


JOHN ALANIZ
FRESHMAN
LA MIRADA HIGH SCHOOL (2006)
HT: 5-8 WT: 170
MAJOR: KINESIOLOGY

La Mirada HS: As a senior, he won the CIF championships and placed second in the Masters... Qualified for the state championships... In his junior and senior year, he placed fourth in the CIF Championships and was a CIF qualifier as a freshman... Had the best record on his team as a senior....

Personal: Is a transfer from Rio Hondo College, but did not wrestle... Would like to transfer to Cal State Fullerton and aspires to be a physical therapist... Is the younger brother

of former Falcon Carlos Alaniz, who won the state championship at 133 pounds last season... Also has a sister – Sesile (16)... Likes to go to the beach in his spare time... Is the son of Carlos and Sandra Alaniz... Born in Torrance, CA on January 25, 1988.....

Favorite Athlete: Cael Sanderson
Favorite Movie: "A Bronx Tale"
Favorite Food: Rice & Meat
Favorite TV Show: "The Simpsons"
Favorite Book: "Twilight"




EDWARD ATIENZA
FRESHMAN
CHAPARRAL HIGH SCHOOL (2005)
HT: 5-6 WT: 160
MAJOR: UNDECIDED

Chaparral HS: High school is located in Temecula, CA... Spent two years on both the wrestling and football teams...

Personal: Likes to go surfing in his spare time... Has one sister – Albertina (21)... Is the son of Oscar and Albertina Atienza... Born in Los Angeles, CA on January 10, 1987.....

Favorite Athlete: Muhammad Ali
Favorite Movie: "Fight Club"
Favorite Food: Cajun
Favorite Book: "Fear & Loathing in Las Vegas"




JOSH AUDELO
FRESHMAN
CALIFORNIA HIGH SCHOOL (2007)
HT: 5-7 WT: 160
MAJOR: AUTOMOTIVE

California HS: Won the Del Rio League championship as a senior after winning the junior varsity league title his junior and sophomore years... Named All-Area as a senior....

Personal: Is the younger brother of former Falcon Louie Audelo, who placed sixth at the state championships last season... Most memorable moment was when he placed third at the Halloween Open... Likes to go long boarding in his spare time... Has one sister – Grace (3)... Is the son of Louie and

Angel Audelo.....

Favorite Athlete: Lance Armstrong
Favorite Movie: "Crash"
Favorite Food: Italian
Favorite TV Show: "That 70's Show"
Favorite Book: "The Crazy Horse Electric Game"



CHIP BAKER
SOPHOMORE
PARAMOUNT HIGH SCHOOL (2006)
HT: 5-11 WT: 285
MAJOR: UNDECIDED

Cerritos (2006): Posted a 19-11 record last season as a heavyweight... Placed third at the Cerritos Tournament and registered fourth place finishes at the San Francisco State Tournament and the Sacramento City Tournament... Paramount HS: Won the CIF Championship as a senior and was named his team's Most Valuable Player... Was the San Gabriel Valley League champion at heavyweight as a junior... Also played on the football team...

Personal: Most

memorable moment was when he won the CIF championship... Would like to transfer to Cal State Fullerton... Likes to go hunting and fishing in his spare time... Has one brother – Nick (18), who will be a freshman on the team with season... Is the son of Art and Anna Baker... Born in Bellflower, CA on March 12, 1988.....



NICK BAKER

FRESHMAN
PARAMOUNT HIGH SCHOOL (2006)
HT: 6-0 WT: 200
MAJOR: UNDECIDED

Paramount HS: Spent two seasons on the wrestling team and placed second in the San Gabriel Valley League championships as a senior.....

Personal: Is the younger brother of Chad, who will be a sophomore on the team this year... Is the son of Art and Anna Baker... Born on July 31, 1989.....

Favorite Food: Chili Cheese Fries

Favorite TV Show: "The Simpsons"

Favorite Book: "Star Wars"



JASON CARRILLO

SOPHOMORE
WEST TORRANCE HIGH SCHOOL (2006)
HT: 5-7 WT: 135
MAJOR: PHYSICAL EDUCATION

Cerritos (2006): Had a 29-12 overall record last season... Went 18-7 at 125 pounds and 11-5 at 133 pounds... Advanced to the state championship match at 125 pounds, but was defeated... Also came in second place in the Southern California Regional Championships and was named 2nd Team All-South Coast Conference... Won the Cuesta Tournament championship at 125 pounds and placed second at the San Francisco State Tournament... Finished third in the Cerritos

Tournament at 133 pounds and fifth in the San Francisco City Tournament.....

