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**PRESIDENT/SUPERINTENDENT:****Address:**

Dr. Noelia Vela
11110 Alondra Blvd.
Norwalk, CA 90650
(562) 860-2451 ext. 2864
1955
28,000
Falcons
Blue & White
South Coast
"The Aviary" (3,200 Capacity)

Phone Number:**Founded:****Enrollment:****Team Nickname:****Team Colors:****Conference:****Home Gym:****Head Volleyball Coach:****Volleyball Office Phone Number:****Email Address:**

Teresa Ortega
(562) 860-2451 ext. 2881
tvelazquez@cerritos.edu

Years at Cerritos:**Overall Record at Cerritos:****Conference Record at Cerritos:**

8th
76-39 (.661)
57-21 (.731)

Associate Head Coach:

Gay Castaneda (1st Year)

Assistant Coaches:

Reggie Malauula (2nd Year)
Richard Silva (1st Year)

DEAN/HPER/ATHLETICS:**Email Address:**

Dr. Daniel Smith – Ext. 2863
dsmith@cerritos.edu

ATHLETIC DIRECTOR:**Email Address:**

Jeff Smith – Ext. 2871
jsmith@cerritos.edu

ATHLETIC TRAINER:**Email Address:**

Brian Cable – Ext. 2884
bcable@cerritos.edu

ATHLETIC TRAINER:**Email Address:**

Beverly Sweet – Ext. 2882
bsweet@cerritos.edu

SPORTS INFORMATION DIRECTOR:**Sports Information Director E-Mail:**

John Van Gaston – Ext. 2896
jvangaston@cerritos.edu

WEBSITE:

www.cerritos.edu/hpea



TELEVISION

KCBS (Ch. 2)

6121 Sunset Blvd.
Los Angeles, CA 90028
Phone (Alt): (323) 460-3252 (3771)
FAX: (323) 460-3337
Sports Director: Jim Hill
Sports Reporter: Brett Lewis & Steve Hartman
Sports Producer: Mike Cunningham
Producers: Marc Hofman, A.J. Ponsiglione,
Jason Applebaum & Jeff Maren

KNBC (Ch. 4)

3000 W. Alameda Ave.
Burbank, CA 91523
Phone: (818) 840-4237
FAX: (818) 840-3076
Sports Director: Fred Roggin
Sports: Carlos del Valle – 3156
Producers: Kevin La Beach, Greg Dowling,
Steve Leveton & Charlie Rosene

KTLA (Ch. 5)

5800 Sunset Blvd.
Los Angeles, CA 90028
Phone (Alt.): (323) 460-5907 (5578, 3828)
FAX: (323) 460-5333
Sports: Tony Hernandez & Claudia Trejos
Producers: Larry Olson, Tom Klimasz &
Mark Brinks

KCAL (Ch. 9)

5515 Melrose Ave.
Los Angeles, CA 90038
Phone: (213) 960-3848
FAX: (213) 469-4979
Sports: Alan Massengale, Errin Horton &
John Ireland
Senior Producer: Lou Cook
Executive Producer: Scott Henry
Associate Producer: Mike Muriano &
Reinaldo Vela

KTTV (Ch. 11)

1999 South Bundy Dr.
Los Angeles, CA 90025-5235
Phone: (310) 584-2030
FAX: (310) 584-2450
Sports Director: Rick Garcia – 2261
Sports: Randy Kerdoon
Producers: Rod Cohen, Rick Marquardt &
Al Taylor – 2262

UPN (Ch. 13)

915 N. La Brea Ave.
Los Angeles, CA 90038
Phone: (323) 850-2222 (ext. 6)
FAX: (323) 850-1265
Sports Anchor: Michelle Bonner
Executive Sports Anchor: Steve Jahnke

CABLE TELEVISION

ESPN SportsCenter

Phone/FAX: (860) 585-2000 / 585-2422
Assignment Editors: Page Reyes (Football)

Fox Sports West/Fox Sports News

10000 Santa Monica Blvd.
Los Angeles, CA 90067
FSW Phone/FAX: (310) 286-3800 / 286-3875
FSN Phone: (310) 369-9160
Assignment Editor: Dan Cunningham

NEWSPAPERS

Los Cerritos Community News

13017 Artesia Blvd., Suite D-136
Cerritos, CA 90703
Phone: (562) 407-3873
FAX: (562) 921-1915
Sports Editor: Loren Kopff

Los Angeles Times (Downtown)

Times Mirror Square
Los Angeles, CA 90053
Phone: (213) 237-7145
Alt. Phone: (800) LA-TIMES
FAX: (213) 237-7876

Los Angeles Times (Orange County)

1375 Sunflower Ave.
Costa Mesa, CA 92626
Phone: (714) 966-5904
FAX: (714) 966-5663

Orange County Register

625 N. Grand Ave.
Santa Ana, CA 92701
Phone: (714) 796-7804
FAX: (714) 796-6765
Sports Editor: Greg Gibson
Beat: Kevin Metz

Press Telegram

604 Pine Street
Long Beach, CA 90844
Phone (562) 499-1338
FAX: (562) 437-8914
Beat: Dave Felton & Kirby Lee

Wave Community News

4201 Wilshire Blvd., Suite 600
Los Angeles, CA 90010
Phone: (323) 290-3000
FAX: (323) 291-0219
Sports Editor: Mario Villegas

Whittier Daily News

7612 Greenleaf Ave.
Whittier, CA 90602
Phone: (562) 698-0955
FAX: (562) 698-0450



2007 CERRITOS COLLEGE VOLLEYBALL ROSTER

2007 CERRITOS COLLEGE VOLLEYBALL ROSTER

NO.	PLAYER	POSITION	HT	YEAR	HIGH SCHOOL
3	Jacquelyn Chacon	Defensive Specialist	5-1	Soph	Warren
5	Desiree Cortez	Setter	5-6	Frosh	Elizabeth Learning Center
7	Brittany Hayes	Outside Hitter	5-6	Frosh	Artesia
11	Kristin Mendoza	Middle Blocker/RS	5-10	Soph	St. Paul
12	Megan Hayes	Right-Side Hitter	5-7	Frosh	Artesia
13	Crystal Gonzalez	Defensive Specialist	5-3	Frosh	Santa Fe
14	Adriana Fletes	Outside Hitter	5-8	Soph	Downey
15	Julie Reich	Setter/OH	5-4	Frosh	La Mirada
16	Teresa Orejel	MB/Outside Hitter	5-6	Frosh	Santa Fe
25	Amber Olivas	Defensive Specialist	5-3	Frosh	Hacienda Heights Wilson
33	Vanessa Mojica	DS/Libero	5-5	Soph	Whittier
43	Natalie Barajas	Outside Hitter	5-8	Soph	California
44	Samantha Montiel	MB/Libero	5-4	Frosh	Montebello

HEAD COACH: Teresa Ortega - Ext. 2881
ASSISTANT COACHES: Gay Castaneda, Reggie Malauula & Richard Silva
DEAN, HPER/ATHLETICS: Dr. Daniel Smith – Ext. 2863
ATHLETIC DIRECTOR: Jeff Smith – Ext. 2871
ATHLETIC TRAINERS: Beverly Sweet – Ext. 2882
 Brian Cable – Ext. 2884
SPORTS INFO DIRECTOR: John Van Gaston - Ext. 2896
NICKNAME: Falcons
COLORS: Blue & White
PHONE NUMBER: (562) 860-2451
FAX NUMBER: (562) 467-5009
WEB SITE: www.cerritos.edu/hpea





2007 CERRITOS COLLEGE VOLLEYBALL SCHEDULE

DATE	DAY	TIME	OPPONENT	LOCATION
Aug. 25	Sat.	All Day	Cuesta (Scrimmage)	Cuesta
Aug. 29	Wed.	2:00 p.m.	SCRIMMAGE POOL PLAY	CERRITOS
Sept. 7	Fri.	5:00 p.m.	Citrus	Citrus
Sept. 10	Mon.	5:00 p.m.	Ventura	Ventura
Sept. 12	Wed.	5:00 p.m.	COLLEGE OF CANYONS	CERRITOS
Sept. 15	Sat.	All Day	Santa Monica Tournament	Santa Monica
Sept. 19	Wed.	5:00 p.m.	Orange Coast	Orange Coast
Sept. 21	Fri.	All Day	San Diego Mesa Tournament	San Diego Mesa
Sept. 26	Wed.	7:00 p.m.	FULLERTON	CERRITOS
Sept. 28	Fri.	7:30 p.m.	*PASADENA CITY	CERRITOS
Oct. 3	Wed.	6:00 p.m.	*Long Beach City	Long Beach City
Oct. 5	Fri.	7:30 p.m.	*LA TRADE-TECH	CERRITOS
Oct. 10	Wed.	6:00 p.m.	*East Los Angeles	East Los Angeles
Oct. 12	Fri.	7:30 p.m.	*LOS ANGELES CITY	CERRITOS
Oct. 17	Wed.	6:00 p.m.	*Mt. San Antonio	Mt. San Antonio
Oct. 19	Fri.	7:30 p.m.	*EL CAMINO	CERRITOS
Oct. 24	Wed.	6:00 p.m.	*Pasadena City	Pasadena City
Oct. 26	Fri.	7:30 p.m.	*LONG BEACH CITY	CERRITOS
Oct. 31	Wed.	6:00 p.m.	*Los Angeles Trade-Tech	LA Trade-Tech
Nov. 2	Fri.	7:30 p.m.	*EAST LOS ANGELES	CERRITOS
Nov. 7	Wed.	3:00 p.m.	*Los Angeles City	Los Angeles City
Nov. 9	Fri.	7:30 p.m.	*MT. SAN ANTONIO	CERRITOS
Nov. 14	Wed.	6:00 p.m.	*El Camino	El Camino
Nov. 21	Tues.	TBA	Southern California Regionals	TBA
Nov. 24	Sat.	TBA	Southern California Regionals	TBA
Nov. 30-Dec. 2	Fri.-Sun.	TBA	State Championship	Fresno

*Denotes South Coast Conference Match

HEAD COACH:	Teresa Ortega - Ext. 2881
ASSOCIATE HEAD COACH:	Gay Castaneda
ASSISTANT COACHES:	Reggie Malauula & Richard Silva
DEAN, HPER/ATHLETICS:	Dr. Daniel Smith – Ext. 2863
ATHLETIC DIRECTOR:	Jeff Smith – Ext. 2871
ATHLETIC TRAINERS:	Beverly Sweet – Ext. 2882 Brian Cable – Ext. 2884
SPORTS INFO DIRECTOR:	John Van Gaston - Ext. 2896
NICKNAME:	Falcons
COLORS:	Blue & White
PHONE NUMBER:	(562) 860-2451
FAX NUMBER:	(562) 467-5009
WEB SITE:	www.cerritos.edu/hpea



HISTORY

Cerritos College was established on June 10, 1955, when citizens of the Bellflower, Norwalk, Artesia, Carmenita, and Bloomfield elementary districts voted four-to-one in favor of forming a junior college district. On September 27, 1955, a ballot measure calling for a six-million-dollar bond issue to build the junior college passed, again by a four-to-one margin. Title to the proposed college site was acquired on December 5, 1956, and the college board turned its attention to securing favorable zoning so that construction could begin.

The credit for the birth of Cerritos College lies chiefly with Dr. Ralph Burnight, first president of the institution. Superintendent of the Excelsior Union High School District for 27 years before the college was born, Burnight had seen the need for the extension of educational opportunities offered at his high school and fought the state board of education for the establishment of a college in 1953, when the state board indicated it was doubtful that the district could attract a minimum enrollment of 400 students.

Dr. Burnight, however, was convinced that the area would continue to grow, and three years later the board of—Leslie Nottingham, Walter Van Alstine, Dale Donnell, Al Sommer and Arthur Kulzer—authorized the college to offer instruction. On September 11, 1956, in classrooms rented from the Excelsior High School District, 197 students enrolled in classes and made the college a reality. That first semester, ten certified teachers offered 15 subjects, with Dr. Burnight at the helm. Beginning with the 1957-58 school year, the college operated out of Artesia High School, awaiting the completion of the new campus.

By the end of 1959, eight buildings (Field House, 3-25-58; Business Education, Lecture Hall, Science, Shower and Locker, 10-6-59; Liberal Arts, Technology, Electronics, 9-15-59) had been completed on campus, and funds were made available to provide the remaining facilities to accommodate a student body of 3,500 students.

By 1961 the campus was beginning to look like a college with the completion of four more buildings (Library and Gymnasium, 7-1-61; Metal Trades Shop Building, 7-17-61; Student Center, 3-8-60) and an enrollment of 4,000 students. The campus included 95 acres in 1964, and its 15 permanent buildings brought the value of the college to 16 million dollars; it now served a district with an assessed valuation of 271 million dollars.

Effective July 1, 1965, the district included the ABC Unified School District, the Bellflower Unified School District, the Downey Unified School District and the Norwalk-La Mirada Unified School District. District population was 400,000 and the assessed valuation had jumped to more than 500 million dollars. This would be the year that, beyond the bravest expectations of everyone connected with Cerritos College, enrollment would exceed 10,000 students.

The College acquired the “South 40” acres by 1966, enlarging the campus to 135 acres. The purchase proved to be an excellent investment by the board; land values in the college’s district have since skyrocketed. The property today supports the Health Sciences Building, the largest parking lot on campus, the Auto Technology Building and the Community Education Center. The campus grew to 18 buildings by the 1968-69 school year, with a student enrollment of more than 11,000. The district, too, was growing and now included more than half a million people and an assessed valuation of 543 million dollars. The 18 buildings were complemented by a weight-lifting facility in 1971 and a student activities and bookstore complex in 1974.

