

CERRITOS COLLEGE TRACK AND FIELD



Table of Contents	1	Cerritos College Track and Field Coaches Biographies.....	18-19
Cerritos College Men's and Women's Track and Field		2009 Cerritos College Men's Track and Field Biographies.....	20-30
Fact Sheet	2	2009 Cerritos College Women's Track and Field	
2009 Cerritos College Men's Track and Field Roster	3	Biographies	31-45
2009 Cerritos College Women's Track and Field Roster	4	Cerritos College Track & Field State Champions	46
2009 Cerritos College Men's & Women's Track and Field		Cerritos College Men's Track and Field Records	47
Schedule	5	Cerritos College Women's Track and Field Records.....	48
Cerritos College History	6-7	Cerritos College Top Five Men's Marks	49-50
Interim President/Superintendent William Farmer	8	Cerritos College Top Five Women's Marks.....	51-52
Dean of Physical Education/Athletics Dr. Dan Smith.....	9	Where Do They Go After Cerritos College?.....	53-55
PE Department Chairperson Jeanine Prindle	9	California Community College Track & Field Hall of Fame.....	56
Cerritos College Athletic Staff Directory	10	2008 Cerritos College Men's & Women's Cross Country	
Media Outlets	11	Roster	57-58
California Community College State Champions	12	2008 Cerritos College Men's Cross Country Results	59
2008 Men's Track and Field Results	13	2008 Cerritos College Women's Cross Country Results.....	60
2008 Women's Track and Field Results	14-15		
2008 Men's State Championship Track and Field			
Team Scoring	16		
2008 Women's State Championship Track and Field			
Team Scoring	16		
2008 Men's Southern California Championship Track and Field			
Team Scoring	17		
2008 Women's Southern California Championship Track and Field			
Team Scoring	17		



HEALTH, PHYSICAL EDUCATION & ATHLETICS

2009 CERRITOS COLLEGE TRACK & FIELD FACT SHEET

Interim President/Superintendent: Bill Farmer
Address: 11110 Alondra Blvd.
Norwalk, CA 90650
Phone Number:..... (562) 860-2451 ext. 2864
Athletics Fax:..... (562) 467-5009
Enrollment: 23,000
Team Nickname: Falcons
Team Colors:..... Blue & White
Conference: South Coast
Members include – Cerritos, El Camino, Long Beach City, Mt. San Antonio and Pasadena City.
Home Track: Falcon Stadium
Director of Track & Field: Doug Wells (19th Year)
Track Office Phone:..... (562) 860-2451 ext. 2889
E-Mail Address: dwells@cerritos.edu
Women’s Head Coach:..... Michael Allen (11th Year)
Recruiting/Distance Coach:..... John Goldman (5th Year)
Throws Coach:..... Lloyd Higgins
Hurdles Coach:..... Gary Gaudet
Pole Vault Coach: Steve Lewis
Jumps Coach:..... Carl Hampton
Jumps Coach/Sprints: Treallis Brown
Dean/HPER/Athletics:..... Dr. Dan Smith – Ext. 2863
E-Mail Address: dsmith@cerritos.edu
Athletic Director:..... Dean Grosfeld – Ext. 2888
E-Mail Address: sgrofeld@cerritos.edu
Athletic Trainer:..... Brian Cable – Ext. 2884
E-Mail Address: bcable@cerritos.edu
Athletic Trainer:..... Beverly Sweet – Ext. 2882
E-Mail Address: bsweet@cerritos.edu
Sports Information Director:..... John Van Gaston – Ext. 2896
Sports Information Director E-Mail:..... jvangaston@cerritos.edu
Sports Information Director Fax:..... (562) 467-5009
Website: www.cerritos.edu/hpea