West Torrance HS: As a senior, he won the CIF Championship, while he was also a two-time Pioneer League champion...

Named his team's Most Valuable Player as a senior and posted a 40-8 record... Went 36-10 as a junior after a 36-9 record his sophomore year... Placed second in the league championships as a sophomore, while he came in second place as a freshman on the junior varsity team... Spent three seasons on the wrestling team...

Personal: Most memorable moment was winning the CIF championship... Would like to transfer to Arizona State University... Has five siblings – William (24), Daniel (21), Jessica (16), Eric (14) and Evan (6)... Is the son of Bill Carrillo and Toni Sklavos... Born in Harbor City, CA on January 4, 1988.....

Favorite Athlete: Ryan Richards

Favorite Movie: "Harry Potter"

Favorite Food: Rice Pudding

Favorite TV Show: "South Park"

Favorite Book: "Harry Potter"



RYAN CHAU

FRESHMAN
SAVANNA HIGH SCHOOL (2007)
HT: 5-8 WT: 165
MAJOR: BIOLOGY

Savanna HS: Voted his team's Most Valuable Player as a senior... Earned All-County recognition, while being selected All-Orange League two years in a row... Posted a 30-11 record as a senior after going 26-7 his junior year... Spent four years on the wrestling, football and track and field teams... Track team went undefeated in league play all four seasons.....

Personal: Most memorable moment was when he posted 15 tackles and added a quarterback sack in one game... Would like to transfer to UC

Irvine... Is studying to be an orthopedic surgeon... Likes to play video games in his spare time... Nicknamed "Chau"... Has one sister – Lilly (24)... Is the son of Raymond and Sang Chau... Born in Orange, CA on July 25, 1989.....


Favorite Athlete: Dat Nguyen

Favorite Movie: "300"

Favorite Food: Junk food

Favorite Book: "Harry Potter"




GENE CHOI
 SOPHOMORE
 NORTH TORRANCE HIGH SCHOOL
 (2006)
 HT: 5-8 WT: 180
 MAJOR: PSYCHOLOGY


Cerritos (2006): Went 12-22 on the season... Spent the majority of the season at 174 pounds and went 10-21 while placing fourth in the Southern California Championships... Qualified for the state championships, but was eliminated on the first day... Won the championship of the Cerritos Tournament at 174 pounds..... North Torrance HS: Was coached in high school by current Falcon head coach Don Garriott... Placed second in the Ocean League as a junior and senior... Helped

team to win the league title... Most memorable moment was when he won a tournament and placed third in the Tournament of Champions... **Personal:** Would like to transfer to San Diego State University... Has an uncle who played football in high school... Enjoys going to the beach in his spare time... Has two siblings – Sung (22) and Lena (14)... Is the son of Young Choi... Born in Gardena, CA on August 23, 1988.....
Favorite Food: Rice
Favorite TV Show: “Cops”
Favorite Book: “Fast Food Nation”



KYLE CUMMINS
 FRESHMAN
 MAYFAIR HIGH SCHOOL (2007)
 HT: 5-11 WT: 154
 MAJOR: UNDECIDED

Mayfair HS: Spent four years on the wrestling team and one season on the baseball team... Came in second place in the Suburban League Championships as a senior.....
Personal: Would like to transfer to Cal State Long Beach and study to be an aerospace engineer... Has uncles that were on the wrestling and baseball teams in high school... Has two siblings – Kevin (16) and Katie (13)... Is the son of Cal and Kathy Cummins... Born in Long Beach, CA.....
Favorite Athlete: Albert Pujols
Favorite Movie: “300”
Favorite Book: “Deception Point”



DANIEL DAVIS
 FRESHMAN
 BUENA PARK HIGH SCHOOL (2007)
 HT: 5-7 WT: 165
 MAJOR: ADMINISTRATION OF JUSTICE

Buena Park HS: Missed his senior year due to an injury... Was a 1st Team All-Freeway League selection as a junior and posted a 34-7 record... Earned 2nd Team all-league honors as a sophomore.....
Personal: Would like to transfer to Cal State Fullerton and aspires to be a sheriff... Grandfather was a professional boxer in Mexico... Nicknamed “Fluffer”... Has three siblings – April (21), Alex (19) and Joseph (15)... Is the son of Anthony and Alma Davis... Born in Lynwood, CA on July 12, 1987.....