With the campus thus complete for the time being, the administration and board of trustees turned to building the excellence of the academic programs, which had a strong foundation. Innovation in satellite courses,



Original football locker room.



Original Falcon Square



New Science Building



televised instruction, open entry and exit classes, and the move into audio-visual instruction marked the coming decade.

In 1972, the student population reached 17,000. The next year, 18,000 students attended classes, and the assessed valuation of the district had grown to more than 800 million dollars. The early 1970's were marked by spiraling inflation and tighter money, yet the College financed a new, modern bookstore (3-19-74), the Health Sciences Building (2-1-78) and the Auto Technology Building (9-1-78) to cope with the growing demands of students.

The bicentennial year in 1976 was a special time for Cerritos, as well as for millions of other Americans. Twenty years earlier, the 135-acre campus had been in its infancy, and educational visionaries had predicted that by 1975 more than 15,000 students would be attending classes in the many buildings depicted only on the architect's drawing boards. That modest forecast failed to foresee an even greater need in the community by 1975, when nearly 23,000 students enrolled in courses. In 1970-71, the predicted 15,000 had already been exceeded and growing pains brought expansion to the campus, which continues to grow to meet the demands of the surrounding communities.

By its twenty-fifth anniversary in 1980, Cerritos College had educated nearly 250,000 students since it first opened its doors at Excelsior High School. Course offerings had expanded, a satellite campus program had been implemented, and the faculty and staff had grown as the community needs increased. Cerritos College received its first ever Federal Title III Grant in 1986. The grant was in the amount of \$500,000 renewable for five years, totaling 2.5 million dollars.

Over the last few years, the college has undergone five major renovations. In 1994, the Wilford Michael Library and Learning Resource Center (LRC) underwent another major renovation and expansion. The library expanded from 22,000 square feet to over 40,000 square feet. The old card catalog was replaced with an automated on line system as a result of a major financial gift by the Associated Students of Cerritos College (ASCC). A modern teleconference center and learning assistance lab were added to the east wing of the Learning Resource Center.

The student center was renovated in 1995, funded by a three-way partnership between the ASCC, the college district and the state. Unchanged since its doors first opened, the student center was completely remodeled from the main floor to the adjacent culinary arts food service area. The renovation also included a four-restaurant food court with both indoor and outdoor casual dining for students.

In fall of 1998, Cerritos College opened the doors to the "One-Stop" Student Services Center. The new center houses a full spectrum of student resources including admissions and records, academic counseling, financial aid, the Scholars' Honors Program, veteran's affairs, EOPS (Extended Opportunities Programs and Services) and university transfer assistance. Each department is equipped with high-speed computers, designed to provide immediate access to the college's network.

In addition, the college's Career Services and Job Placement Centers have been moved within a short distance of the "One Stop" Student Services Center, making it the central hub of all Student Services and enrollment activities.

Also in the fall of 1998, the second phase of the Learning Resource Center opened, featuring a computer lab more than 500 high-speed personal computers and 699 data ports. The dual-level computer labs provide students with access to the latest software, high-speed Internet and tutorial programs. In addition, there are dedicated labs for reading, math, English and foreign languages. This renovation of the LRC was part of a \$12 million investment in a technology infrastructure that also included the "wiring" of the entire campus and the placement of a networked PC on the desk of each employee. As a result, Cerritos College

became "the most technologically advanced community college in the state" for teaching and learning.

In 1999, the ASCC underwrote the development of Falcon Square, formerly a cement quad situated at the heart of the campus. Falcon Square is a wonderful area for students to relax or study in front of a split face block waterfall with concrete seat caps and slate covering. As part of the renovation, a 300-seat outdoor amphitheater was built in front of the College's music building.

Cerritos College takes pride in the quality of their outstanding faculty. In 1995, Economics Professor Dianne Keenan was selected as the "Community College Professor of the Year" by the National Carnegie Foundation for the Advancement of Teaching. In 1999, Mathematics Professor Susan Parsons was recognized as the nation's "Outstanding Community College Faculty Member of the Year" by the Association of Community College Trustees (ACCT).

Cerritos College is highly diverse. Across the nation, it is the fourth largest Hispanic-serving community college. Furthermore, it is home to more than 300 international students representing 34 countries. With the turn of the millennium, expansion began to take on a new face at Cerritos College. Instead of adding onto the campus as in the past, Cerritos College began to develop global partnerships with the aid of technology. This became extremely beneficial to education in the aftermath of September 11, 2001, when pursuing cross-cultural educational opportunities became more challenging.

In late 1999, a partnership began between Cerritos College and the University of Wisconsin-Stout (UW-Stout). The two colleges began to hold joint class sessions in real time with the use of a TV screen and the Internet. Not only did this allow for Cerritos College students to exchange ideas with students in another part of the country, but it also allowed Cerritos' ethnically diverse student body to exchange points of view on United States history with the predominately Caucasian population at UW-Stout.

In 2003, the concept of the virtual classroom once again expanded, and Cerritos College entered into a similar partnership with International Pacific College (IPC) in New Zealand. For the first time ever at Cerritos College, two hemispheres were connected in real time and students participated in multi-national approaches to world history. Both the partnership with UW-Stout and IPC also allowed for a handful of Cerritos students to visit their partner campuses and experience "hands on" what they had been experiencing via technology.

In 2002, the ground work was set for Cerritos College to launch into the world of tribal technology with the American Indian community. In 2003, the college began offering online courses offering custom training for American tribal governments. Cerritos College was awarded a \$50,000 Verizon Foundation Grant for the pilot phase of their program, and its first workshop to promote the program was attended by over 15 tribes from California, Arizona, Oklahoma, Idaho and Nevada.

Currently, three online courses are being offered to tribal governments. Now, not only is Cerritos College serving the communities of Artesia, Bellflower, Cerritos, Downey, Hawaiian Gardens, Lakewood, La Mirada and Norwalk, but it is also serving locations in Wisconsin, New Zealand, Bolivia and American Indian community.

With technology on the rise, Cerritos College is also raising the bar on global partnerships and is making a direct impact on globalization in education by forging ahead into the previously unthread waters of international education right here at home.

Pursuant to its service in the community, the board of trustees adopted a revised mission statement for the college in January 2005: *The Cerritos College mission is to serve the community by building futures through learning.*



Dr. Noelia Vela
Cerritos College
President/Superintendent

Dr. Vela is now in her third year as the President/Superintendent of Cerritos College. Prior to joining Cerritos College, she served since 1997, as president of Pima Community College's Downtown Campus in Tucson, Arizona, president of Evergreen Valley College in San Jose, California, Vice President of Student Services at Irvine Valley College and in numerous other administrative and faculty positions during her 33-year career in education.

Among her many achievements, Dr. Vela led and completed the physical and program transformation of the Pima's Downtown Campus. Dr. Vela has served Cerritos College by leading campus transformation planning, ensuring that students have access to the best instruction, learning resources and leadership development opportunities, linking the planning process with the budget process and in increasing the number of e-classrooms.

In addition to her time as president at Pima College, Dr. Vela served two elected terms on the Association of California Community College Administrators Association, has been a participant and frequent presenter and staff member for the National Institute for Leadership Development and the California Community College Women's Leadership Conference (Asilomar Leaders), has served as a member of the American Association of Community College Research Commission, as a member of the Presidents' Academy Executive Board responsible for Professional Development and Training of community college presidents and most recently is serving as a member of the Global Education Commission. She also serves on the Board of the National Institute for leadership development and the national community college hispanic council. And is currently a member of the Community College League of California's Advisory Committee on Legislation.

In Tucson, she served on the Stone Avenue Corridor Study committee, the Advisory Board for the University of Arizona's Millennium Projects 1 and 2 and on the President's Diversity Advisory Council for the University of Arizona. She served as the chair-elect of the Metropolitan Education Commission and was on the Boards of the Carondelet Health Network (3 hospitals) and GTEC (Greater Tucson Economic Council).

Dr. Vela was honored as a "Woman on the Move" by the Tucson YWCA, was named to the prestigious group of "Mujeres en la Cumbre" (Women at the Pinnacle) in the Americas and was inducted in the Hall of Fame of the College of Education at Illinois State University.

A native Texan, Dr. Vela grew up in Chicago and received her doctoral degree in leadership behavior from the University of San Diego. Dr. Vela is a resident of Cerritos, California and is endeared by Cerritos College students, faculty and staff for her positive attitude and winning approach to maximizing the college's resources and opportunities.



DR. DAN SMITH
DEAN, HEALTH, PHYSICAL
EDUCATION/ATHLETICS

The Health, Physical Education & Athletics Division is designed to give students the knowledge necessary to develop healthy lifestyles that will lengthen and enhance the quality of their lives. Within this division, courses are popular with both students and faculty alike. Nineteen sports are offered to the Cerritos student body. During the 2006-2007 school year, the college athletic programs finished fifth in State Supremacy Award points based on their finish in State Championship competitions and marks the school's highest finish ever. In 2006, both the women's track and men's soccer teams won state titles.

In 2002 Dr. Smith came to Cerritos College from Nanyang Technical University in Singapore where he coordinated the Master's of Science Program in Exercise and Sport Studies within the Division of Physical Education and Sport Science. During that time, he also served as a part-time Adjunct Professor, teaching management psychology, at the Singapore Institute of Management.

A sports enthusiast, Smith was a former head basketball coach at Brockport State University and at Brigham Young University in Hawaii, an assistant basketball coach at University of Illinois, women's volleyball coach at Rio Hondo College and a former men's volleyball coach at California State Polytechnic University in Pomona.

Smith has extensive consulting experience in sport psychology with professional teams including the Buffalo Sabres, the Chicago Bulls, the Indiana Pacers and the Chicago White Sox.

He holds a PhD in Physical Education from the University of Illinois with an emphasis in sport psychology, and Bachelor and Masters degrees in Physical Education from BYU. Smith is also a Certified Consultant of the Association for the Advancement of Applied Sport Psychology and he recently authored one of the top texts in this field of study.



JEANINE PRINDLE
PE DEPARTMENT
CHAIRPERSON

Jeanine Prindle will be taking on her third administrative position within the HPE/ Athletic Division since her retirement from coaching volleyball. She has held various positions in the division, including the Interim Division Dean and Athletic Director. She is currently the Physical Education Department Chair and is responsible for the division's class and teaching schedules, as well as curriculum development. Additionally, Prindle also teaches classes in fitness and self-defense.

In her 22 seasons as the volleyball coach, Prindle compiled a 335-106 record including a state championship in 1992 when she was also named the Coach of the Year. She guided her teams to eight straight South Coast Conference champions and led eight teams to the state tournament. In one three-year span, they advanced to the championship match, while they also went four straight seasons undefeated in conference play.

Prindle received her Bachelor's degree and Master's degree in Physical Education from California State University, Long Beach, where she was a setter on the school's first National Championship team. She also earned her Master's degree in Counseling from Azusa Pacific University. After she finished her playing career at Cerritos College, Prindle was a two-year starter at setter on the volleyball team and was inducted into Long Beach State's Hall of Fame.



JEFF SMITH
ATHLETIC DIRECTOR

After spending 21 years as the Cerritos College wrestling coach, Jeff Smith is now beginning his sixth year as the department's Athletic Director after spending a year as an Athletic Coordinator. Smith has announced that this will be his last year, and is retiring at the end of the 2007-08 school year. His duties include helping with facilitating needs of the department in a wide variety of aspects. In addition, Smith also serves as the advisor to the wrestling program and also teaches classes within the department. He remains involved in the progress of the wrestling team and is close to the wrestlers. In his 21 years as the Cerritos College wrestling coach, Smith led the Falcons to 12 South Coast Conference championships, as well as one State Championship and two dual state championships. In 1998, his final season, the Falcons placed fourth in the state championships, after winning the title in 1995. Prior to winning the championship, the team had finished second for three straight seasons.

Smith has had a long list of former wrestlers who have gone on to great accomplishments after their days as a Falcon. Several names include Heath Sims (2000 Olympics Greco-Roman team), George Williams (1992 Olympic Alternate in Greco Roman and 4-time USA Wrestling All-American), Greg Jackson (NCAA Division II National Champion), Rudolph James (NAIA Division I All-American) and Anthony Hamlett (USA Wrestling All-American).

Smith was also an outstanding wrestler in his days, as he was a State Champion and All-American for the Falcons during the 1966-67 season. He then moved onto Michigan State University, where he was a two-time Big Ten Champion and named the conference's Most Outstanding Wrestler. Also a two-time All-American, Smith went on to win national titles in Freestyle and Greco Roman styles of wrestling and was a four-time USA Wrestling All-American. He was also Pan American Games gold medal winner in free style wrestling and was an alternate on the 1972 Olympic Team.



All of the following extensions may be reached by dialing (562) 860-2451.

