



2007 SOUTH COAST CONFERENCE FINAL MEN'S STANDINGS

	TOTAL POINTS	SCC DUALS	Dual Pts	Champ Pts
Cerritos	15	6-1	7	8 (664)
Chaffey	15	7-0	8	7 (630.5)
Long Beach City	12	5-2	6	6 (614)
Mt. San Antonio	10	4-3	5	5 (514)
Pasadena City	7.5	2-4-1	3.5	3 (275)
El Camino	7.5	2-4-1	3.5	4 (286.5)
LA Trade-Tech	4	1-6	2	2 (139)
Rio Hondo	2	0-7	1	1 (0)

Swimmer of the Year: Jeff Larson (Chaffey)
Coach of the Year: Joe Abing (Cerritos)
 Divers of the Year:
Diving Coach of the Year: Glen Myer (Cerritos)

2007 SOUTH COAST CONFERENCE FINAL WOMEN'S STANDINGS

	TOTAL POINTS	SCC DUALS	Dual Pts	Champ Pts
Chaffey	15	6-1	7	8 (770)
Long Beach City	15	7-0	8	7 (607)
Cerritos	11	5-2	6	5 (482)
Mt. San Antonio	10	4-3	5	4 (400)
El Camino	9	3-4	4	6 (505)
Pasadena City	6	2-5	3	3 (236)
Rio Hondo	4	1-6	2	2 (146)
LA Trade-Tech	2	0-7	1	1 (29)

Co-Swimmers of the Year: Nikki Ruesch (Chaffey)
 Coach of the Year: Jim Dopf (Chaffey)
 Diver of the Year: Emily Moehle (Chaffey)
Diving Coach of the Year: Glen Myer (Cerritos)



2007 CERRITOS COLLEGE MEN'S SWIMMING RESULTS (6-1)

DATE	OPPONENT	RESULT	RECORD
2-13-07	SCC Diving	Non-Scoring	
	Anthony Mayfield – 1-Meter –	1st Place	
	Anthony Mayfield – 3-Meter –	2nd Place	
	Ramon White – 1-Meter –	8th Place	
	Ramon White – 3-Meter –	7th Place	
3-3-07	Mt. San Antonio Invitational	5th Place (251 Team Points)	
	Nikos Kostianis – 200-Yard Backstroke –	1st Place	
	Nikos Kostianis – 100-Yard Backstroke –	2nd Place	
	Nikos Kostianis – 100-Yard Butterfly –	2nd Place	
	Tristan Friend – 200-Yard Butterfly –	3rd Place	
	Tristan Friend – 200-Yard IM –	3rd Place	
	Anthony Mayfield – 1-Meter Diving –	3rd Place	
	Anthony Mayfield – 3-Meter Diving –	4th Place	
3-7-07	El Camino	W, 87-43	1-0
3-7-07	Mt. San Antonio	W, 67-64	2-0
3-17-07	Cuesta Invitational	9th Place (196 Team Points)	
3-22-07	Los Angeles Trade-Tech	W, 108-15	3-0
3-22-07	Pasadena City	W, 88-39	4-0
3-30-07	Long Beach City	W, 69-61	5-0
4-6-07	Rio Hondo	W, 95-5	6-0
4-6-07	Chaffey	L, 36-95	6-1
4-14-07	Pasadena Invitational	5th Place (280 Team Points)	
	Tristan Friend – 500-Yard Freestyle –	9th Place	
	Billy Smith – 1650-Yard Freestyle –	9th Place	
	Matthew Whalen – 1650-Yard Freestyle –	10th Place	
	Nikos Kostianis – 100-Yard Backstroke –	3rd Place	
	Eddie Kim – 200-Yard Backstroke –	6th Place	
	Jose Aguirre – 200-Yard Backstroke –	9th Place	
	Nikos Kostianis – 200-Yard IM –	5th Place	
	Tristan Friend – 200-Yard IM –	8th Place	
	Nikos Kostianis – 400-Yard IM –	2nd Place	
	Eddie Kim – 400-Yard IM –	6th Place	
	Ramon White – 1-Meter Diving –	5th Place	
	Steven Pavon – 1-Meter Diving –	9th Place	
	Ramon White – 3-Meter Diving –	6th Place	
	Steven Pavon - 3-Meter Diving –	10th Place	
	400-Yard Freestyle Relay –	9th Place	
	200-Yard Medley Relay –	2nd Place	
	400-Yard Medley Relay –	9th Place	
4-21-07	South Coast Conference Diving Championships	Non-Scoring Meet	
	Anthony Mayfield – 1-Meter –	1st Place SCC	
	Anthony Mayfield – 1-Meter –	5th Place SoCal	
	Ramon White – 1-Meter –	2nd Place SCC	
	Ramon White - 3-Meter –	1st Place SCC	
	Ramon White – 3-Meter –	8th Place SoCal	
	Steven Pavon – 3-Meter –	3rd Place SCC	
	Josh Cotton – 3-Meter –	4th Place SCC	
4-28-07	South Coast Conference Championships	SCC Champions (664 Team Points)	
	Nikos Kostianis – 100-Yard Butterfly –	2nd Place	
	Tristan Friend – 200-Yard Butterfly –	2nd Place	
	Nikos Kostianis – 100-Yard Backstroke –	1st Place	
	Nikos Kostianis – 200-Yard Backstroke –	1st Place	
	Eddie Kim – 400-Yard IM –	2nd Place	
	800-Yard Freestyle Relay –	3rd Place	
5-5-07	State Championships	12th Place (108 Team Points)	
	Nikos Kostianis – 200-Yard Butterfly – STATE CHAMPION		
	Nikos Kostianis – 100-Yard Backstroke –	2nd Place	
	Nikos Kostianis – 100-Yard Butterfly –	3rd Place	
	Eddie Kim – 200-Yard Backstroke –	12th Place	
	Eddie Kim – 400-Yard IM –	14th Place	
	Tristan Friend – 200-Yard Butterfly –	10th Place	
	Anthony Mayfield – 1-Meter Diving –	13th Place	
	800-Yard Freestyle Relay –	9th Place	
	400-Yard Medley Relay –	12th Place	
	400-Yard Freestyle Relay –	13th Place	