Favorite Athlete: John Smith
Favorite Movie: “300” & “Troy”
Favorite Food: Fish sticks
Favorite TV Show: “Scarred”



SPENCER DETTELBACH
 FRESHMAN
 REDONDO UNION HIGH SCHOOL
 (2007)
 HT: 5-10 WT: 149
 MAJOR: ANIMAL SCIENCES

Redondo Union HS: Won the Bay League championship as a senior and posted a 30-10 record... Named 1st Team All-CIF and 1st Team All-Area... Went 23-15 as a junior and placed third in the league championships... As a sophomore on the junior varsity team, he placed second in the league championships and had a 19-18 record... Also spent a season on the baseball team.....
Personal: Most memorable moment was when he won a CIF tournament match in overtime


and recorded a takedown with 20 seconds left... Is also working on a minor in Spanish and would like to transfer to New Your University... Aspires to be a veterinarian... Likes to play golf in his spare time... Has three sisters – Allison (15), Abigail (9) and Tessa (6)... Is the son of Alan and Maggie Dettelbach... Born in Hermosa Beach, CA on September 10, 1989.....
Favorite Athlete: Derek Jeter
Favorite Movie: “Black Hawk Down”
Favorite Food: Flank Steak and Pirogues
Favorite TV Show: “24”
Favorite Book: “Term Limits”

DEAN DUTZY
 SOPHOMORE
 WEST TORRANCE HIGH SCHOOL
 (2006)
 HT: 5-8 WT: 160
 MAJOR: UNDECIDED

Cerritos (2006): Went 1-3 at 149 pounds last season and 2-3 at 157 pounds.....
West Torrance HS: Spent four years on the wrestling team and three on the football team... Helped the wrestling team to a second place finish in the Ocean League... Earned the Coaches Award as a freshman and sophomore, while he picked up the Most Inspirational Award as a freshman... Went 4-0 as a senior after posting a 25-15 record his junior season... While on the football team, he was an All-League selection as a defensive back...


Personal: Most memorable moment was his win against South Torrance High that secured his team's win... Aspires to be a Swat officer... Likes to work out in his spare time... Has two brothers – Steven (26) and Dustin (21)... Is the son of Elizabeth Marquez... Born in Santa Monica, CA on January 23, 1988.....
Favorite Athlete: Brian Urlacher
Favorite Movie: "Old School"
Favorite Food: Sandwiches
Favorite TV Show: "South Park"
Favorite Book: "Animal Farm"



JUAN ENRIQUEZ
 FRESHMAN
 JOHN GLENN HIGH SCHOOL (2007)
 HT: 6-0 WT: 285
 MAJOR: UNDECIDED

John Glenn HS: Was a two-time Suburban League champion... As a senior, he was named the league Most Valuable Player, while winning the CIF Championship... Placed seventh in the Masters Meet and qualified for the state championships... Named the Press Telegram Wrestler of the Year... Posted a 44-5 record as a senior... Spent three years on the wrestling and football teams....
Personal: Most memorable moment was winning the CIF Championship... Likes to go camping in his spare time... Has

two siblings – Karia (13) and Ricky (8)... Is the son of Jose and Esther Enriquez... Born in Artesia, CA on November 17, 1989.....
Favorite Food: Tacos
Favorite Movie: "Full Metal Jacket"
Favorite TV Show: "The Simpsons"



ERNIE GARCIA
 FRESHMAN
 SANTA FE HIGH SCHOOL (2005)
 HT: 5-5 WT: 135
 MAJOR: UNDECIDED

Santa Fe HS: Placed second in the CIF Championships as a senior and then went on to come in sixth place at the Maters Meet... Split his four matches at the state championships... Finished in fourth place in the CIF Championships as a junior... Spent four years on the wrestling team.....
Personal: Most memorable moment was competing in the state championships... Would like to transfer to Cal State Long Beach... Likes to work out in his spare time... Has three siblings

– Robert (24), Sophia (23) and Elaine (22)... Is the son of Robert and Mary Garcia... Born in Los Alamitos, CA.....
Favorite TV Show: "Family Guy"
Favorite Movie: "Derailed"
Favorite Food: Mexican
Favorite Book: "The Bible"



BRONSON GERL
 FRESHMAN
 CALVERY CHAPEL HIGH SCHOOL
 (2007)
 HT: 5-8 WT: 164
 MAJOR: UNDECIDED

Calvary Chapel HS: Won the San Gabriel Valley League championship as a senior after recording a 40-8 record with 81 takedowns... Placed fifth in the CIF Championships and went 3-2 at the Masters Meet... Was the league's runner-up as a junior and split his four CIF Championship matches... Posted a 33-13 record that season with 40 takedowns...
Personal: Most memorable moment was his fifth place finish at the CIF Championships and posting a 40-8 record

as a senior... Is working on minors in math and English and aspires to be an attorney... Likes to lift weights in his spare time... Has seven siblings – Caleb (16), Bradford (14), Jeremiah (12), Wyatt (10), Jewell (10), Grace (6) and Cosette (2)... Is the son of Tom and Janene Gerl... Born in Georgia on October 21, 1988.....
Favorite Athlete: Walter Payton
Favorite Movie: "The Hulk"
Favorite Food: Steak



