

Bachelor of Science in Dental Hygiene

The Bachelor of Science in Dental Hygiene is a two-part program that begins each Fall. The application for Fall will be open from February 1st to March 1st of the perspective year.

PART I: Lower Division Coursework

The bachelor's degree requires completion of one of the following general education patterns prior to applying for the program:

- Intersegmental General Education Transfer Curriculum (IGETC)
- CSU General Education Breadth Requirement
- Cerritos College General Education Curriculum (CGEC)
- CalGETC

1. Completion of the following science prerequisite courses with a 5-year recency and an overall GPA of 3.0. General education courses must have a minimal GPA of 2.5.

Note: 5-year recency is an academic year. Example: if you took Anatomy in Fall 2025 it is accepted until Fall 2030. Pass/No Pass or Credit classes are not considered.

- **Human Anatomy** - A&P 200 with wet lab 5 units
OR A&P 150 Introduction to Human Anatomy with wet lab 4 units
- **Human Physiology** - A&P 201 with wet lab 5 units
OR A&P 151 Introduction to Human Physiology with wet lab 4 units
- **Inorganic Chemistry with wet lab** - CHEM 100 4 units
or Elementary Chemistry with wet lab - Chem 110 4 units
- **Biochemistry or Organic Chemistry with Biochemistry with wet lab** 4-5 units **Note:** Our institution does not offer a one-semester Biochemistry or combined Organic Chemistry with Biochemistry course. Students will need to take this course at another accredited institution.
- **Nutrition** - HO 152 Normal and Therapeutic Nutrition 3 units
- **Microbiology** - MICR 200 with wet lab 5 units

The acceptance of college work previously completed is at the discretion of Cerritos College and the Dental Hygiene department. Factors such as elapsed time since the course was completed and grades will be used in determining whether a previously completed course can be accepted towards fulfillment of the graduation requirement. Five years is the maximum elapsed time for the required science courses.

It is the student's responsibility to verify equivalent prerequisites, and other courses required in the program. If not presently enrolled in courses at Cerritos College, individuals may apply for admission to the college at the Admissions and Records Office in the Administration building or online at www.cerritos.edu. Applicants will be assigned a student number which will be needed to make an appointment with a counselor, attend a "Drop In" session with a counselor or make an appointment with a Health Sciences & Wellness Learning & Career Pathway (LCP) counselor.

A valid CPR certification in Basic Life Support (BLS) is required prior to enrolling in the Dental Hygiene Program and must be kept current. The requirement for CPR certification in Basic Life Support can be met by completion of either: an American Heart Association (AHA) or American Red Cross (ARC) course in Basic Life Support or a Basic Life Support course taught by a provider approved by the American Dental Association's Continuing Education Recognition Program

(CERP) or the Academy of General Dentistry's Program Approval for Continuing Education (PACE).

Prerequisite Coursework

All prerequisite courses must be passed with a "C" or better. A minimum science GPA of 3.0 and an overall GPA of 2.5 is required.

Course	Units
CHEM 100 Introductory Chemistry with wet lab or Chem 110 Elementary Chemistry with wet lab	4
<u>Biochemistry or Organic Chemistry with Biochemistry with wet lab</u>	<u>4-5</u>
ENGL C1000 Academic Reading and Writing	4
ENGL C1000E Academic Reading and Writing	(4.5)
STAT C1000 Introduction to Statistics	4
OR STAT C1000E-Introduction to Statistics	(4.5)
OR PSYC 210 Elementary Statistics	(4)
OR ECON 210 Applied Introductory Statistics for Economics	(4)
A&P 200 Human Anatomy with wet lab	5
OR A&P 150 Introduction to Human Anatomy with wet lab	(5)
READ 103 Critical Thinking and Academic Literacy	3
ENGL C1001 Critical Thinking and Writing	(4)
OR ENGL C1003 Critical Thinking and Writing Through literature	(4)
OR COMM 103 Argumentation, Persuasion, and Critical Thinking	(4)
OR PHIL 103 Philosophical Reasoning: Critical Thinking in Philosophy	(3)
OR PSYC 103 Critical Thinking in Psychology	(3)
COMM 100 Introduction to Communication Studies	3
OR COMM C1004 Interpersonal Communication	(3)
OR COMM C1000 Introduction to Public Speaking	(3)
OR COMM 132 Small Group Communication	(3)
A&P 201 Human Physiology with wet lab	5
OR A&P 151 Introduction to Human Physiology with wet lab	(4)
PSYC C1000 Introduction to Psychology	3
SOCIC Introductory Sociology Principles	3
MICR 200 Principles and Applications of Microbiology with wet lab	5
HO 152 Normal and Therapeutic Nutrition	3
American History or American Government (only if using CSU GE Breadth Plan)	3
Ethic Studies	3
Arts and Humanities	9
Total Prerequisite Coursework	54-57