MEN'S SPORTS

Baseball – Ken Gaylord	Ext. 2890
Basketball – Gary Cain	Ext. 2875
Cross Country – John Goldman.	Ext. 2889
Football - Frank Mazzotta	Ext. 2502
Soccer – Benny Artiaga	Ext. 2879
Swimming – Joe Abing	Ext. 2870
Tennis – Alvin Kim	Ext. 2862
Track and Field - Doug Wells.	Ext. 2889
Water Polo – Joe Abing	Ext. 2870
Wrestling – Don Garriott.	Ext. 2871

WOMEN'S SPORTS

Basketball - Karen Welliver.	Ext. 2868
Cross Country – John Goldman.	Ext. 2889
Soccer – Ruben Gonzalez.	Ext. 4763
Softball – Kodee Murray	Ext. 2873
Swimming – Sergio Macias	Ext. 2869
Tennis – Rosanna Chatman	Ext. 4947
Track and Field – Doug Wells	Ext. 2889
Water Polo – Sergio Macias.	Ext. 2869
Volleyball – Teresa Ortega	Ext. 2881

ADMINISTRATIVE NUMBERS

President/Superintendent – Dr. Noelia Vela.	Ext. 2002
Dean H.P.E.A. – Dr. Daniel Smith.	Ext. 2863
PE Department Chairperson - Jeanine Prindle	Ext. 2866
Athletic Director – Jeff Smith	Ext. 2871
Athletic Coordinator – Debbie Jensen	Ext. 2867
Sports Information Director - John Van Gaston.	Ext. 2896
Physical Education Office	Ext. 2864
Director of Public & Governmental Relations – Mark Wallace	Ext. 2292
Student Activities	Ext. 2473
Center for Lifelong Learning	Ext. 2521
Field House	Ext. 5046





CALIFORNIA COMMUNITY COLLEGE STATE CHAMPIONS

1966	State Community College Baseball Champions
1966	State Community College Water Polo Champions
1968	State Community College Men's Basketball Champions
1970	State Community College Baseball Champions
1971	State Community College Wrestling Champions
1973	State Community College Baseball Champions
1974	State Community College Baseball Champions
1975	State Community College Baseball Champions
1978	State Community College Softball Champions
1979	State Community College Coed Badminton Champions
1979	State Community College Baseball Champions
1981	State Community College Women's Track and Field Champions
1983	State Community College Men's Basketball Champions
1983	State Community College Women's Tennis Champions
1985	State Community College Baseball Champions
1985	State Community College Dual Meet Wrestling Champions
1987	State Community College Baseball Champions
1989	State Community College Baseball Champions
1989	State Community College Men's Basketball Champions
1992	State Community College Men's Basketball Champions
1992	State Community College Volleyball Champions
1993	State Community College Dual Meet Wrestling Champions
1995	State Community College Wrestling Champions
1999	State Community College Men's Basketball Champions
2002	State Community College Wrestling Champions
2006	State Community College Women's Track and Field Champions
2006	State Community College Men's Soccer Champions





TERESA ORTEGA HEAD COACH

As she is set to start her eighth season as the head coach, Teresa Ortega has a strong core of returning players and has brought in a new group of freshmen and a new assistant coaching staff. Joining Ortega this season will be Gay Castaneda, along with Reggie Malauula (his second season) and Richard Silva. Last season, the Falcons rebounded from a slow start and ended up in second place in the South Coast Conference before being eliminated in the first round of the Southern California Regional Playoffs. It marked the second season in a row the team came in second place in conference play and fourth time in the last five years. Two seasons ago, the Falcons placed second in the South Coast Conference and defeated 12-time defending state champion Golden West in the first round of the playoffs. The team saw their season come to an end in the next round with a loss to Los Angeles Pierce.

Even with the graduation of six players from last year, Ortega returns four players from last season, along with a red-shirt sophomore. They will help guide a group of freshmen that are looking to get the team deeper into the post-season. Ortega began her head coaching career with the Falcons by being named the South Coast Conference Coach of the Year in 2001 and has compiled a 76-39 (.661) record in her time with the team.

Prior to taking over as the head coach, Ortega spent six seasons as the assistant coach under Jeanine Prindle (four years) and Nancy Welliver (two years). Prindle retired from coaching, while Welliver has moved on to be the head coach at Cypress College. Ortega has been involved with the Cerritos College volleyball program since 1989 when she led the Falcons to a Final Four appearance in the state championships. She also led the nation in kills among community college volleyball players that season. Ortega was also selected to the Asics All-America Team as well as to the All-State Tournament Team in 1989 and 1990.

Ortega has extensive international volleyball experience and brings her very intense and competitive spirit to the program. She received her dental degree from National University of Mexico and earned her Master's degree in Physical Education from Azusa Pacific University. Ortega is also a full-time classified employee in the HPER/Athletics Division.

Ortega and her husband Elias have two children – Chris (16) and Isaac (8).





GAY CASTANEDA
ASSISTANT COACH

Joining the coaching staff for the first season is Gay Castaneda, who has 15 years of high school coaching history. From 2001-05, Castaneda coached the girl's volleyball teams at Santa Fe High, as well as the boy's team from 2002-06. With the girl's team, she led them to the CIF Playoffs from 2002-05 and reached the quarterfinals twice. In 2003, they captured the Del Rio League championship. On the boy's side, they won the league title in 2004 and reached the CIF quarterfinals. They qualified for the post-season from 2003-06.

Her coaching assignments have also included stints at Saddleback High (2000) as the varsity boy's volleyball assistant coach, Gahr High (1999) as the junior varsity girl's head coach, and at Whitney High, where she started her career and coached three sports. From 1993-99, Castaneda served as the girl's basketball head coach and led them to the CIF Playoffs in five of those seasons. She served as the softball coach from 1992-98 and guided them to the CIF Playoffs each season, while advancing to the CIF quarterfinals three times and won the Delphic League title in 1992. From 1991-98 she was the girl's head volleyball coach and guided them to the CIF Playoffs in seven of those years, while they reached the state playoffs in 1995. They advanced to the CIF semi-finals

in 1998. She spent 1999 as the boy's volleyball head coach.

Castaneda was a three-sport athlete at Whitney High, earning all-league honors in volleyball for three seasons and also played basketball and softball. She then played one year of volleyball at Cypress College before moving on to Cal State Fullerton, where she earned her Bachelor's degree in Kinesiology, as well as a teaching credential. She then moved on to Cal Poly Pomona, where she earned an administrative credential.

Castaneda is also a math teacher at Santa Fe High and is working on her Master's degree in Technology in Education and is then planning on working on her Master's in Physical Education. She is single and lives in Long Beach.



REGGIE MALAUULU
ASSISTANT COACH

Now in his second season as an assistant coach with the Falcons, Reggie Malauulu came to the school after spending six years as a coach at Artesia High at every level. For the past four years, he served as the head boy's volleyball coach at Artesia before leaving after the 2006-07 season to coach the boy's team at Long Beach Jordan High. He is now coaching at Bellflower High and for the Amazon Volleyball Club.

An early starter to the coaching profession, Reggie began his career at 13 when he served as an assistant

coach to his mother's 12-and-under team for the Ichiban Volleyball Club. He also coached his own 12-and-under girl's team when he was a sophomore at Downey High and has been a coach ever since. While at Downey High, he played one season under the guidance of former Cerritos College All-American and assistant coach Traci Dahl.


Still active in volleyball, Malauulu played for the Fusion Volleyball Club for two years, one year with the Asics Nova Volleyball Club and finished his club career with the Amazon Volleyball Club, which his family has owned since 2000.



RICHARD SILVA
ASSISTANT COACH

Joining the coaching staff for the first year is Richard Silva, who has 15 years of volleyball playing experience and seven years as a coach. Silva played volleyball at Lynwood High before moving on to Mt. San Antonio College to play for two seasons. Upon graduation, he returned to Lynwood High and coached the boy's and girl's teams for three seasons. For the last two years Silva has been a coach for the Amazon Volleyball Club.





NATALIE BARAJAS
 OUTSIDE HITTER
 CALIFORNIA HIGH SCHOOL (2006)
 HT: 5-8
 MAJOR: RECREATION



Cerritos (2006): Appeared in 31 games last season and recorded 37 kills, with 31 digs and eight blocks... Had a season-high five kills against both Santa Monica College and San Diego Mesa College... Added four against Los Angeles Harbor College and Grossmont College... Posted a season-high four blocks against Los Angeles Harbor College.....

California HS: Named 1st Team All-Del Rio League as a senior and was named their Most Valuable Player... Spent just one season on the volleyball team, while playing three seasons on the basketball and track and field teams... Named all-league in basketball as a senior.....

Personal: Would like to transfer to Whittier College... Likes to snowboard in her spare time... Has one sister – Daniela (21)... Is the daughter of Marco and Maria Barajas... Born in Whittier, CA on October 11, 1988.....

Favorite Athlete: Lance Armstrong



Favorite Movie: "Happy Feet"

Favorite Food: Enchiladas

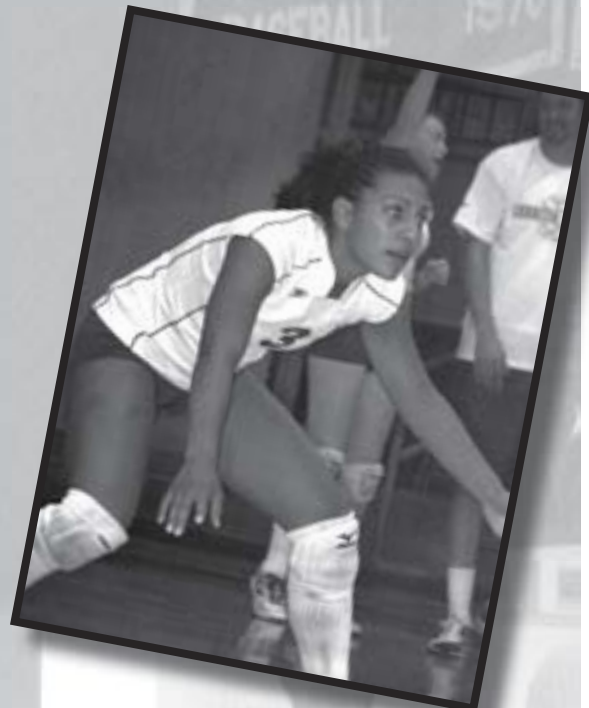
Favorite TV Show: "Tyra Banks Show"

Favorite Book: "Regan Diaries"





JACQUELYN CHACON
DEFENSIVE SPECIALIST
WARREN HIGH SCHOOL (2005)
HT: 5-1
MAJOR: ACCOUNTING





Cerritos (2006): Saw action in only 15 games and posted six service aces and nine digs... Had four services aces against Los Angeles Harbor College and also had a season-high two digs against Los Angeles Harbor and East Los Angeles College... Warren HS: Helped her high school volleyball team to the San Gabriel Valley League championship her junior year and reached the finals of the CIF Championships... They posted a 23-7 that season.....

Personal: Most memorable moment was when her team won their CIF semi-finals match at home... Is working on a minor in finance... Would like to transfer to UC Santa Barbara and is studying to be a certified public accountant... Nicknamed "Jacqui"... Has two siblings – Manuel (23) and Katherine (17)... Is the daughter of Manuel and Sandra Chacon... Born in Panorama City, CA on March 22, 1987.....

- Favorite Athlete:** Kerri Walsh
- Favorite Movie:** "Pirates of the Caribbean"
- Favorite Food:** Everything
- Favorite TV Show:** "The Simpsons"
- Favorite Book:** "Catcher in the Rye"



ADRIANA FLETES
 OUTSIDE HITTER
 DOWNEY HIGH SCHOOL (2006)
 HT: 5-8
 MAJOR: UNDECIDED



Cerritos (2006): Posted 18 kills in 20 games last season, while also registering 27 digs... Had her best all-around match of the season against Pasadena City College, as she recorded four kills, with three service aces and six digs... Posted a season-high seven kills against Los Angeles Harbor College and eight digs against East Los Angeles College.....

Downey HS: Helped lead her high school team to two San Gabriel Valley League championships... Earned 2nd Team all-league honors as a senior... Spent her freshman and sophomore years on the basketball team and was named their Most Improved Player as a freshman... Earned their Most Inspirational Player honors as a sophomore... Team also won the league title both seasons... Most memorable moment was when her team played a great game her senior season against their rival, Warren High...

Personal: Would like to transfer to either USC or any school out of state... Aspires to be a clinical psychologist... Likes to read and ride motorcycles in her spare time... Three of her four brothers played sports, including Rick (25), who was a member of the Falcon football team... Has three other brothers – Tony (33), Joe (32) and Jorge (24)... Is the daughter of Antonio and Viki Fletes... Born in Los Angeles, CA on February 26, 1988.....