JOSHUA GOODMAN
 FRESHMAN
 ARTESIA HIGH SCHOOL (2006)
 HT: 5-9 WT: 145
 MAJOR: UNDECIDED

Artesia HS: Spent four seasons on the wrestling team and two on the baseball team... Also spent a year on the football and baseball teams.....
Personal: Most memorable moment was when he defeated an Arizona place-winner at a tournament in New Mexico... Likes to play all sports in his spare time... Born in Paramount, CA on March 10, 1988.....
Favorite Athlete: Bo Jackson
Favorite Food: Everything



GARRETT GURROLA
 FRESHMAN
 NORTH TORRANCE HIGH SCHOOL (2007)
 HT: 6-2 WT: 152
 MAJOR: UNDECIDED

North Torrance HS: Was a three-time Ocean League champion and qualified for the CIF Championships three straight years... Reached the finals as a senior and went on to place sixth in the Masters Meet and qualified for the State Championships... Posted a 42-7 record as a senior after he went 40-11 as a junior and 31-20 his sophomore season... Was coached by current Falcon head coach Don Garriott.....
Personal: Most memorable moment was when he recorded a pin to advance to the state championships... His brother, Brett (19), was also on the wrestling team... Has three other siblings – Jordan (11), Gemma (9) and Grace (2)... Likes to sleep in his spare time... Nicknamed “Opie”... Is the son of Rick and Mary Gurrola... Bon in Long Beach, CA.....
Favorite Athlete: Don Garriott
Favorite Movie: “Stand By Me”
Favorite Food: Ice Cream
Favorite TV Show: “Family Guy”
Favorite Book: “Where the Red Fern Grows”



ADAM HASE
 FRESHMAN
 LONG BEACH MILLIKAN HIGH SCHOOL (2005)
 HT: 6-0 WT: 195
 MAJOR: UNDECIDED


Long Beach Millikan HS: Attended Golden West College and Long Beach City College out of high school, but did not wrestle... Was a two-time Press Telegram Dream Team selection... Named his team’s Most Outstanding Athlete as a senior and set two school records... Team won the CIF Championship his sophomore and junior seasons... Posted a 53-6 record as a senior after going 42-14 as a junior... Was 31-0 his sophomore season... Also played one season on the baseball team.....

Personal: Would like to transfer to Cal State Fullerton... Aspires to be a fire fighter... Likes to work out in his spare time... Has one brother – Ryan (28)... Is the son of Jack and Christine Hase... Born in Long Beach, CA on January 27, 1987.....
Favorite Athlete: Jim Edmonds
Favorite Movie: “Grandma’s Boy”
Favorite Food: Cheeseburgers
Favorite TV Show: “That 70’s Show”



NATHAN HEDRICK
 FRESHMAN
 NORWALK HIGH SCHOOL (2007)
 HT: 5-9 WT: 265
 MAJOR: HISTORY


Norwalk HS: Spent three seasons on the wrestling team... Had a 30-10 record as a senior and placed fourth in the Suburban League championships.....
Personal: Is working on a minor in theatre and aspires to be a teacher... Likes to play the guitar in his spare time... Has two siblings – Greg (16) and Alisha (12)... Is the son of Richard and Linda Hedrick... Born in Lakewood, CA on March 27, 1989.....
Favorite Food: Everything
Favorite Movie: “The Godfather”
Favorite TV Show: “The Bible”

SHEA KENDIG
FRESHMAN
TORRANCE HIGH SCHOOL (2006)
HT: 5-11 WT: 180
MAJOR: UNDECIDED

Cerritos (2006): Served as a red-shirt...
Torrance HS: Posted a 29-10 record as a senior after finishing with a 20-9 mark in his junior season... Was his team's captain both years...
Personal: Would like to transfer to Grand Canyon (AZ) University... Father played minor league baseball in the Los Angeles Dodgers organization... Enjoys off-road racing in his spare time... Has three siblings – Ashley (16), Alex (11) and Curtis (5)... Is the son of Jim and Jacki Kendig... Born in Harbor City, CA

on October 10, 1988....
Favorite Movie: "Grandma's Boy"
Favorite TV Show: "Girls Next Door"
Favorite Food: Anything