CERRITOS COLLEGE MEN'S SWIMMING RECORDS

<u>EVENT</u>	<u>NAME</u>	<u>TIME</u>	<u>YEAR</u>	<u>MEET</u>
50-Yard Freestyle	Cliff Jolley	20:83	1978	Conference
100-Yard Freestyle	Cliff Jolley	45.92	1978	State Meet
200-Yard Freestyle	Robbie Garcia	1:39.99	2004	State Meet
500-Yard Freestyle	Robbie Garcia	4:33.66	2005	State Meet
1000-Yard Freestyle	Jack Robinson	10:28.46	1968	State Meet
1650-Yard Freestyle	Jack Robinson	17:12.00	1968	Southern Cal
100-Yard Backstroke	Nikos Kostianis	51.57	2007	State Meet
200-Yard Backstroke	Nikos Kostianis	1:52.82	2007	Conference
100-Yard Breaststroke	Rolando Ochoa	59.38	1999	State Meet
200-Yard Breaststroke	Steve Sammartano	2:04.66	1981	State Meet
100-Yard Butterfly	Nikos Kostianis	50.36	2007	State Meet
200-Yard Butterfly	Nikos Kostianis	1:51.48	2007	State Meet
200-Yard Individual Medley	Cliff Jolley	1:56.97	1978	Conference
400-Yard Individual Medley	Nikos Kostianis	4:19.20	2007	Pasadena Invitational
Diving – 1-Meter	Larry Andreasen	487 points	1965	State Meet
Diving – 3-Meters	Larry Andreasen	552.4 points	1965	State Meet
200-Yard Freestyle Relay	Robbie Garcia Sean Gutierrez Paul Tse Richie Caldwell	1:27.76	2005	State Meet
400-Yard Freestyle Relay	Mark Snyder Jeff Robinson Cliff Jolley Jerry Caldwell	3:12.24	1978	State Meet
800-Yard Freestyle Relay	Tristan Friend Torrence Lee Eddie Kim Nikos Kostianis	7:15.87	2007	State Meet
200-Yard Medley Relay	Ryan Kelly Rolando Ochoa Andy Garcia Raul Corral	1:37.27	1998	Conference
400 Medley Relay	Paul Tse Richie Caldwell Robbie Garcia Sean Gutierrez	3:35.91	2005	State Meet