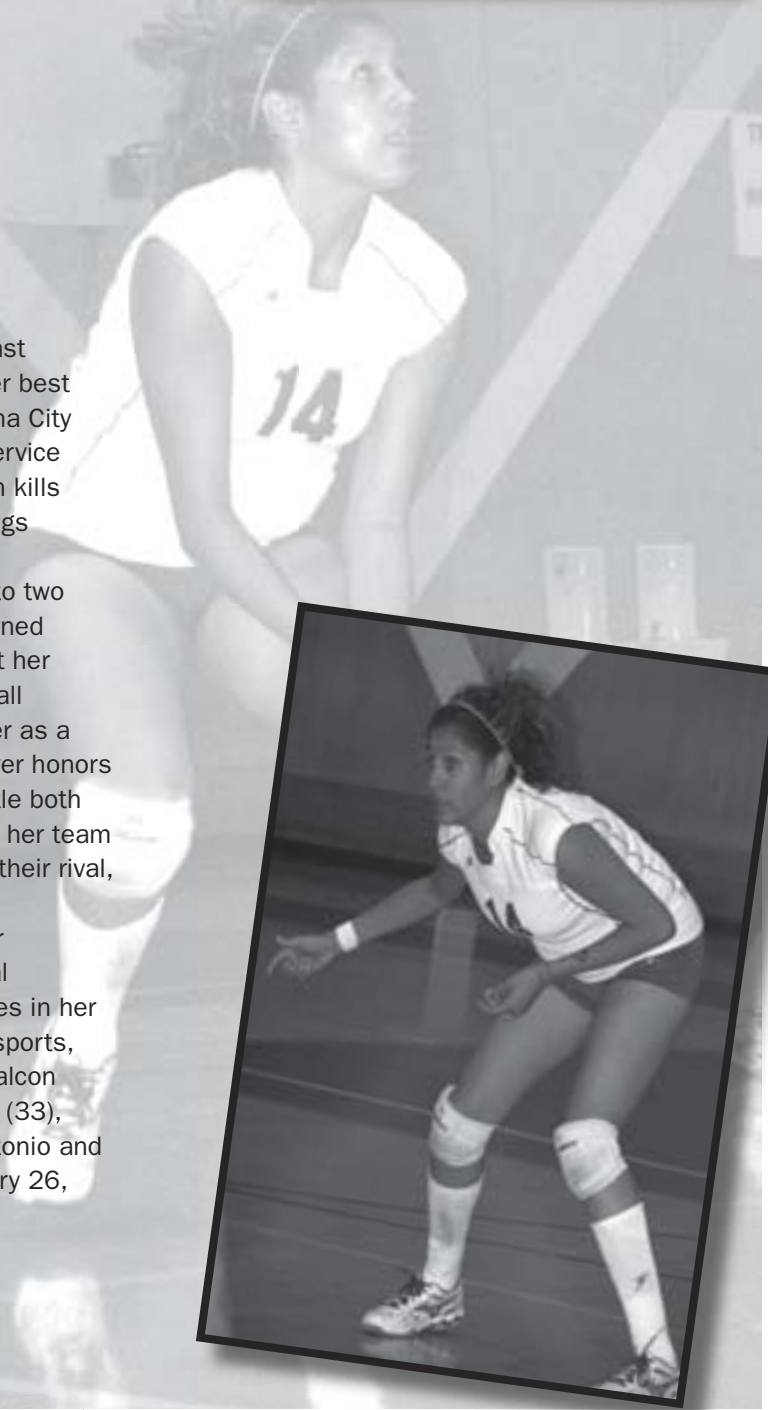
Favorite Athlete: Danny Saldana

Favorite Movie: "Rush Hour"

Favorite Food: Chinese

Favorite TV Show: "Grey's Anatomy"

Favorite Book: "Secret Life of Bees"





KRISTIN MENDOZA
RIGHT-SIDE/MIDDLE BLOCKER
ST. PAUL HIGH SCHOOL (2006)
HT: 5-10
MAJOR: ADMINISTRATION OF
JUSTICE



Cerritos (2006): Was sixth on the team last year with 64 kills and also had 50 blocks, 34 digs, 14 service aces and 11 assists in 59 games... Was third on the team with her 50 blocks... Posted a season-high eight kills against Los Angeles City College and had seven in three other matches... Registered a season-high six blocks against Fullerton College and added five blocks in three other matches... Season-high in digs was seven against Long Beach City College.....

St. Paul HS: Named 1st Team All-Del Rey League as a senior in high school, while also earning her team's Most Valuable Player honors... Was voted her team's Coaches Award as a junior... Spent four years on the volleyball team...

Personal: Most memorable moment was when she recorded the winning point against Bishop Amat High to lead her team to the playoffs in her junior season... Father was a three-sport athlete in high school, while her aunts played volleyball in high school... Has two sisters – Angelica (19), her twin, and Roxanne (17)... Is the daughter of Lorenzo and Dora Mendoza... Born in Upland, CA on March 9, 1988.....

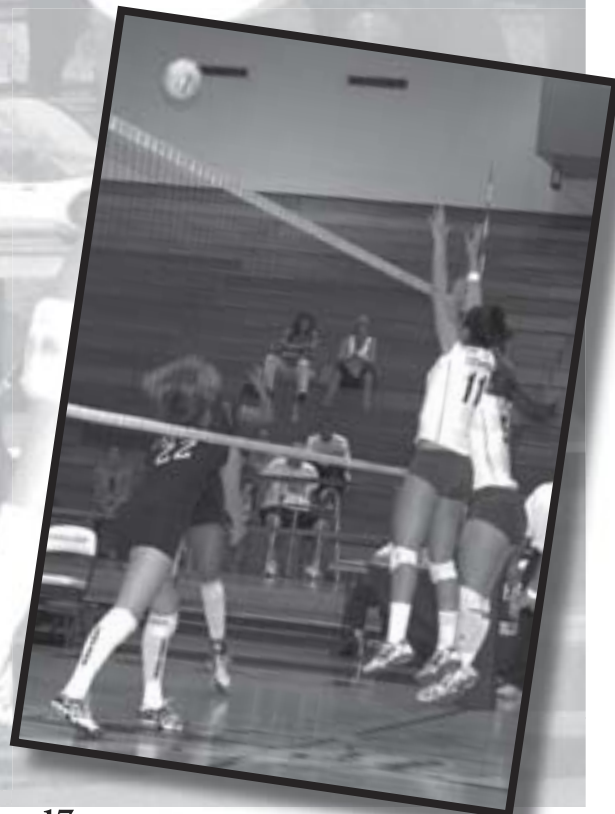
Favorite Athlete: Kerri Walsh

Favorite Movie: "Drop Dead Fred"

Favorite Food: Mexican

Favorite TV Show: "Sex & the City"

Favorite Book: "Enders Game"







VANESSA MOJICA
 DEFENSIVE SPECIALIST/LIBERO
 WHITTIER HIGH SCHOOL (2005)
 HT: 5-5
 MAJOR: COMMUNICATIONS



Cerritos (2006): Was a red-shirt.....

Cerritos (2005): Appeared in 57 games and had 10 kills, to go along with 72 digs and six service aces.....

Whittier HS: Was a three-sport athlete... Spent four years on the volleyball and softball teams and spent two years on the basketball team... Named the volleyball team's Most Valuable Player three years in a row and was a 1st Team All-Del Rio League selection her senior and sophomore seasons... Named their team captain three years in a row... Earned 2nd Team All-League recognition as a junior and freshman, while she was voted the team's Defensive Player of the Year as a freshman... Voted the school's Freshman Athlete of the Year... Earned three All-Tournament team honors and was an All-CIF Honorable Mention choice as a freshman... On the basketball team as a senior, she was named their Defensive Player of the Year and earned all-league Honorable Mention... As a junior on the softball team, she was named all-league Honorable Mention and earned a Gold Glove Award...

Personal: Most memorable volleyball moment was when she recorded 52 digs, 21 kills, six assists, five service aces and four blocks to help defeat Sante Fe High in their gym, which prevented them from being tied for first place... In her final home basketball game, she scored 17 points with nine rebounds and six steals, while she was also a double away from hitting for the cycle in softball... Is considering working on a minor in either sports management or sports marketing and would like to transfer to either Cal State Long Beach or any other school where she can continue to play volleyball... Likes to shop in her spare time... Nicknamed "Vanna"... Has four siblings – Elizabeth (23), Jamie (17), Sydney (13) and Sierra (1)... Is the daughter of James Mojica and Mercedes Sevilla... Born in Los Angeles, CA on January 9, 1987.....

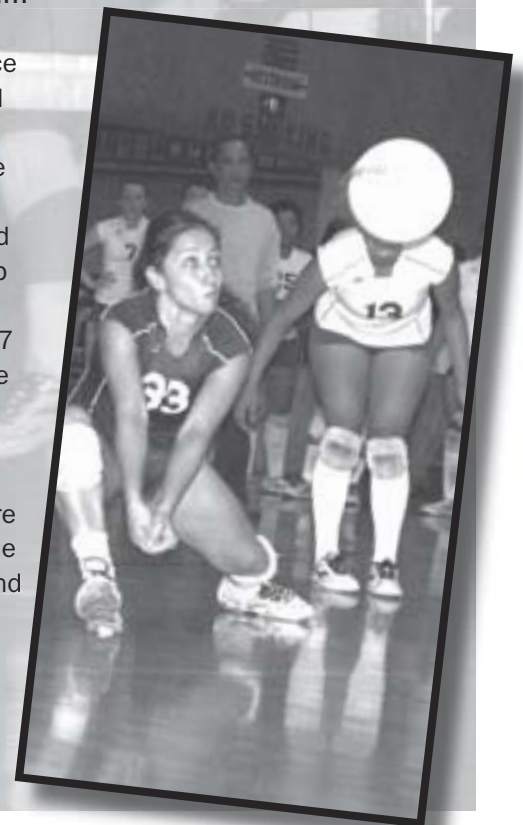
Favorite Athlete: Misty May

Favorite Movie: "American History X"

Favorite Food: Italian & Chinese

Favorite TV Show: "Entourage"



Favorite Book: "Tuesday's With Morrie"





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DESIREE CORTEZ
 SETTER
 ELIZABETH LEARNING CENTER
 HIGH SCHOOL (2003)
 HT: 5-6
 MAJOR: BIO-CHEMISTRY

Elizabeth Learning Center HS: Attended San Francisco State University out of high school, but did not play sports... Was a three-time 1st Team All-Eastern League selection and was her team's captain as a senior... Named 2nd Team All-City as a senior, while her team also came in second place at the CIF City Invitational... Selected 2nd Team all-league as a freshman... Also played four years of baseball and two years of softball...

Was the team's Most Valuable Player for three seasons and their captain as a junior and senior....

Personal: Most memorable moment was her block against the tallest player on the Bell High team that turned their match around and beat them to advance to the semi-finals of the CIF City Invitational... Also scored 24 points in a basketball game against Foshay Learning Center... Is working on a double-major with Classical Civilization, and is minoring in Italian... Aspires to transfer to UC Irvine, USC or Pepperdine and study to be an obstetrician/gynecologist... Likes to play volleyball in her spare time... Nicknamed "Dezzy"... Born in Los Angeles, CA on February 7, 1986....

Favorite Athlete: Misty May

Favorite Movie: "Amelie"

Favorite Food: NY Steak from Lucille's

Favorite TV Show: "Everybody Loves Raymond"

Favorite Book: "Harry Potter"




CRYSTAL GONZALEZ
 DEFENSIVE SPECIALIST
 SANTA FE HIGH SCHOOL (2007)
 HT: 5-3
 MAJOR: UNDECIDED

Santa Fe HS: Played four sports in high school... In addition to spending three years on the volleyball and track and field teams, she also spent a season on the soccer and basketball teams... Helped the volleyball team to the CIF Quarterfinals one season... Was a two-time team captain, while she was a 1st Team All-Del Rio League selection as a junior... Earned 2nd Team all-league honors as a sophomore and was voted the team's

Rookie of the Year....

Personal: Would like to transfer to Cal State Long Beach and aspires to be a probation officer... Likes to play volleyball in her spare time... Has five brothers – Frankie (22), Jairo (21), Sean (10), Sonny (9) and Shannon (7)... Her two older brothers played sports in high school... Nicknamed "G"... Is the daughter of Patty Davila... Born in Los Angeles, CA on August 10, 1989....


Favorite Athlete: Lisa Leslie

Favorite Movie: "Step Up"

Favorite Food: Fettuccini Alfredo

Favorite TV Show: "Lost"

Favorite Book: "A Child Called It"

BRITTANY HAYES
 OUTSIDE HITTER
 ARTESIA HIGH SCHOOL (2007)
 HT: 5-6
 MAJOR: UNDECIDED

Artesia HS: Was a 2nd Team All-Suburban League selection as a senior... Spent two years on the varsity team and one on the junior varsity team... Was coached each season by current Falcon assistant coach Reggie Malauula....

Personal: Most memorable moment was when she had 17 kills, 10 digs and three service aces against Norwalk High... Would like to transfer to Cal State Long Beach... Aspires to be an elementary school teacher... Is



the twin sister of teammate Megan Hayes... Likes to read in her spare time and can also speak and write a little in Japanese... Has two other siblings – Erin (26) and John (20)... Is the daughter of John and Claudia Hayes... Born in Long Beach, CA on September 7, 1989....

Favorite Food: Mexican

Favorite Movie: Horror Movies

Favorite Book: "To Kill A Mockingbird"

Favorite TV Show: "Will & Grace"

MEGAN HAYES
 RIGHT-SIDE HITTER
 ARTESIA HIGH SCHOOL (2007)
 HT: 5-7
 MAJOR: UNDECIDED

Artesia HS: Was a 1st Team All-Suburban League selection as a senior... Spent two years on the varsity team and one on the junior varsity team... Was coached each season by current Falcon assistant coach Reggie Malauula....

Personal: Most memorable moment was her performance against St. Matthias High in a scrimmage... Is the twin sister of teammate Brittany Hayes... Likes to play volleyball in her spare time... Has two other siblings – Erin (26)



and John (20)... Is the daughter of John and Claudia Hayes... Born in Long Beach, CA on September 7, 1989....

Favorite Food: Mexican

Favorite Movie: All Movies

Favorite Book: "Harry Potter"



Favorite TV Show: "Grey's Anatomy"

SAMANTHA MONTEL
MIDDLE BLOCKER/LIBERO
MONTEBELLO HIGH SCHOOL (2007)
HT: 5-4
MAJOR: UNDECIDED

Montebello HS: In addition to playing two years of volleyball, she also spent four seasons on the softball team... Earned 1st Team All-Almont League honors as a senior after being named Honorable Mention her junior season... While on the softball team, she helped lead her team to four straight league championships... Named the league Pitcher of the Year as a senior and was a two-time 1st Team all-league choice.....