AL KINSLOW
SOPHOMORE
SANTA MONICA HIGH SCHOOL (2005)
HT: 6-3 WT: 220
MAJOR: EDUCATION

Cerritos (2006): Placed eighth at the State Championships at 197 pounds after coming in fourth place at the Southern California Regionals... Named 1st Team All-South Coast Conference... Posted a 21-15 record on the season... Competed late in the season with a variety of injuries... Took second place at the Cuesta Tournament...
Santa Monica HS: Spent three seasons on the wrestling team... Was a two-time 1st Team All-Bay League selection... Posted a 43-12 record as a senior... Team won the league championship his junior and senior seasons...
Personal: Would like to transfer to San Francisco State University... Aspires to be a firefighter... Likes to wrestle in his spare time... Nicknamed "Caveman"... Has two siblings – Florence (21) and Alexandria (9)... Is the son of Gabrielle Kinslow... Born in Lebanon on September 14, 1987....
Favorite Athlete: Luke Santos
Favorite Movie: "Borat"
Favorite Food: Anything



MICHAEL KOEHNLEIN
FRESHMAN
MARINA HIGH SCHOOL (2006)
HT: 5-7 WT: 145
MAJOR: ELECTRICAL ENGINEERING


Marina HS: Qualified for the state championships as a junior and senior... Posted a 51-6 record as a senior...
Personal: Would like to transfer to Cal State Fullerton or any other local Division I school... Aspires to work for NASA... Likes to go surfing and snowboarding in his spare time... Nicknamed "Scrappy"... Has three siblings – Vikki (23), Cole (7) and Becky (5)... Is the son of Matt Koehnlein... Born in Norwalk, CA on March 19, 1988....
Favorite Athlete:

Dustin Schlatter
Favorite Movie: "Forrest Gump"
Favorite Food: Steak
Favorite TV Show: The History Channel
Favorite Book: "Harry Potter"



MICHAEL KROPPMANN
FRESHMAN
CLEAR LAKE HIGH SCHOOL (2007)
HT: 5-11 WT: 180
MAJOR: CRIMINAL JUSTICE

Clear Lake HS: High school is located north of San Francisco... Was a two-time Coastal Mountain Conference champion... Posted a 42-6 record as a senior, while being named the All-Redwood Empire Most Valuable Player... Was ranked in the top 20 in the state... Also posted the fastest pin... Had a 36-8 record his junior season... Also spent two seasons on the football team and was a two time all-league, All-Redwood Empire and All-County selection....
Personal: Most memorable moment was his 18-3 win that qualified him for the state tournament... Would like to transfer to Cal State Long Beach and aspires to be a California Highway Patrolman... Likes to go surfing in his spare time... Nicknamed "Mike"... Has one brother – Jonathan (15)... Is the son of Greg and Brenda Kroppmann... Born in Redondo Beach, CA on December 17, 1988....
Favorite Athlete: LaDanian Tomlinson
Favorite Movie: "Chuck and Larry"
Favorite Food: Subway
Favorite TV Show: "Family Guy"
Favorite Book: "Harry Potter"

RICHARD LYON
FRESHMAN
SHEPHERD (MD) HIGH SCHOOL (2004)
HT: 5-8 WT: 140
MAJOR: UNDECIDED

Central Michigan University: Served as a red-shirt...
Shepherd (MI) HS: Went undefeated his last two years, posting a 102-0 record... As a senior, he was named an All-American at the Nationals Tournament, while he won the state championship for the third year in a row... Was also a four-time league champion... As a sophomore, he went 54-3 and helped his team to a fourth place finish at the state championships... Posted a 48-10 record as a freshman and came in seventh place at the state


championships, with his team coming in second place....
Personal: Nicknamed "Paulie"... Has seven siblings – Nathan (29), Jesse (27), Steven (25), Danny (23), Phil (19), Chris (16) and Brennan (16)... Born in Maryland on August 29, 1986....



MICHAEL MEHEGAN
FRESHMAN
WEST TORRANCE HIGH SCHOOL (2006)
HT: 5-10 WT: 190
MAJOR: ADMINISTRATION OF JUSTICE

West Torrance HS: Attended El Camino College out of high school, but they don't have a wrestling team... Was a three-time Bay League champion and earned 1st Team All-Area honors as a senior... Posted a 39-11 record... Placed fifth at the CIF Championships... As a freshman, he was named the junior varsity team's Wrestler of the Year... Also spent three years on the baseball team and helped them to two league titles... Named the team's MVP as a freshman....


