (Chaffey)
Stephanie Rosero (Cerritos)
Jamie Baumler (Long Beach City)

Coach of the Year: Jim Dopf (Chaffey)

Diver of the Year: **Hilary Baca (Cerritos)**

Diving Coach of the Year: **Glen Myer (Cerritos)**



**2008 CERRITOS COLLEGE
MEN'S SWIMMING RESULTS (6-1)**

DATE	OPPONENT	RESULT	RECORD
02-22-08	SCC Diving Non-Scoring Tony Viramontes – 3rd Place – 1-Meter Nashon Hull – 3rd Place – 3-Meter		
03-03-08	Mt. San Antonio Invitational Nikos Kostianis – 100-Yard Backstroke – 1st Place Nikos Kostianis – 200-Yard Backstroke – 1st Place Nikos Kostianis – 100-Yard Butterfly – 2nd Place Nikos Kostianis – 50-Yard Freestyle – 6th Place Tristan Friend – 200-Yard Butterfly – 9th Place	6h Place (228.5 Team Points)	
03-07-08	El Camino	W, 88-43	1-0
03-07-08	Chaffey	L, 56-75	1-1
03-15-08	Cuesta Invitational Nikos Kostianis – 100-Yard Backstroke – 1st Place Nikos Kostianis – 100-Yard Butterfly – 1st Place Nikos Kostianis – 200-Yard Butterfly – 2nd Place	9th Place (146 Team Points)	
03-21-08	Rio Hondo	W, 116-14	2-1
03-21-08	Long Beach City	W, 73-51	3-1
03-28-08	Mt. San Antonio	W, 78-53	4-1
04-04-08	Los Angeles Trade-Tech	W, 118-10	5-1
04-04-08	Pasadena City	W, 82-47	6-1
04-12-08	Pasadena Invitational Louie Espinoza – 100-Yard Breaststroke – 5th Place Louie Espinoza – 200-Yard Breaststroke – 5th Place Louie Espinoza – 100-Yard Butterfly – 6th Place Louie Espinoza – 200-Yard IM – 8th Place Tristan Friend – 200-Yard Butterfly – 2nd Place Tristan Friend – 200-Yard Freestyle – 7th Place Billy Smith – 1650-Yard Freestyle – 8th Place	6th Place (258 Team Points)	
04-19-08	South Coast Conference Diving Championships Nashon Hull – 1-Meter – 4th Place Nashon Hill – 3-Meter – 4th Place	Non-Scoring Meet	
04-26-08	South Coast Conference Championships Nikos Kostianis – 100-Yard Butterfly – 1st Place Nikos Kostianis – 100-Yard Backstroke – 1st Place Nikos Kostianis – 200-Yard Backstroke – 1st Place Louie Espinoza – 200-Yard IM – 3rd Place Tristan Friend – 200-Yard Freestyle – 3rd Place Tristan Friend – 200-Yard Butterfly – 3rd Place Billy Smith – 1650-Yard Freestyle – 3rd Place 200-Yard Freestyle Relay – 3rd Place 400-Yard Freestyle Relay – 3rd Place 400-Yard Medley Relay – 3rd Place	2nd Place (643 Team Points)	
05-03-08	State Championships Nikos Kostianis – 100-Yard Butterfly – STATE CHAMPION Nikos Kostianis – 100-Yard Backstroke – STATE CHAMPION Nikos Kostianis – 200-Yard Butterfly – STATE CHAMPION Tristan Friend – 200-Yard Backstroke – 6th Place Tristan Friend – 200-Yard Freestyle – 21st Place Louie Espinoza – 200-Yard Breaststroke – 10th Place	16th Place (80 Team Points)	



**2008 CERRITOS COLLEGE
WOMEN'S SWIMMING RESULTS (6-1)**

DATE	OPPONENT	RESULT	RECORD
03-01-08	Mt. San Antonio Invitational	10th Place (136 Team Points)	
	Stephanie Rosero – 50-Yard Backstroke – 1st Place		
	Stephanie Rosero – 200-Yard Backstroke – 1st Place		
	Stephanie Rosero – 100-Yard Backstroke – 3rd Place		
	Stephanie Rosero – 200-Yard Freestyle – 6th Place		
	Stephanie Rosero – 100-Yard Freestyle – 9th Place		
	Salina Mesa – 200-Yard Butterfly – 3rd Place		
	Salina Mesa – 400-Yard IM – 4th Place		
	Salina Mesa – 50-Yard Butterfly – 6th Place		
	Salina Mesa – 100-Yard Butterfly – 8th Place		
	Daisy Carrillo – 400-Yard IM – 3rd Place		
	Angela Chiaromonte – 200-Yard Breaststroke – 6th Place		
03-07-08	El Camino	W, 87-35	1-0
03-07-08	Chaffey	L, 28-94	1-1
03-21-08	Rio Hondo	W, 116-14	2-1
03-21-08	Long Beach City	L, 55-72	2-2
04-28-08	Mt. San Antonio	L, 61-66	2-3
04-04-08	Los Angeles Trade-Tech	W, 115-6	3-3
04-04-08	Pasadena City	W, 85-42	4-3
04-12-08	Pasadena Invitational	6th Place (168 Team Points)	
	Stephanie Rosero – 50-Yard Backstroke – 2nd Place		
	Stephanie Rosero – 100-Yard Backstroke – 2nd Place		
	Stephanie Rosero – 200-Yard Freestyle – 2nd Place		
	Stephanie Rosero – 500-Yard Freestyle – 6th Place		
	Stephanie Rosero – 100-Yard IM – 6th Place		
	Salina Mesa – 100-Yard Butterfly – 9th Place		
04-19-08	SCC Diving Championships	Non-Scoring Meet	
	Hilary Baca – 1-Meter – 1st Place		
	Hilary Baca – 3-Meter – 1st Place		
04-26-08	South Coast Conference Championships	3rd Place (466 Team Points)	
	Stephanie Rosero – 50-Yard Backstroke – 1st Place		
	Stephanie Rosero – 100-Yard Backstroke – 1st Place		
	Stephanie Rosero – 500-Yard Freestyle – 1st Place		
	Salina Mesa – 50-Yard Butterfly – 2nd Place		
	Salina Mesa – 100-Yard Butterfly – 3rd Place		
	400-Yard Medley Relay – 2nd Place		
	200-Yard Medley Relay – 3rd Place		
	400-Yard Freestyle Relay – 3rd Place		
	800-Yard Freestyle Relay – 3rd Place		
05-03-08	State Championships	18th Place (42.5 Team Points)	
	Stephanie Rosero – 50-Yard Backstroke – 3rd Place		
	Stephanie Rosero – 100-Yard Backstroke – 5th Place		
	Stephanie Rosero – 500-Yard Freestyle – 13th Place		
	Salina Mesa – 50-Yard Butterfly – 13th Place		
	Salina Mesa – 100-Yard Butterfly – 12th Place		