Personal: Would like to transfer to the University of Hawaii at Manoa... Aspires to be either a marine biologist or interior designer... Likes to sleep in her spare time... Nicknamed "Pumpkin"... Has one sibling – Markie (15)... Is the daughter of Rene Mantiel and Sandra Alaguer... Born in Bellflower, CA on June 10, 1989.....
Favorite Food: Nutter Butter Cookies
Favorite Movie: "Edward Scissorhands"
Favorite TV Show: "Foster's Home for Imaginary Friends"

AMBER OLIVAS
DEFENSIVE SPECIALIST/
OUTSIDE HITTER
HACIENDA HEIGHTS WILSON
HIGH SCHOOL (2007)
HT: 5-3
MAJOR: MEDICINE

Hacienda Heights Wilson HS: Helped lead her team to the CIF Championship as a senior... Also won the Miramonte League title that year and was named 2nd Team all-league... Also voted her team's Defensive Player of the Year as a senior, after she earned the Rookie of the Year Award as a junior.....

Personal: Most memorable moment was her senior year on the volleyball team... Is working on a minor in forensic science and would like to transfer to Cal State Fullerton... Aspires to be either a medical surgeon or a biochemist... Likes to go off-roading in her spare time... Has two siblings – Brenda and Anthony... Is the daughter of Tony Olivas and Linda Arizaga... Born in West Covina, CA on January 4, 1989.....

Favorite Athlete: Mike Lambert
Favorite Movie: "300"
Favorite Food: Pasta
Favorite TV Show: "House"
Favorite Book: "A Child Called It"




TERESA OREJEL
MIDDLE HITTER/OUTSIDE HITTER
SANTA FE HIGH SCHOOL (2007)
HT: 5-6
MAJOR: UNDECIDED

Santa Fe HS: Helped her team advanced to the CIF Playoffs her junior and senior seasons... Also voted the team's Most Improved Player both years... Spent one season on the track and field team.....

Personal: Aspires to be a teacher... Has five uncles who played either football or were on the wrestling team in high school... Likes to run in her spare time... Has three siblings – Bobby (21), her twin Karina (18) and Crystal (15)... Is the daughter of

Roberto and Maria Orejel... Born in Artesia, CA on May 16, 1989.....

Favorite Food: Japanese
Favorite Movie: "The Wedding Singer"
Favorite Book: "The Thing They Carried"
Favorite TV Show: "The Simpsons"




JULIE REICH
SETTER/OUTSIDE HITTER
LA MIRADA HIGH SCHOOL (2007)
HT: 5-4
MAJOR: EDUCATION

La Mirada HS: Selected the La Mirada High School's Athlete of the Year as a senior... Named the Suburban League Most Valuable Player as a senior and was a three-time 1st Team all-league selection... Named 1st Team All-Area and 2nd Team All-CIF her senior year, as well as being voted her team's Most Valuable Player... Also spent four years on the soccer team and was a three-time 2nd Team all-league selection... Voted 2nd Team All-CIF as a senior, while she helped the team win the league

title as a junior... As a freshman on the track and field team, she set the school record in the pole vault.....
Personal: Most memorable moment was when she had 14 kills against Western High in the 1st Round of the CIF Playoffs her junior year and when she was named the league's MVP... Is working on a minor in art and would like to transfer to Loyola Marymount University... Aspires to be either an interior designer or a teacher... Comes from along line of former Cerritos College athletes... Her mother played volleyball and basketball at Cerritos, while her aunts Jennifer, Katy and Janet all played volleyball for the Falcons... Her father was also a longtime equipment manager and videographer for the college's athletic programs... Has two brothers – Pat (21) and Tim (20)... Nicknamed "Jewels"... Born in Whittier, CA on December 5, 1988.....

Favorite Athlete: Misty May
Favorite Movie: "The Notebook"
Favorite Food: In' N Out
Favorite TV Show: "Miami Ink"
Favorite Book: "Sisterhood of the Traveling Pants"

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2006 CERRITOS COLLEGE VOLLEYBALL SCORES

DATE	W/L	OPPONENT	RESULTS	RECORD, SCC
9-6-06	W (3-0)	Santa Monica	30-24, 30-18, 30-22	1-0
9-8-06	L (0-3)	Citrus	19-30, 28-30, 20-30	1-1
9-13-06	L, (1-3)	College of the Canyons	27-30, 30-27, 26-30, 15-30	1-2
9-16-06		Santa Ana Tournament Pool Play		
	W (2-0)	Southwestern	30-21, 30-22	
	W (2-0)	Rio Hondo	30-19, 30-16	
	W (2-0)	Riverside	30-19, 30-16	
		Quarterfinals		
	L (0-1)	Fullerton	19-30	
9-20-06	L (1-3)	Orange Coast	30-22, 21-30, 24-30, 26-30	1-3
9-22-06		San Diego Mesa Tournament Pool Play		
	W (2-0)	Ventura	25-18, 25-21	
	W (2-0)	San Bernardino Valley	25-19, 25-20	
	W (2-0)	Grossmont	25-19, 25-21	
	L (0-2)	San Joaquin Delta	21-25, 20-25	
9-23-06		Playoffs		
	L (1-3)	San Diego Mesa	29-31, 16-30, 31-29, 26-30	1-4
9-27-06	L (0-3)	Fullerton	21-30, 26-30, 11-30	1-5
9-29-06	L (0-3)	El Camino	14-30, 20-30, 20-30	1-6
10-4-06	W (3-0)	East Los Angeles	30-10, 30-25, 30-13	2-6
10-6-06	W (3-0)	Los Angeles City	30-20, 30-18, 30-23	3-6
10-11-06	L (1-3)	Long Beach City	24-30, 24-30, 30-26, 24-30	3-7
10-13-06	W (3-0)	Los Angeles Harbor	30-11, 31-11, 30-12	4-7
10-18-06	W (3-1)	Mt. San Antonio	30-26, 27-30, 30-27, 30-21	5-7
10-20-06	W (3-0)	Pasadena City	30-27, 30-11, 30-23	6-7
10-25-06	W (3-1)	El Camino	30-21, 30-27, 13-30, 30-25	7-7
10-27-06	W (3-1)	East Los Angeles	30-20, 29-31, 30-23, 30-16	8-7
11-1-06	W (3-0)	Los Angeles City	30-7, 30-8, 30-25	9-7
11-3-06	W (3-0)	Long Beach City	30-26, 30-19, 35-33	10-7
11-8-06	W (3-0)	Los Angeles Harbor	30-14, 30-12, 30-11	11-7
11-10-06	L (2-3)	Mt. San Antonio	30-24, 27-30, 30-28, 17-30, 8-15	11-8
11-15-06	W (3-0)	Pasadena City	30-16, 30-23, 30-18	12-8
11-21-06	L (0-3)	#Golden West	29-31, 25-30, 21-30	12-9

#Denotes Southern California Regional Playoffs



2006 CERRITOS COLLEGE VOLLEYBALL STATISTICS

(12-9 Overall, 11-3 Conference)

NAME	GP	KILLS	E	ATT	PCT	K/GM	Solo		Block		DIGS	AST
							BL	ASST	ACE			
Jennifer Espinoza	81	283	107	730	.241	3.49	9	30	41	308	19	
Terri Del Conte	78	263	98	727	.227	3.37	10	21	43	324	22	
Le'Sauna Johnson	80	167	42	401	.312	2.09	42	70	22	53	8	
Yoseth Guerrero	77	108	39	272	.254	1.40	20	50	11	45	3	
Christal Lara	80	65	31	198	.172	0.81	5	36	31	114	275	
Kristin Mendoza	59	64	23	209	.196	1.08	15	35	14	34	11	
Marci Encinas	74	38	3	70	.500	0.51	1	4	17	148	483	
Natalie Barajas	31	37	28	118	.076	1.19	2	6	4	31	5	
Hilary Van Hofwegen	41	21	5	72	.222	0.51	2	22	2	38	137	
Adriana Fletes	20	18	13	64	.078	0.90	1	4	9	27	2	
Bridgette Enriquez	85	1	0	9	.111	0.01	0	0	24	338	22	
Jackie Chacon	15	0	0	2	.000	0.00	0	0	6	9	1	
Celina Espinola	4	0	0	0	.000	0.00	0	0	0	1	0	
TOTALS	87	1065	389	2872	.235	12.24	107	278	224	1470	988	

2006 CERRITOS COLLEGE VOLLEYBALL STATISTICS





2006 SOUTH COAST CONFERENCE STANDINGS

<u>COLLEGE</u>	<u>W</u>	<u>L</u>	<u>PCT</u>
El Camino Warriors	13	1	.929
CERRITOS FALCONS	11	3	.786
Mt. San Antonio Mounties	11	3	.786
Long Beach City Vikings	9	5	.643
East Los Angeles Huskies	6	8	.429
Los Angeles City	4	10	.286
Pasadena City Lancers	2	12	.143
Los Angeles Harbor Seahawks	0	14	.000

2006 ALL-SOUTH COAST CONFERENCE TEAMS

PLAYER OF THE YEAR

Lindsey Spainhour, So., Outside Hitter, El Camino

COACH OF THE YEAR

LeValley Pattison, El Camino

FIRST TEAM

<u>NAME</u>	<u>SCHOOL</u>
Jennifer Espinoza, So., Outside Hitter,	Cerritos
Terri Del Conte, So. Outside Hitter,	Cerritos
Le'Sauna Johnson, So. Middle Blocker,	Cerritos
Amber Harder, Fr., Setter,	East Los Angeles
Laura Sandoval, So., Outside Hitter,	East Los Angeles
Marcella Hernandezm Fr., Middle Blocker,	El Camino
Jessica Juarez, Fr. Middle Blocker,	El Camino
Kacey Martinez, Fr., Setter,	El Camino
Meghan Sefuiva, So., Middle Blocker,	Long Beach
Alo Taumanupepe, Fr., Outside Hitter,	Long Beach
Amber Herrera, So., Outside Hitter,	Mt. San Antonio
Myra Lealaitafea, So., Middle Blocker,	Mt. San Antonio
Abbey Masters, So., Setter,	Mt. San Antonio

SECOND TEAM

<u>NAME</u>	<u>SCHOOL</u>
Marci Encinas, So., Setter,	Cerritos
Bridgette Enriquez, Fr., Defensive Specialist,	Cerritos
Christal Lara, So., Setter,	Cerritos
Adriana Alvarado, Fr., Libero,	East Los Angeles
Erylne Rios, Fr., Outside Hitter,	East Los Angeles
Michelle Gerety Fr., Libero,	El Camino
Maiko Naraki, Fr., Setter,	El Camino
Lauren Simmons, Fr., Outside Hitter,	El Camino
Shanae Charette, So., Setter,	Long Beach
Liduvina Cardona, So., Libero,	Mt. San Antonio
Haya Ohmori, Fr., Outside Hitter,	Mt. San Antonio



2006 ALL-REGIONAL AND ALL-STATE PLAYERS

Southern California

2006 Regional Coach of the Year – LeValley Patterson, El Camino

2006 All-State Southern California

*Lindsey Spainhour, El Camino
**Kiwi Winkler, Orange Coast
**Ashley Lugo-Brown, Los Angeles Pierce
Shannon Pugh, San Diego Mesa
Jessica LaScola, San Diego Mesa
Kelly Fink, Citrus

2006 All-Regional Southern California

Jennifer Espinoza, Cerritos

Julie Coelho, Cuesta
Mariza Figueroa, Riverside
Lauren Miller, Irvine Valley
Katie Carlson, Golden West
Lindsay Laakso, Fullerton

Northern California

2006 Regional Coach of the Year – Michaela Reyes, San Joaquin Delta

2006 All-State Northern California

*Hillary Rasmussen, San Joaquin Delta
*Jessica Gall, Sacramento City
**Frances Sandor, San Joaquin Delta
Heidi Stienebrunner, West Valley
Corina Neathamer, Shasta
Kaitlin Ferguson, Santa Rosa

2006 All-Regional Northern California

Alicia Karver, San Joaquin Delta
Jessica Trammell, Sacramento City
Emily Kauk, Reedley
Jennifer McNamara, Reedley
Anna Katanski, Foothill
MaryKate McCloskey, DeAnza

*1st Team AVCA All-American
**2nd Team AVCA All-American



SOPHOMORE TRANSFER VOLLEYBALL ATHLETES

2006

TERRI DEL CONTE Missouri State University
CHRISTAL LARA Dickinson State (ND) University

2005

MELAINE FIGUEROA Cal State University, Stanislaus
NAOMI HOBAYAN Kansas Wesleyan University
NANCY MARIN Valdosta (GA) State University
SHANELL McMILLEN Cal State University, East Bay
KIM STOLK University of Alaska-Anchorage

2004

No Sophomores

2003

NATALIE FORGAN Cal State Dominguez Hills
PATTY ROMERO Long Beach State

2002

APRIL TURNER University of LaVerne

2001

No Sophomores

2000

IVONE ALEMAN Cal State University, Hayward

1999

LIUANA TOLMASOFF Concordia University

1998

LYDIA AYALA Azusa Pacific University
SHANNON LUMPKIN Alabama A&M University

1997

MANDY ARNOLD Whittier College
ALLISON CAREY Southeastern Louisiana University/
Sonoma State University
RUBY GUEVARRA California State University, Hayward
KRISTY PESANTI Florida International University
LETTIE PLASCENCIA Alabama A&M University
LISA VALENZUELA California State University, Los Angeles