Personal: Most memorable moment was coming in fifth place at the CIF Championships and qualifying for the Masters Meet... Would like to transfer to either Cal State Long Beach or UC Davis... Aspires to be a police officer... Likes to work out in his spare time... Nicknamed "Bulldog"... Is the son of Matt Mehegan and Laura Patti... Born in Torrance, CA on August 8, 1988....
Favorite Athlete: Matt Hughes
Favorite TV Show: "South Park"
Favorite Food: Everything
Favorite Book: "A Fighting Heart"



BRYAN MESINAS
SOPHOMORE
SANTA FE HIGH SCHOOL (2006)
HT: 5-7 WT: 185
MAJOR: MATH

Cerritos (2006): Went 0-2 at 157 pounds last season....
Santa Fe HS: Placed second in the Del Rio League as a senior and went 19-17... Spent two years on the wrestling team and one each on the football and cross country teams...
Personal: Would like to transfer to San Francisco State University... Is studying to be a math teacher... Likes to play games in his spare time... Nicknamed "Byron"... Has three siblings – Omar (25), Chris (20) and Bianca (17... Is the son of Sadot

and Bianca Mesinas... Born in Torrance, CA on November 16, 1988....
Favorite Athlete: Dan Gable
Favorite Movie: "Count of Monte Cristo"
Favorite Food: Pizza
Favorite TV Show: "Seinfeld"
Favorite Book: "Fahrenheit 451"



ANDRE PITTS
HERMITAGE (VA) HIGH SCHOOL (2005)
HT: 5-8 WT: 165
MAJOR: PHYSICAL EDUCATION

Manatee (FL) Community College: Attended the college out of high school, but did not participate in any sports....
Hermitage (VA) HS: Posted a 28-12 record as a senior and picked up the Most Improved Player Award... In addition to being on the wrestling team, he was also a member of the football and track and field teams....
Personal: Most memorable moment was his major decision at the Richmond Invitational and when he posted a win against their rival Lee Davis High to win the

match... Would like to transfer to either Cal State Fullerton or UC Irvine... His father wrestled in high school, while his sister, Nina (19), played soccer in high school... Has one other sister – Chantal (25)... Likes to go to the beach, hang out with his friends and play sports in his spare time... Nicknamed "Dre"... Is the son of Frank and Christina Pitts... Born in Petersburg, VA on February 4, 1987....
Favorite Athlete: Michael Vick
Favorite Movie: "Men of Honor"
Favorite Food: Pizza
Favorite TV Show: "King of the Hill"
Favorite Book: "Tom Sawyer"



KEVIN RAYFORD

FRESHMAN

MARINA HIGH SCHOOL (2007)

HT: 5-11

WT: 150

MAJOR: HISTORY

Marina HS: Spent three seasons on the wrestling team... Placed third in the Sunset League as a senior, while posting a 23-11 record... Earned the Stacker Club Award... As a junior, he qualified for the CIF Championships after coming in second place in the league championships... Earned the team's Most Improved Wrestler and Most Promising Junior Awards... Also picked up the Chip Crutchfield Award, which is the highest awarded given out by the team... Was the team's Most Improved

Wrestler as a sophomore and posted a 13-13 record... Placed third in the league championships as a freshman and earned the Most Improved Wrestler Award... Also spent two seasons on the track and field team and competed in four events....

Personal: Most memorable moment was when he ran a leg of the shuttle hurdles team that set a new school record at the Arcadia Nationals and when he posted a time of 15.7 in the 110-yard hurdles against Newport Harbor High... Is working on a minor in theatre and would like to transfer to UCLA... Is studying to be either a history teacher or a filmmaker... All three of his brothers competed in sports in high school... Likes to make films in his spare time... Has five siblings – Willie III (23), Torion (21), Tarik (14), Erin (10) and Raven (5)... Is the son of Willie Rayford and Linda Irving... Born in Long Beach, CA on July 13, 1989....

Favorite Athlete: Ricky Hatton

Favorite Movie: "Layer Cake"

Favorite Food: Mexican

Favorite TV Show: "Colbert Report"

Favorite Book: "Crime & Punishment"



DAVID RAZO

SOPHOMORE

LA QUINTA HIGH SCHOOL (2005)

HT: 5-10

WT: 157

MAJOR: UNDECIDED

Cerritos (2006): Was a red-shirt....

Cerritos (2005): Posted a 10-15 record... Went 9-13 at 157 pounds and was 1-2 at 149 pounds... Came in fourth place at the Sacramento City Tournament at 157 pounds... Dropped to 149 pounds for the Southern California Championship and placed seventh...

La Quinta HS: Spent two seasons on the wrestling team in high school... Was a Desert League champion both seasons... Helped his team to the league championship both years... Qualified for

the state championships as a senior....