2007 CERRITOS COLLEGE WOMEN'S SWIMMING RESULTS (4-3)

2007 CERRITOS COLLEGE WOMEN'S SWIMMING RESULTS (4-3)

DATE	OPPONENT	RESULT	RECORD
2-13-07	SCC Diving	Non-Scoring	
	Amanda Lemos – 1-Meter –	5th Place	
	Amanda Lemos – 3-Meter –	4th Place	
	Saira Arias – 1-Meter –	4th Place	
	Saira Arias – 3-Meter –	5th Place	
3-3-07	Mt. San Antonio Invitational	5th Place (283 Team Points)	
	Daisy Carrillo – 200-Yard Freestyle –	15th Place	
	Salina Mesa – 500-Yard Freestyle –	17th Place	
	Salina Mesa – 50-Yard Butterfly –	4th Place	
	Salina Mesa – 100-Yard Butterfly –	7th Place	
	Roxy Cariaga – 50-Yard Backstroke –	16th Place	
	Ashley Badali – 50-Yard Breaststroke –	3rd Place	
	Ashley Badali – 100-Yard Breaststroke –	5th Place	
	Ashley Badali – 100-Yard IM –	2nd Place	
	Daisy Carrillo – 100-Yard IM –	13th Place	
	Roxy Cariaga – 100-Yard IM –	14th Place	
	Vivian Aguirre – 100-Yard IM –	25th Place	
	200-Yard Medley Relay –	8th Place	
	Saira Arias – 1-Meter Diving –	10th Place	
	Amanda Lemos – 1-Meter Diving –	15th Place	
	Saira Arias – 3-Meter Diving –	11th Place	
	Amanda Lemos – 3-Meter Diving –	15th Place	
3-7-07	El Camino	W, 71-59	1-0
3-7-07	Mt. San Antonio	W, 66-65	2-0
3-17-07	Cuesta Invitational	9th Place (171 Team Points)	
3-22-07	Los Angeles Trade-Tech	W, 114-14	3-0
3-22-07	Pasadena City	W, 96-34	4-0
3-30-07	Long Beach City	L, 45-85	4-1
4-6-07	Rio Hondo	W,	5-1
4-6-07	Chaffey	L,	5-2
4-14-07	Pasadena Invitational	6th Place (244 Team Points)	
	Salina Mesa – 100-Yard Butterfly –	7th Place	
	Salina Mesa – 200-Yard Butterfly –	3rd Place	
	Ashley Badali – 50-Yard Breaststroke –	9th Place	
	Ashley Badali – 100-Yard Breaststroke –	9th Place	
	Ashley Badali – 200-Yard Breaststroke –	1st Place	
	Ashley Badali – 100-Yard IM –	2nd Place	
	Ashley Badali – 200-Yard IM –	5th Place	
	Saira Arias – 1-Meter Diving –	7th Place	
	Amanda Lemos – 1-Meter Diving –	9th Place	
	Saira Arias – 3-Meter Diving –	6th Place	
	200-Yard Freestyle Relay –	9th Place	
	400-Yard Freestyle Relay –	8th Place	
	200-Yard Medley Relay –	7th Place	
	400-Yard Medley Relay –	7th Place	
4-21-07	SCC Diving Championships	Non-Scoring Meet	
	Saira Arias – 1-Meter –	2nd Place SCC	
	Saira Arias – 1-Meter -	11th Place SoCal	
	Amanda Lemos – 1-Meter–	3rd Place SCC	
	Amanda Lemos – 1-Meter–	13th Place SoCal	
	Saira Arias – 3-Meter –	2nd Place SCC	
	Saira Arias – 3-Meter -	9th Place SoCal	
	Amanda Lemos – 3-Meter–	4th Place SCC	
	Amanda Lemos – 3-Meter–	15th Place SoCal	
4-28-07	South Coast Conference Championships	4th Place(482 Team Points)	
	Ashley Badali – 50-Yard Breaststroke –	1st Place	
	Ashley Badali – 100-Yard Breaststroke –	1st Place	
	Ashley Badali – 100-Yard IM –	3rd Place	
	Daisy Carrillo – 200-Yard IM –	2nd Place	
5-5-07	State Championships	20th Place (52 Team Points)	
	Ashley Badali – 100-Yard IM –	6th Place	
	Ashley Badali – 50-Yard Breaststroke –	9th Place	
	Ashley Badali – 100-Yard Breaststroke –	12th Place	
	Salina Mesa – 50-Yard Butterfly –	6th Place	
	Salina Mesa – 100-Yard Butterfly –	7th Place	
	Daisy Carrillo – 200-Yard IM - DQ		



CERRITOS COLLEGE WOMEN'S SWIMMING RECORDS

CERRITOS COLLEGE WOMEN'S SWIMMING RECORDS

<u>EVENT</u>	<u>NAME</u>	<u>TIME</u>	<u>YEAR</u>	<u>MEET</u>
50-Yard Freestyle	L. White	25.43	1985	Conference
100-Yard Freestyle	Phyllis Fewer	54.38	1980	State Meet
200-Yard Freestyle	L. White	1:58.15	1985	Conference
500-Yard Freestyle	L. White	5:18.39	1985	State Meet
1000-Yard Freestyle	Laura Luevano	12:03.30	2000	Conference
1650-Yard Freestyle	Molly Hynes	20:43.82	2004	Conference
50-Yard Backstroke	Luisa Wilson	29.97	2003	Conferenc
100-Yard Backstroke	T. Ford	1:03.83	1979	State Meet
50-Yard Breaststroke	Ashley Badali	32.26	2007	State Meet
100-Yard Breaststroke	Ashley Badali	1:09.97	2007	LB City
50-Yard Butterfly	T. Ferris	27.40	1982	Conference
100-Yard Butterfly	T. Ferris	1:00.43	1982	State Meet
100-Yard Individual Medley	Laura Luevano	1:02.68	2001	State Meet
200-Yard Individual Medley	Laura Luevano	2:15.06	2000	Conference
200-Yard Freestyle Relay	Smith Ford Phyllis Fewell McDonald	1:47.62	1980	State Meet
400-Yard Freestyle Relay	Smith Ford Phyllis Fewell McDonald	3:54.43	1980	State Meet
200-Yard Medley Relay	Roxy Cariaga Ashley Badali Salina Mesa Daisy Carrillo	2:00.50	2007	Conference
400-Yard Medley Relay	Ford Graf Smith McDonald	4:21.20	1980	State Meet
Diving – 1-Meter	Pam Dickinson	323.75	1992	Conference
Diving – 3-Meters	Pam Dickinson	341.75	1992	Conference