1996

ROBIN MILLER Point Loma University
MELISSA MIRANDA Cal Poly Pomona

1995

MIDORI BREUL Cal State Sacramento
DIANA HART Austin Peay (TX) University
BETH McCUTCHEON Fordham University
QUON VONG George State University

1994

COLLEEN JEWELL University of Missouri
JENNIFER MACIAS California State University, Los Angeles
PAULA MAKRIDIS Metro State (CO) University
CRUZ MENDOZA California State University, Northridge
YOLANDA PLASCENCIA Southeastern Louisiana University
SHANNON WALKER Southeastern Louisiana University

1993

APRIL BAUER Southeastern Louisiana University
KELLY FERGUSON Sonoma State University
DEBBIE MILLER Grand Canyon (AZ) University
LENA PITCHER University of California, Irvine
ANDREA POLLARD Michigan State University
TINA POSTON Ohio University
ROCHELLE TRAVERS Sienna (NY) College

1992

KERI BRINDLE University of Houston
TRACI DAHL California State University, Long Beach
MICHELLE HARRIS Sonoma State University
ANGELINA MARIN Southeastern Louisiana University

1991

JENNIFER BARBERIE Weber State University
TESS BLOM Chapman University
JUNE COX Fresno-Pacific University
JENNIFER LEHNER Sonoma State University

1990

RENEE BAILEY Murray (KY) State University
RAYNA VANDERLIP Fresno-Pacific University

1989

JENNIFER KRETSCHMAR California State University, Los Angeles
MELISSA LYNCH California State University,
Dominguez Hills

1988

EVELYN SEFUIVA California State University, Bakersfield
YOLANDA JEFFERSON University of Nevada, Reno

1987

No Sophomores

1986

HEIDE ANGEVINE California State University, Chico
PAM HOLLAND California State University,
Dominguez Hills
ROCKY NORICA California State University,
Dominguez Hills

1985

LINDA BAUMAN San Francisco State University

1984

TRICIA AGUILAR California State University,
Dominguez Hills
GRACE DeLEON California State University,
Dominguez Hills
MARCI LISCHER University of California, San Diego
MARIANNA MERRILL Illinois State University

1983

SHEILA EIDEN University of California, Riverside
PAM WINOKUR Chapman University

1982

EVELYN KIM Illinois State University
MARYLARY University of the Pacific (Basketball)
MANDY McMAHON San Jose State University

1981

GIGI ALPENIA Azusa Pacific University
KIM LaCROIX University of Santa Fe
LORI ROBARGE University of San Diego

1980

LUCY SAAVEDRA Azusa Pacific University
DEBBIE WOOLDRIDGE California State University, Northridge

1979

JANI CADE Occidental College
KATY KRETSCHMAR California State University, Long Beach
CARMEN GOMEZ Cal Poly Pomona (Tennis School)

1978

LINDA KRETSCHMAR Chapman University
JOAM MARSCHKE Cal Poly Pomona
SHELLY STEWART Idaho State University



PAST CERRITOS COLLEGE VOLLEYBALL RECORDS

<u>YEAR</u>	<u>OVERALL RECORD</u>	<u>CONFERENCE RECORD</u>	<u>CONFERENCE STANDINGS</u>
1977	9-8	6-6	Fourth
1978	15-5	9-3	Second
1979	9-9	4-8	Fifth
1980	13-4	9-3	Second
1981	15-3	11-1	First
1982	16-5	9-3	Third
1983	13-2	10-2	First
1984	12-7	9-5	Third
1985	10-5	9-5	Third
1986	10-7	7-5	Third
1987	10-7	7-5	Third
1988	18-4	9-1	First (Tie) – State (Fourth Place)
1989	17-4	8-2	Second – State (Fifth Place)
1990	20-6	9-1	First – State (Fourth Place)
1991	23-3	10-0	First – State (Second Place)
1992	28-0	10-0	First (State Champions)
1993	25-4	10-0	First – State (Second Place)
1994	24-2	10-0	First – State (Second Place)
1995	15-4	10-2	Second
1996	13-5	10-2	Second
1997	14-4	10-2	Tied First
1998	9-8	6-6	Fourth
1999	13-3	8-2	Second
2000	15-4	9-3	Second
2001	9-8	7-7	Fifth
2002	12-8	12-2	Second
2003	12-5	10-2	Second
2004	12-6	8-4	Third
2005	18-4	10-2	Second
2006	12-9	11-3	Second





PAST CERRITOS COLLEGE VOLLEYBALL LETTERMEN

<u>1978 Lettermen</u>	<u>High School</u>
Maureen Bracken	St. Matthias
Jani Cade	Warren
DeeDee Dixon	La Mirada
Katy Kretschmar	La Mirada
Linda Kretschmar	La Mirada
Bridget Maguire	St. Joseph
Joan Marschke	Neff
Faith Miller	Paramount
Terri Torres	Excelsior
Alice Saavedra	Cerritos
Shelley Stewart	La Mirada
Robin Swickard	Neff

<u>1979 Lettermen</u>	<u>High School</u>
Jani Cade	Warren
Judy Chavez	El Rancho
DeeDee Dixon	La Mirada
Kathy Ellwood	St. Paul
Mari Flores	Paramount
Carmen Gomez	Bellflower
Katy Kretschmar	La Mirada
Stacy McMahon	Excelsior
Lucy Saavedra	Cerritos
Laura Verner	St. Joseph
Vicky Wilson	Bellflower
Debbie Wooldridge	Bellflower

<u>1980 Lettermen</u>	<u>High School</u>
Gigi Alpenia	St. Joseph
Alicia Bremer	Gahr
Kathy Ellwood	St. Paul
Mandy McMahon	Excelsior
Carla Pope	St. Joseph
Lori Robarge	Gahr
Lucy Saavedra	Cerritos
Cindi Selph	Bellflower
Sylvia Torres	Excelsior
Desi Tourville	St. Paul
Laura Verner	St. Joseph
Kim Wohlford	St. Joseph
Debbie Wooldridge	Bellflower

<u>1981 Lettermen</u>	<u>High School</u>
Gigi Alpenia	St. Joseph
Alicia Bremer	Gahr
Laura Erickson	South Gate
Evelyn Kim	Artesia
Kim LaCroix	John Glenn
Mary Lary	Pius X
Carla Pope	St. Joseph
Lori Robarge	Gahr
Nancy Vanderpool	Cerritos
Nancy Welliver	Paramount

<u>1982 Lettermen</u>	<u>High School</u>
Debby Del Rosario	Mayfair
Sheila Elden	Artesia
Laura Erickson	South Gate
Evelyn Kim	Artesia
Kim La Croix	John Glenn
Mary Lary	Pius X
Dyan Leonard	Pius X
Deanna Long	Sonora
Laura Lopez	Gahr
Mandy McMahon	Excelsior
Randee Rabune	Kennedy
Nancy Welliver	Paramount
Pam Winokur	Warren

<u>1983 Lettermen</u>	<u>High School</u>
Tricia Aguilar	John Glenn
Sue DeGrafft	Downey
Grace DeLeon	La Mirada
Ingrid Dellovoet	Gahr
Sheila Eiden	Artesia
Marci Lischer	Gahr
Marianne Merrill	Santa Fe
Julie Poole	Downey
Randee Rabune	Kennedy
Jill Rollo	Cedar (UT)
Pam Winokur	Warren

<u>1984 Lettermen</u>	<u>High School</u>
Tricia Aguilar	John Glenn
Grace DeLeon	La Mirada
Andrea Gasporra	Paramount
Pam Holland	
Marci Lischer	Gahr
Marianne Merrill	Santa Fe
Kelli Molthen	
Sheri O'Connor	
Julie Poole	Downey
Rosie Vivian	Paramount

<u>1985 Lettermen</u>	<u>High School</u>
Linda Bauman	Santa Fe
Monica Del Muro	Paramount
Chris Dunbar	Downey
Andrea Gasporra	Paramount
Reyna Gutierrez	Lennox
Pam Holland	
Michelle Linton	La Mirada
Rocky Norica	St. Joseph
Sheri O'Connor	
Marlene Perales	Paramount

<u>1986 Lettermen</u>	<u>High School</u>
Sonia Alarcon	Paramount
Heidi Angevine	Glencoe (OR)
Carla Bass	Valley Christian
Christie Duffy	Paramount
Karen Fitzgerald	Mayfair
Reyna Gutierrez	Lennox
Bonnie Knox	La Mirada
Mickey Nomura	Bellflower
Rocy Norica	St. Joseph
Nancy Rangel	John Glenn
Karen Sutherland	Mayfair
Flo Wade	Paramount

<u>1987 Lettermen</u>	<u>High School</u>
Sonia Alarcon	Paramount
Carla Bass	Valley Christian
Kathy Coleman	Gahr
Briana Dawson	Kennedy
Elaine Gannon	Gahr
Sandi Gannon	Gahr
Yolanda Jefferson	Lynwood
Jody King	Whittier
Bonnie Knox	La Mirada
Celeste Lewis	Apple Valley
Jan Mas	Long Beach Poly
Mickey Nomura	Bellflower
Sheila Pautsch	Pius X
Evelyn Sefuiva	Leone (Samoa)
Adrianne Webb	Pius X

<u>1988 Lettermen</u>	<u>High School</u>
Carla Bass	Valley Christian
Rosa Carillo	Paramount
Yolanda Jefferson	Lynwood
Jennifer Kretschmar	La Mirada
Melissa Lynch	Bell
Jennifer Moore	Long Beach
	Millikan
Sharon Overdiun	Valley Christian
Evelyn Sefuiva	Leone (Samoa)
Wendy Vandervis	Cerritos
Adrianne Webb	Pius X
Cathy Weldi	Whittier

<u>1989 Lettermen</u>	<u>High School</u>
Michelle Acuna	St. Joseph
Jill Boyd	Cedar (UT)
Diane Dang	Mayfair
Shannon Gray	St. Paul
Tamara Johnson	Santa Fe
Jennifer Kretschmar	La Mirada
Susan Lane	Fallbrook
Melissa Lynch	Bell
Erin Mann	Bellflower
Maria Romo	Bell
Rayna Vanderlip	St. Joseph
Teresa Velazquez	Mexico City

<u>1990 Lettermen</u>	<u>High School</u>
Michelle Acuna	St. Joseph
Renee Bailey	Rex Putnam (OR)
June Cox	Norwalk
Diane Dang	Mayfair
Danielle Jones	Long Beach
	Wilson
Susan Lane	Fallbrook
Jennifer Lehner	La Mirada
Cindy Paulson	North Torrance
Nadene Valkoff	Whittier
Rayna Vanderlip	St. Joseph
Teresa Velazquez	Mexico City

<u>1991 Lettermen</u>	<u>High School</u>
Jennifer Barberie	Gahr
Crystee Behnke	Los Alamitos
Tess Blom	Gahr
June Cox	Norwalk
Traci Dahl	Gahr
Jennifer Lehner	La Mirada
Debbie Mejia	Roosevelt
Cindy Paulson	Torrance
Joyce Pea	Magnolia
Nadena Valkoff	Whittier

<u>1992 Lettermen</u>	<u>High School</u>
April Bauer	San Clemente
Keri Brindle	Gahr
Traci Dahl	Gahr
Kelly Ferguson	Gahr
Michelle Harris	Kennedy
Angelina Marin	John Glenn
Debbie Miller	Maranatha
Lena Pitcher	Warren
Andrea Pollard	Downey
Tammi Reed	Santa Fe
Rochelle Travers	California



1993 Lettermen **High School**
 Claire Adrian St. Joseph
 April Bauer San Clemente
 Kelly Ferguson Gahr
 Colleen Jewell Canyon Springs
 Jennifer Macias La Mirada
 Paula Makridis Long Beach Poly
 Cruz Mendoza Huntington Park
 Debbie Miller Maranatha
 Lena Pitcher Warren
 Andrea Pollard Downey
 Tina Poston Long Beach
 Wilson
 Yolanda Plascencia Nogales
 Rochelle Travers California
 Shannon Walker Norwalk

1994 Lettermen **High School**
 Claire Adrian St. Joseph
 Kristy Benson Gahr
 Midori Bruel Los Alamitos
 Diana Hart Santa Fe
 Colleen Jewell Canyon Springs
 Jennifer Macias La Mirada
 Paula Makridis Long Beach Poly
 Beth McCutcheon Long Beach Poly
 Cruz Mendoza Huntington Park
 Yolanda Plascencia Nogales
 Quan Vong Santa Fe
 Shannon Walker Norwalk

1995 Lettermen **High School**
 Claire Adrian St. Joseph
 Lisa Belo Norwalk
 Midori Bruel Los Alamitos
 Adriana Cuevas Norwalk
 Diana Hart Santa Fe
 Beth McCutcheon Long Beach Poly
 Gina McNally Canyon Springs
 Robin Miller Maranatha
 Melissa Miranda Ayala
 Rosemarie Ruiz Ramona Convent
 Summer Selig Gahr
 Quan Vong Santa Fe

1996 Lettermen **High School**
 Mandy Arnold Buena
 Allison Carey San Gabriel
 Marijin Concepcion Norwalk
 Adriana Cuevas Norwalk
 Ruby Guevara Santa Fe
 Shavonne Harris West Anchorage
 (AK)
 Robin Miller Maranatha
 Melissa Miranda Ayala
 Kristy Pesanti Gahr
 Lettie Plascencia Nogales
 Lisa Valenzuela Roosevelt