Personal: Has three siblings – Brianna (23), Josh (18) and Alex (16)... Is the son of David and Anna Razo... Born in Palm Springs, CA on February 11, 1987....

Favorite Movie: "Dumb & Dumber"

Favorite TV Show: "That 70's Show"

Favorite Food: Spaghetti



RYAN RICHARDS

FRESHMAN

EL SEGUNDO HIGH SCHOOL (2006)

HT: 5-5

WT: 135

MAJOR: UNDECIDED

Cerritos (2006): Was a red-shirt....

El Segundo HS: Spent four years on the wrestling team in high school... Named his team's Most Valuable Player as a junior and senior... Also earned the team's Most Dedicated Award his sophomore and junior years... Played baseball his freshman season...

Personal: Most memorable moment was when he beat a nationally-ranked wrestler, 8-3 at a tournament... Would like to transfer to Cal Poly San Luis Obispo... Father played baseball

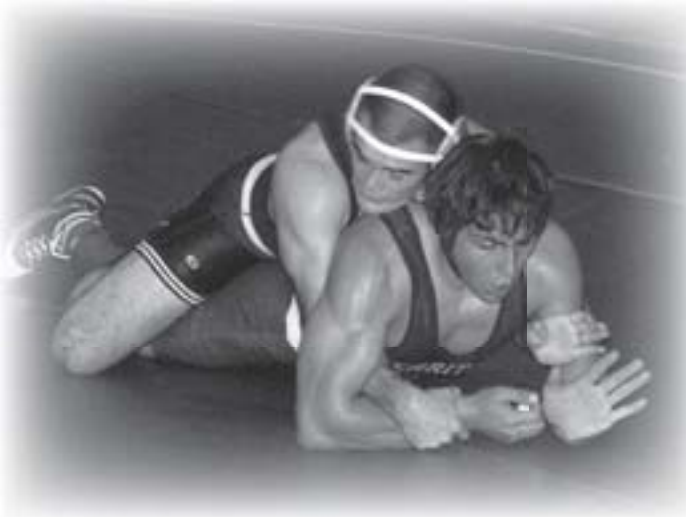
at Westchester High, while his brother Matt (21), played baseball at El Segundo High... Likes to skateboard in his spare time... Is the son of Robert and Nancy Richards... Born in Torrance, CA on July 10, 1988....

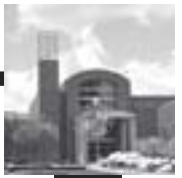

Favorite Athlete: Jason Carrillo

Favorite Movie: "Harry Potter"

Favorite Food: Rice Pudding

Favorite Book: "Harry Potter"



TONY RUIZ
 SOPHOMORE
 LOARA HIGH SCHOOL (2005)
 HT: 5-6 WT: 160
 MAJOR: COMMUNICATIONS

Cerritos (2006): Placed seventh at the State Championships and came in third place at the Southern California Regionals... Named 1st Team All-South Coast Conference at 149 pounds... Went 21-12 at 149 pounds and 4-4 at 157 pounds... Also placed second at the Came in second place at 149 pounds at the Cuesta Tournament and came in third place at the San Francisco State Tournament... Posted a fifth place finish at 157 pounds at the Sacramento City Tournament... Attended Golden West


College out of high school, but did not participate in sports...
Loara HS: Spent four years on the wrestling team... As a senior, he posted a 48-6 record and placed fifth in the state championships... Also came in second place at the Masters Meet after winning the CIF and Empire League championship... Named 1st Team All-Orange County and was voted his team's Most Valuable Player... Placed third in the CIF Championships as a junior and won the league title... Named his school's Sophomore of the Year and placed sixth in the CIF Championships that season... As a freshman, he placed second in the league championships...
Personal: Most memorable moments were when he reached the semi-finals of the state championships as a senior at 130 pounds and when he recorded an 18-1 technical fall win in the CIF championship match... Is working on a minor in business and would like to transfer to Arizona State University or UC Davis... Has two cousins who wrestled at Marina High and another who is wrestled at Loara High... Has three siblings – Christian (14), Adrain (12) and Angel (10)... Is the son of Stephen Smith and Rachael Ruiz... Born in Fountain Valley, CA on August 5, 1987....
Favorite Athlete: Eddie Ruiz
Favorite Movie: "Rocky"
Favorite Food: Sushi
Favorite Book: "The Alchemist"