**CERRITOS COLLEGE MEN'S
SWIMMING RECORDS**

EVENT	NAME	TIME	YEAR	MEET
50-Yard Freestyle	Cliff Jolley	20:83	1978	Conference
100-Yard Freestyle	Cliff Jolley	45.92	1978	State Meet
200-Yard Freestyle	Robbie Garcia	1:39.99	2004	State Meet
500-Yard Freestyle	Robbie Garcia	4:33.66	2005	State Meet
1000-Yard Freestyle	Jack Robinson	10:28.46	1968	State Meet
1650-Yard Freestyle	Jack Robinson	17:12.00	1968	Southern Cal
100-Yard Backstroke	Nikos Kostianis	50.26	2008	State Meet
200-Yard Backstroke	Nikos Kostianis	1:51.20	2008	Conference Finals
100-Yard Breaststroke	Rolando Ochoa	59.38	1999	State Meet
200-Yard Breaststroke	Steve Sammartano	2:04.66	1981	State Meet
100-Yard Butterfly	Nikos Kostianis	48.79	2008	State Meet
200-Yard Butterfly	Nikos Kostianis	1:49.62	2008	State Meet
200-Yard Individual Medley	Cliff Jolley	1:56.97	1978	Conference
400-Yard Individual Medley	Nikos Kostianis	4:19.20	2007	Pasadena Invitational
Diving – 1-Meter	Larry Andreasen	487 points	1965	State Meet
Diving – 3-Meters	Larry Andreasen	552.4 points	1965	State Meet
200-Yard Freestyle Relay	Robbie Garcia Sean Gutierrez Paul Tse Richie Caldwell	1:27.76	2005	State Meet
400-Yard Freestyle Relay	Mark Snyder Jeff Robinson Cliff Jolley Jerry Caldwell	3:12.24	1978	State Meet
800-Yard Freestyle Relay	Tristan Friend Torrence Lee Eddie Kim Nikos Kostianis	7:15.87	2007	State Meet
200-Yard Medley Relay	Ryan Kelly Rolando Ochoa Andy Garcia Raul Corral	1:37.27	1998	Conference
400 Medley Relay	Paul Tse Richie Caldwell Robbie Garcia Sean Gutierrez	3:35.91	2005	State Meet



**CERRITOS COLLEGE WOMEN'S
SWIMMING RECORDS**

EVENT	NAME	TIME	YEAR	MEET
50-Yard Freestyle	L. White	25.43	1985	Conference
100-Yard Freestyle	Phyllis Fewer	54.38	1980	State Meet
200-Yard Freestyle	L. White	1:58.15	1985	Conference
500-Yard Freestyle	L. White	5:18.39	1985	State Meet
1000-Yard Freestyle	Stephanie Rosero	11:44.96	2008	Cuesta Invitational
1650-Yard Freestyle	Stephanie Rosero	19.24.55	2008	Cuesta Invitational
50-Yard Backstroke	Stephanie Rosero	28.29	2008	State Meet
100-Yard Backstroke	Stephanie Rosero	1:00.95	2008	State Meet
50-Yard Breaststroke	Ashley Badali	32.26	2007	State Meet
100-Yard Breaststroke	Ashley Badali	1:09.97	2007	LB City
50-Yard Butterfly	T. Ferris	27.40	1982	Conference
100-Yard Butterfly	T. Ferris	1:00.43	1982	State Meet
100-Yard Individual Medley	Laura Luevano	1:02.68	2001	State Meet
200-Yard Individual Medley	Laura Luevano	2:15.06	2000	Conference
200-Yard Freestyle Relay	Smith Ford Phyllis Fewell McDonald	1:47.62	1980	State Meet
400-Yard Freestyle Relay	Smith Ford Phyllis Fewell McDonald	3:54.43	1980	State Meet
200-Yard Medley Relay	Stephanie Rosero Angela Chiaromonte Salina Mesa Daisy Carrillo	2:00.16	2008	Conference Finals
400-Yard Medley Relay	Ford Graf Smith McDonald	4:21.20	1980	State Meet
Diving - 1-Meter	Pam Dickinson	323.75	1992	Conference
Diving - 3-Meters	Pam Dickinson	341.75	1992	Conference