1997 Lettermen **High School**
 Kathy Abell Gahr
 Mandy Arnold Buena
 Lydia Ayala Cerritos
 Lisa Belo Norwalk
 Allison Carey San Gabriel
 Sue-Ling Bunch Campbell (HI)
 Ruby Guevara Santa Fe
 Jennifer Huerta Artesia
 Mimi Huynh Artesia
 Shannon Lumpkin Cerritos
 Abbey Masters Ayala
 Kristy Pesanti Gahr
 Lettie Plascencia Nogales
 Lisa Valenzuela Roosevelt

1998 Lettermen **High School**
 Cindy Alailefalueta Long Beach
 Jordan
 Lydia Ayala Cerritos
 Sue-Ling Bunch Campbell (HI)
 Judy Harter Lakewood
 Jennifer Huerta Artesia
 Mimi Huynh Artesia
 Lisa Kerr Downey
 Arlene Lopez El Rancho
 Shannon Lumpkin Cerritos
 Nicole Smolskis Cerritos
 Liauna Tolmasoff St. Paul
 Carly Trejo Rosary

1999 Lettermen **High School**
 Megan Alderson Los Alamitos
 Ivone Aleman El Rancho
 Katherine Graff Mayfair
 Kelly Grimmer Warren
 Emma Howell Valley Christian
 Jennifer Lupeamanu Carson
 Myra Marin Gahr
 Maria Serrano Artesia
 Liauna Tolmasoff St. Paul
 Michelle Zavala Lakewood

2000 Lettermen **High School**
 Cindy Alailefalueta Long Beach
 Jordan
 Ivone Aleman El Rancho
 Takeela Beal Blair
 Staci Dietz Mayfair
 Katherine Graff Mayfair
 Emma Howell Valley Christian
 Kerry Jessup Buena Park
 Danielle Saldavia Cerritos
 Maria Serrano Artesia
 Francella Silitai Western
 Tiffany Tolentino Norwalk

2001 Lettermen **High School**
 Tiffany Amete Bellflower
 Pearl Arvizu Walnut
 Jessica Baez El Rancho
 Jennifer Bullock Loara
 Lilliana Cabrera John Glenn
 Vanessa Cid Montebello
 Arelyn Gallardo Bell Gardens
 Susan Liaufau Loara
 Crisol Mendoza Gahr
 Berlin Mika Paramount
 Michelle Perkins Calvary Chapel
 April Turner Cypress

2002 Lettermen **High School**
 Diana Castillo John Glenn
 Vanessa Cid Montebello
 Rocio Estevez Warren
 Susan Liaufau Loara
 Stephanie Lupeamanu Long Beach
 Jordan
 Sindy Mendez C.B.T.S. 116
 (Mexico)
 Crisol Mendoza Gahr
 Melissa Quiroz St. Matthias
 Julissa Rentas California
 Kimberly Robles Alhambra
 Patty Romero Warren
 Tiffany Tolentino Norwalk
 April Turner Cypress

2003 Lettermen **High School**
 Tiffany Borders Gahr
 Angelica Caingcoy Lakewood
 Erika Cervantes Bishop Conaty-
 Loretto
 Natalie Forgan Long Beach
 Millikan
 Roxana Garduno St. Matthias
 Monique Gayton La Serna
 Nichole Gonzales Valley Christian
 Tina Hernandez Wapato (WA)
 Nancy Marin Gahr
 Kimberly Robles Alhambra
 Patty Romero Warren
 Trisha Vasquez Bell Gardens

2004 Lettermen **High School**
 Esperanza Alvarez Bravo
 Mona Alvarez St. Paul
 Joanna Burleson St. Anthony
 Renee Clock Cypress
 Stephanie Crowell Downey
 Melanie Figueroa Holy Family
 Kari Flores La Serna
 Crystal Gonzalez Bravo
 Naomi Hobayan Ramona Convent
 Faith Malaki Long Beach Poly
 Shanell McMillen Ramona Convent
 Cheryl Plasier Valley Christian
 Erika Rangel Montebello
 Kim Stolk Mayfair

2005 Lettermen **High School**
 Cindy Alvarez St. Bernard
 Joanna Burleson St. Anthony
 Stephanie Crowell Downey
 Jennifer Espinoza Santa Fe
 Melanie Figueroa Holy Family
 Yoseth Guerrero South El Monte
 Naomi Hobayan Ramona Convent
 Le'Sauna Johnson Long Beach Poly
 Christal Lara Garfield
 Nancy Marin Gahr
 Shanell McMillen Ramona Convent
 Vanessa Mojica Whittier
 Erika Rangel Montebello
 Kimberly Stolk Mayfair

2006 Lettermen **High School**
 Natalie Barajas California
 Jackie Chacon Warren
 Terri Del Conte Lakewood
 Marci Encinas Santa Fe
 Bridgette Enriquez Downey
 Celina Espinola Bellflower
 Jennifer Espinoza Santa Fe
 Adriana Fletes Downey
 Yoseth Guerrero South El Monte
 Le'Sauna Johnson Long Beach Poly
 Christal Lara Garfield
 Kristin Mendoza St. Paul
 Hilary Van Hofwegan Valley Christian



SOUTH COAST CONFERENCE STANDINGS

1976 South Coast Conference Standings

El Camino Warriors	8-0	1.000
Long Beach City Vikings	5-3	.625
CERRITOS FALCONS	4-4	.500
LA Harbor Seahawks	2-6	.250
Cypress Chargers	0-8	.000

1977 South Coast Conference Standings

1978 South Coast Conference Standings

Orange Coast Pirates	12-0	1.000
CERRITOS FALCONS	9-3	.750
Grossmont Griffins	8-4	.667
Fullerton Hornets	5-7	.417
Santa Ana Dons	4-8	.333
San Diego Mesa Olympians	4-8	.333
Mt. San Antonio Mounties	0-12	.000

1979 South Coast Conference Standings

Orange Coast Pirates	11-1	.917
Fullerton Hornets	10-2	.833
Santa Ana Dons	8-4	.667
San Diego Mesa Olympians	6-6	.500
CERRITOS FALCONS	4-8	.333
Grossmont Griffins	3-9	.250
Mt. San Antonio Mounties	0-12	.000

1980 South Coast Conference Standings

Orange Coast Pirates	10-0	1.000
Fullerton Hornets	7-3	.700
CERRITOS FALCONS	7-3	.700
San Diego Mesa Olympians	6-4	.600
Grossmont Griffins	3-7	.300
Santa Ana Dons	2-8	.200
Mt. San Antonio Mounties	0-10	.000

1981 South Coast Conference Standings

Orange Coast Pirates	11-1	.917
CERRITOS FALCONS	11-1	.917
San Diego Mesa Olympians	8-4	.667
Santa Ana Dons	5-7	.417
Grossmont Griffins	4-8	.333
Fullerton Hornets	3-9	.250
Mt. San Antonio Mounties	0-12	.000

1982 South Coast Conference Standings

Orange Coast Pirates	11-1	.917
Golden West Rustlers	10-2	.833
CERRITOS FALCONS	9-3	.750
Santa Ana Dons	6-6	.500
Fullerton Hornets	4-8	.333
Mt. San Antonio Mounties	1-11	.083
Cypress Chargers	1-11	.083

1983 South Coast Conference Standings

Golden West Rustlers	10-2	.833
CERRITOS FALCONS	10-2	.833
Santa Ana Dons	8-4	.667
Orange Coast Pirates	8-4	.667
Cypress Chargers	3-9	.250
Fullerton Hornets	2-10	.167
Mt. San Antonio Mounties	1-11	.091

1984 South Coast Conference Standings

Golden West Rustlers	14-0	1.000
Orange Coast Pirates	12-2	.857
CERRITOS FALCONS	9-5	.673
Cypress Chargers	9-5	.643
Santa Ana Dons	5-9	.357
Fullerton Hornets	2-12	.143
Mt. San Antonio Mounties	0-14	.091

1985 South Coast Conference Standings

Golden West Rustlers	13-1	.929
Orange Coast Pirates	11-3	.786
CERRITOS FALCONS	9-5	.643
Saddleback Gauchos	8-6	.571
Fullerton Hornets	8-6	.571
Rancho Santiago Dons	5-9	.357
Mt. San Antonio Mounties	1-13	.071
Cypress Chargers	1-13	.071

1986 South Coast Conference Standings

El Camino Warriors	11-1	.917
Golden West Rustlers	9-3	.750
Fullerton Hornets	7-5	.583
CERRITOS FALCONS	7-5	.583
Pasadena City Lancers	6-6	.500
Long Beach City Vikings	2-10	.167
Mt. San Antonio Mounties	0-12	.000

1987 South Coast Conference Standings

Golden West Rustlers	12-0	1.000
Pasadena City Lancers	8-4	.667
CERRITOS FALCONS	7-5	.583
Long Beach City Vikings	6-6	.500
Fullerton Hornets	5-7	.417
El Camino Warriors	4-8	.333
Mt. San Antonio Mounties	0-12	.000

1988 South Coast Conference Standings

CERRITOS FALCONS	9-1	.900
El Camino Warriors	9-1	.900
Long Beach City Vikings	6-4	.600
Pasadena City Lancers	6-4	.600
East Los Angeles Huskies	2-8	.200
Mt. San Antonio Mounties	0-10	.000

1989 South Coast Conference Standings

El Camino Warriors	9-1	.900
CERRITOS FALCONS	8-2	.800
Pasadena City Lancers	7-3	.700
Long Beach City Vikings	4-6	.400
East Los Angeles Huskies	2-8	.200
Mt. San Antonio Mounties	0-10	.000

1990 South Coast Conference Standings

CERRITOS FALCONS	9-1	.900
Pasadena City Lancers	8-2	.800
Long Beach City Vikings	7-3	.700
Mt. San Antonio Mounties	3-7	.300
El Camino Warriors	3-7	.300
East Los Angeles Huskies	0-10	.000

1991 South Coast Conference Standings

CERRITOS FALCONS	10-0	1.000
Pasadena City Lancers	8-2	.800
Long Beach City Vikings	7-3	.700
El Camino Warriors	3-7	.300
Mt. San Antonio Mounties	3-7	.300
East Los Angeles Huskies	0-10	.000



1992 South Coast Conference Standings

CERRITOS FALCONS	10-0	1.000
El Camino Warriors	7-3	.700
Pasadena City Lancers	6-4	.600
Long Beach City Vikings	5-5	.500
Mt. San Antonio Mounties	2-8	.200
East Los Angeles Huskies	0-10	.000

1993 South Coast Conference Standings

CERRITOS FALCONS	10-0	1.000
Long Beach City Vikings	7-3	.700
Pasadena City Lancers	7-3	.700
El Camino Warriors	4-6	.400
Mt. San Antonio Mounties	1-9	.100
East Los Angeles Huskies	1-9	.100

1994 South Coast Conference Standings

CERRITOS FALCONS	10-0	1.000
Pasadena City Lancers	7-3	.700
Mt. San Antonio Mounties	7-3	.700
Long Beach City Vikings	4-6	.400
El Camino Warriors	2-8	.200
East Los Angeles Huskies	0-10	.000

1995 South Coast Conference Standings

Long Beach City Vikings	11-1	.917
CERRITOS FALCONS	10-2	.833
El Camino Warriors	8-4	.667
Pasadena City Lancers	7-5	.583
Mt. San Antonio Mounties	4-8	.333
Los Angeles City Cubs	2-10	.167
East Los Angeles Huskies	0-12	.000

1996 South Coast Conference Standings

Long Beach City Vikings	12-0	1.000
CERRITOS FALCONS	10-2	.833
Pasadena City Lancers	7-5	.583
El Camino Warriors	6-6	.500
Mt. San Antonio Mounties	5-7	.417
East Los Angeles Huskies	2-10	.167
Los Angeles City Cubs	0-12	.000

1997 South Coast Conference Standings

CERRITOS FALCONS	10-2	.833
El Camino Warriors	10-2	.833
Long Beach City Vikings	10-2	.833
Pasadena City Lancers	5-7	.417
Mt. San Antonio Mounties	5-7	.417
Los Angeles City Cubs	2-10	.167
East Los Angeles Huskies	0-12	.000

1998 South Coast Conference Standings

Long Beach City Vikings	12-0	1.000
El Camino Warriors	10-2	.833
Pasadena City Lancers	8-4	.667
CERRITOS FALCONS	6-6	.500
Mt. San Antonio Mounties	4-8	.333
Los Angeles City Cubs	2-10	.167
East Los Angeles Huskies	0-12	.000

1999 South Coast Conference Standings

Long Beach City Vikings	9-1	.900
CERRITOS FALCONS	8-2	.800
El Camino Warriors	6-4	.600
Pasadena City Lancers	5-5	.500
East Los Angeles Huskies	1-9	.100
Mt. San Antonio Mounties	1-9	.100

2000 South Coast Conference Standings

Long Beach City Vikings	12-0	1.000
CERRITOS FALCONS	9-3	.750
Pasadena City Lancers	9-3	.750
El Camino Warriors	6-6	.500
Mt. San Antonio Mounties	4-8	.333
East Los Angeles Huskies	2-10	.167
Los Angeles City Cubs	0-12	.000