JORDAN SERRANO
 SOPHOMORE
 NORTH TORRANCE HIGH SCHOOL (2006)
 HT: 6-0 WT: 175
 MAJOR: INDUSTRIAL ENGINEERING

Cerritos (2006): Went 6-10 at 157 pounds and 2-1 at 165 pounds last season...
North Torrance HS: Attended El Camino College out of high school, but they do not have a wrestling team... Spent four years on the wrestling team... Was coached by current Falcon head coach Don Garriott... Helped team to a second place finish in the CIF Dual Championships as a senior and posted a 37-7 record... Placed in several tournaments as a junior and went 20-3... Won the Ocean League championships

as a freshman and posted a 21-9 record...
Personal: Is working on a minor in teaching... Would like to transfer to Cal Poly San Luis Obispo and aspires to teach industrial arts... Nicknamed "The Champ"... Has one brother – Joe (21), who wrestled in high school and one sister, Cambria... Is the son of Joe and Ronna Serrano... Born in Torrance, CA on December 22, 1987....
Favorite Athlete: Dan Gable
Favorite Movie: "Vision Quest"
Favorite Food: Pizza
Favorite TV Show: "Lost"
Favorite Book: "Private Parts"



JUAN TEC
 FRESHMAN
 CHATSWORTH HIGH SCHOOL (2007)
 HT: 5-5 WT: 177
 MAJOR: HISTORY

Chatsworth HS: Named 2nd Team All-Area as a senior after posting a 33-11 record... Helped his team to a third place finish in the City Championships after coming in fourth place the previous two years... Went 16-6 as a junior and 16-14 his sophomore year... As a sophomore on junior varsity football team, he helped them to a 7-3 record... Also spent a season on the cross country team....
Personal: Is working on a minor in math and would like to study abroad in either England or Spain...

Aspires to be a historian or scientist... Nicknamed "Tec"... Has one sister, Angela (15)... Is the son of Tomas and Elsa Tec... Born in Los Angeles, CA on July 2, 1989....
Favorite Athlete: Lionel Messi
Favorite Movie: "Back to the Future"
Favorite Food: Chili's Restaurant
Favorite TV Show: "Most Extreme"
Favorite Book: "Smack"





PHONG TRAN

FRESHMAN

WESTMINSTER HIGH SCHOOL (2003)

HT: 6-4 WT: 145

MAJOR: BIOLOGY

Westminster HS:

Attended Golden West College out of high school, but did not wrestle... Spent four years on the wrestling team and two on the football team... Placed third in the CIF Championships as a senior and posted a 40-5 record.....

Personal: Is working on a minor in math and would like to transfer to either UCLA or UC Berkeley... Aspires to be a doctor... Likes to play the guitar in his spare time... Nicknamed "Kenny"... Born in Vietnam.....
Favorite Athlete: Nam Phan

Favorite TV Show: "The Simpsons"
Favorite Food: Sushi & Pho
Favorite Book: "Count of Monte Cristo"



BENJAMIN YASUTOMI

FRESHMAN

FOUNTAIN VALLEY HIGH SCHOOL (2005)

HT: 5-2 WT: 160

MAJOR: HISTORY

Cerritos (2005): Was a red-shirt...
Cerritos (2006): Did not see any action...
Fountain Valley HS: Was a two-time CIF qualifier... Posted a 27-15 record as a senior after compiling a 26-21 mark his junior year... Placed third in the Sunset League championships as a junior... Spent four years on the wrestling team...

Personal: Is the cousin of Eugene Yasutomi, who won the state championship for the Falcons in 2004 at 125 pounds... Also related to former Falcon wrestler Scott Oda... Would like to transfer to UC Irvine, Cal State Fullerton or UCLA... Is studying to be a history teacher... Likes to sleep in his spare time... Nicknamed "Ben"... Is the son of Yoshiaki Yasutomi... Born in Orange, CA on January 7, 1987.....

Favorite Athlete: Ichiro Suzuki
Favorite Movie: "Grandma's Boy"
Favorite Food: In-N-Out
Favorite Book: "The DaVinci Code"



ANDREW YU

FRESHMAN

CERRITOS HIGH SCHOOL (2007)

HT: 5-3 WT: 137

MAJOR: UNDECIDED

Cerritos HS:

Was voted his team's Most Valuable Player three years in a row... Won the Suburban League championship his senior year... Posted a 42-7 record as a senior... Also played on the football team.....

Personal: Most memorable moment was qualifying for the state championships... Would like to transfer to either USC or UCLA... Likes to wrestle in his spare time... Has one brother, Paul (22), who also wrestled in high school... Nicknamed "Ayu"... Is the son of David and Marie Yu... Born in Los Angeles, CA

on December 13, 1988.....
Favorite Athlete: John Smith
Favorite Movie: "Gladiator"
Favorite Food: Filet Mignon
Favorite Book: "King of the Hill"