2001 South Coast Conference Standings

El Camino Warriors	14-0	1.000
Long Beach City Vikings	12-3	.800
Pasadena City Lancers	10-4	.714
Mt. San Antonio Mounties	8-6	.571
CERRITOS FALCONS	7-7	.500
Los Angeles City Cubs	4-10	.286
East Los Angeles Huskies	2-12	.143
Los Angeles Harbor Seahawks	0-14	.000

2002 South Coast Conference Standings

Long Beach City Vikings	12-0	1.000
CERRITOS FALCONS	9-3	.750
Pasadena City Lancers	9-3	.750
El Camino Warriors	6-6	.500
Mt. San Antonio Mounties	4-8	.333
East Los Angeles Huskies	2-10	.167
Los Angeles City Cubs	0-12	.000

2003 South Coast Conference Standings

El Camino Warriors	11-1	.917
CERRITOS FALCONS	10-2	.833
Long Beach City	7-5	.583
Mt. San Antonio	6-6	.500
Pasadena City Lancers	5-7	.417
East Los Angeles Huskies	3-9	.250
LA Harbor Seahawks	0-12	.000

2004 South Coast Conference Standings

El Camino Warriors	12	0	1.000
Long Beach City Vikings	10	2	.833
CERRITOS FALCONS	8	4	.667
Mt. San Antonio Mounties	5	7	.417
Pasadena City Lancers	4	8	.333
East Los Angeles Huskies	2	10	.167
Los Angeles Harbor Seahawks	1	11	.083

2005 South Coast Conference Standings

El Camino Warriors	11	1	.917
CERRITOS FALCONS	10	2	.833
Mt. San Antonio Mounties	9	3	.750
Long Beach City Vikings	6	6	.500
East Los Angeles Huskies	4	8	.333
Pasadena City Lancers	2	10	.167
Los Angeles Harbor Seahawks	0	12	.000

2006 South Coast Conference Standings

El Camino Warriors	13	1	.929
CERRITOS FALCONS	11	3	.786
Mt. San Antonio Mounties	11	3	.786
Long Beach City Vikings	9	5	.643
East Los Angeles Huskies	6	8	.429
Los Angeles City Cubs	4	10	.286
Pasadena City Lancers	2	12	.143
Los Angeles Harbor Seahawks	0	14	.000



CERRITOS COLLEGE SINGLE SEASON STATISTICAL LEADERS

NAME	KILLS (Min. 200)	YEAR
Teresa Velazquez	570	1989
Teresa Velazquez	499	1990
Traci Dahl	398	1991
Midori Bruel	389	1995
Traci Dahl	384	1992
Andrea Pollard	382	1993
Paula Makridis	376	1994
Shanell McMillen	373	2004
Ali Carey	324	1996
Renee Bailey	317	1990
Nancy Marin	312	2005
Evelyn Sefuiva	302	1988
Paula Makridis	299	1993
Shannon Walker	289	1994
Jennifer Espinoza	283	2006
Shanell McMillen	279	2005
June Cox	279	1991
Michelle Zavala	274	1999
Natalie Forgan	271	2003
Sindy Mendoza	270	2002
Melissa Miranda	267	1996
Terri Del Conte	263	2006
Melissa Miranda	263	1995
Jennifer Barberie	260	1991
Diane Dang	257	1990
Michelle Harris	250	1992
Ivone Aleman	244	2000
Jennifer Macias	240	1994
Ali Carey	234	1997
Tammi Reed	234	1992
Faith Malaki	230	2004
Jennifer Kretschmar	229	1989
Nancy Marin	228	2003
Jennifer Espinoza	227	2005
Yolanda Plascencia	223	1994
Tiffany Tolentino	213	2002
Adriane Webb	212	1988
Katherine Graff	211	2000
Ivone Aleman	211	1999
Angelina Marin	210	1992
Debbie Miller	202	1993
Liauna Tolmasoff	201	1999

NAME	BLOCKS (50)	YEAR
Traci Dahl	174	1992
Traci Dahl	169	1991
Debbie Miller	156	1993
Evelyn Sefuiva	128	1988
Diana Hart	124	1994
Yolanda Plascencia	121	1994
Diane Dang	119	1990
Lydia Ayala	117	1997
Diana Hart	117	1995
Le'Sauna Johnson	112	2006
Yolanda Plascencia	110	1993
June Cox	93	1990
Teresa Velazquez	91	1989
Tammi Reed	88	1992
Diane Dang	88	1989
Beth McCutcheon	84	1995
Kim Stolk	83	2005
Nancy Marin	83	2003
Tess Blom	83	1991
Adriane Webb	83	1988
Nancy Marin	81	2005
Liauna Tolmasoff	77	1999
Sindy Mendez	76	2002
Kim Stolk	74	2004
Liauna Tolmasoff	74	1998
Katherine Graff	71	2000

NAME	BLOCKS (50)	YEAR
Shannon Lumpkin	71	1998
Yoseth Guerrero	70	2006
Shannon Lumpkin	69	1997
Keri Brindle	68	1992
Melissa Lynch	65	1989
Takeela Beal	64	2000
Erin Mann	64	1989
Shannon Walker	63	1994
Lisa Valenzuela	62	1995
Megan Alderson	61	1999
Yolanda Jefferson	60	1988
Tina Hernandez	59	2003
Andrea Pollard	59	1993
June Cox	58	1991
Debbie Mejia	56	1991
Vanessa Cid	53	2002
Summer Selig	53	1995
Nicole Smolkis	52	1998
Colleen Jewell	52	1994
Kristin Mendoza	50	2006

NAME	DIGS (Min. 150)	YEAR
Naomi Hobayan	541	2004
Trisha Vasquez	431	2003
Naomi Hobayan	399	2005
Bridgette Enriquez	338	2006
Terri Del Conte	324	2006
Jennifer Espinoza	308	2006
Paula Makridis	295	1994
Angelica Caingcoy	277	2003
Tiffany Tolentino	270	2002
Erika Rangel	269	2004
April Turner	249	2002
Jennifer Espinoza	244	2005
Ali Carey	242	1997
Joanna Bureson	211	2004
Susan Liaufau	207	2002
Cruz Mendoza	196	1994
Shannon Walker	195	1994
Steph Crowell	194	2004
Lisa Valenzuela	187	1997
Nancy Marin	180	2003
Sindy Mendez	176	2002
Jennifer Macias	168	1994
Steph Crowell	164	2005
Michelle Zavala	154	1999
Maria Serrano	152	2000

NAME	ACES (Min. 30)	YEAR
Rayna Vanderlip	74	1990
Rayna Vanderlip	74	1989
Teresa Velazquez	64	1989
Shannon Walker	60	1994
Traci Dahl	57	1991
Renee Bailey	57	1990
Melissa Lynch	56	1989
Myra Marin	55	1999
Keri Brindle	53	1992
Vanessa Cid	52	2002
Cindy Paulson	51	1991
Danielle Jones	51	1990
Traci Dahl	50	1992
Jennifer Kretschmar	50	1989
Yolanda Jefferson	50	1988
Steph Crowell	49	2004
Tess Blom	47	1991
Michelle Harris	46	1992
Jennifer Barberie	44	1991
Terri Del Conte	43	2006
Ivone Aleman	43	2000



CERRITOS COLLEGE SINGLE SEASON STATISTICAL LEADERS

NAME	ACES (Min. 30)	YEAR
Lena Pitcher	43	1993
Jennifer Espinoza	41	2006
Faith Malaki	41	2004
Natalie Forgan	41	2003
Melissa Miranda	41	1996
Lisa Belo	40	1997
Angelina Marin	40	1992
Maria Romo	40	1989
Paula Makridis	39	1993
Melissa Lynch	39	1988
Nancy Marin	38	2003
Tiffany Tolentino	38	2002
Kelly Ferguson	38	1992
Michelle Acuna	38	1990
Emma Howell	37	1999
Tammi Reed	37	1992
Debbie Mejia	37	1991
Evelyn Sefuiva	37	1988
Robin Miller	36	1995
Kim Robles	35	2002
Emma Howell	35	2000
Ali Carey	35	1997
Shanell McMillen	34	2004
Naomi Hobayan	33	2005
Lisa Valenzuela	33	1996
Paula Makridis	32	1994
Cruz Mendoza	32	1994
Christal Lara	31	2006
Judy Harter	31	1998
Lettie Plascencia	31	1996
Diana Hart	31	1995
Steph Crowell	30	2005
April Turner	30	2002
Jennifer Macias	30	1994
Andrea Pollard	30	1993

NAME	ASSISTS	YEAR
Quan Vong	1188	1995
Cindy Paulson	1166	1991
Emma Howell	1139	1999
Rayna Vanderlip	1131	1990
Keri Brindle	1111	1992
Colleen Jewell	1097	1994
Steph Crowell	922	2005
Mandy Arnold	926	1996
Emma Howell	802	2000
Steph Crowell	787	2004
Colleen Jewell	763	1993
Patty Romero	754	2002
Yolanda Jefferson	747	1988
Abbey Masters	531	1997
Judy Harter	485	1998
Marci Encinas	483	2006
Rochelle Travers	458	1993
Nichole Gonzales	421	2003
Monique Gayton	390	2003



PAST VOLLEYBALL ALL-CONFERENCE SELECTIONS

<u>YEAR</u>	<u>1st TEAM</u>	<u>2nd TEAM</u>	<u>HONORABLE MENTION</u>
1978-79	Katy Kretschmar (MVP) Robin Swickard	Bridget Maguire	Linda Kretschmar, Shelley Stewart
1979-80	Katy Kretschmar		Jani Cade
1980-81	Gigi Alapenia Mandy McMahon	Lori Robarge	
1981-82	Evelyn Kim Mandy McMahon	Dyan Leonard Pam Winokur	Mary Lary Nancy Welliver
1983-84	Ingrid Dellevoet Marianne Merrill (MVP)	Sheila Eiden Randee Rabune Pam Winokur	
1984	Marianne Merrill	Grace deLeon Marci Lischer	Tricia Aguilar Julie Poole Rosie Vivian
1985	Linda Bauman	Reyna Gutierrez	Andrea Gasporra Michelle Linton
1986	Heide Angevine Carla Bass	Reyna Gutierrez Bonnie Knox	
1987	Evelyn Sefuiva Yolanda Jefferson		Elayne Gannon
1988	Yolanda Jefferson (MVP) Evelyn Sefuiva Adriane Webb	Carla Bass Jennifer Kretschmar Wendy Vandervis	Melissa Lynch
1989	Reyna Vanderlip Teresa Velazquez	Tammi Johnson Jennifer Kretschmar Melissa Lynch	
1990	Diane Dang Rayna Vanderlip Teresa Velazquez	Renee Bailey	
1991	Jennifer Barberie Tess Blom Traci Dahl (MVP) Maria Mejia	June Cox Cindy Paulson	
1992	Keri Brindle Traci Dahl (MVP) Michelle Harris Tammi Reed	Kelly Ferguson Angelina Marin Andrea Pollard	
1993	Not Available		
1994	Colleen Jewell (MVP) Jennifer Macias Paula Makridis	Midori Bruel Diana Hart Cruz Mendoza Yolanda Plascencia Shannon Walker	
1995	Midori Bruel Quan Vong	Beth McCutcheon Melissa Miranda Summer Selig	
1996	Allison Carey Melissa Miranda	Mandy Arnold Lettie Plascencia Lisa Valenzuela	
1997	Allison Carey Abbey Masters Lisa Valenzuela	Lydia Ayala Lisa Belo Shannon Lumpkin	Mandy Arnold



PAST VOLLEYBALL ALL-CONFERENCE SELECTIONS (CONT.)

PAST VOLLEYBALL ALL-CONFERENCE SELECTIONS

<u>YEAR</u>	<u>1st TEAM</u>	<u>2nd TEAM</u>	<u>HONORABLE MENTION</u>
1998	Liauna Tolmasoff		
1999	Michelle Zavala	Katherine Graff Emma Howell	
2000	Ivone Aleman Katherine Graff Emma Howell	Takeela Beal Staci Dietz	Tiffany Tolentino
2001	Arelyn Gallardo	Vanessa Cid Susan Liufau Berlin Mika	
2002	Vanessa Cid Sindy Mendez (MVP) Tiffany Tolentino	Susan Liufau April Turner	
2003	Angelica Caingcoy Natalie Forgan Nancy Marin	Monique Gayton Kimberly Robles Trisha Vasquez	
2004	Stephanie Crowell Shanell McMillen	Melanie Figueroa Naomi Hobayan Erika Rangel	Joanna Burleson
2005	Stephanie Crowell Nancy Marin Shanell McMillen	Jennifer Espinoza Melanie Figueroa Naomi Hobayan	Kim Stolk Le'Sauna Johnson
2006	Terri Del Conte Jennifer Espinoza Le'Sauna Johnson	Marci Encinas Bridgette Enriquez Christal Lara	



2007 SOUTH COAST CONFERENCE WOMEN'S VOLLEYBALL

SPORTSMANSHIP STATEMENT

The South Coast Conference Women's Volleyball Coaches support the following Sportsmanship Statement:

The South Coast Conference promotes good sportsmanship by student-athletes, coaches and spectators. We request your cooperation by supporting the participants and officials in a positive manner. Profanity, racial, sexist comments or other intimidating actions directed at officials, student-athletes, coaches, team representatives or opposing team fans and parents will not be tolerated. They are also grounds for removal from the site of competition. Also, consumption or possession of alcoholic beverages is prohibited.

Artificial noisemakers, air horns, whistles and electronic amplifiers are not permitted.

Food and beverages are not permitted on the gymnasium floor.