PART II: Upper Division Coursework

After applying AND being accepted to the Dental Hygiene program, there will be two years of *upper division* dental hygiene major coursework and general education courses, which includes one summer session.

Once enrolled into the Bachelor of Science in Dental Hygiene Program, dental hygiene major curriculum is planned sequentially, and students are required to maintain a grade of "C" or higher in each dental hygiene and dental education course to progress in the program. Courses are designed to prepare the student to successfully complete program competencies. The program requires the student to take as many as seven courses during any one

semester. Consequently, commitment to a rigorous study schedule is imperative. Grade requirements of the college must be met for all courses.

Course	Units
First Semester	
DH 310 Preventive Dentistry I	2
DH 311 Infection Control and Dental Office Emergencies	2
DH 312 Dental Hygiene Radiology	2
DH 315 Dental Hygiene Clinical Sciences I	2
DH 315C Pre-Clinical Dental Hygiene I	2
DH 316 Head & Neck Anatomy	2
DH 319 Dental Embryology, Histology, & Anatomy	2
Second Semester	
DH 320 Preventive Dentistry II	2
DH 325 Dental Hygiene Clinical Sciences II	2
DH 325C Clinical Dental Hygiene II	3
DH 326 General and Oral Pathology	3
DH 328 Management of Pain	2
DH 329 Applied Periodontics	2
PHAR 327 Principles of Pharmacology	3
Summer	
DH 350 Clinical Dental Hygiene IIA	1
COMM 320 Intercultural Communication	3
Third Semester	
DH 432L Dental Materials	3
DH 434 Dental Care for the Special Patient	2
DH 435 Dental Hygiene Clinical Sciences III	2
DH 435C Clinical Dental Hygiene III	4
DH 438L Community Outreach I	2
DH 439 Dental Hygiene Biostats & Research	2
Fourth Semester	
DH 444 Ethical and Legal Practices	2
DH 445 Dental Hygiene Clinical Sciences IV	2
DH 445C Clinical Dental Hygiene IV	4
DH 448L Community Outreach II	2
DH 449 Principles of Community Oral Health	2
PSY 410 Advanced Statistics	4
Total Major Coursework	66
Total Bachelor's Degree Coursework	120-123

Considerations before Applying

Before you apply, please consider the following information regarding the field of dental hygiene. We believe in providing you with comprehensive information about the dental health

profession of dental hygiene to help you make an informed decision about your career path.

Potential Exposure to Contagious Diseases and Bloodborne Pathogens

In the course of performing dental hygiene duties, you will come into contact with bodily fluids, including blood, and various contagious diseases. This exposure is an inherent part of the profession, and it is crucial to understand the work environment of the career that you have chosen, and the measures that must be taken to protect yourself and others.

Here are some key points to consider:

1. **Infection Control Protocols:** Our program adheres to strict infection control protocols recommended by health authorities. These protocols include the use of personal protective equipment (PPE), proper sterilization and disinfection procedures, and vaccination requirements.
2. **Education and Training:** You will receive comprehensive education and training on infection control measures and best practices to minimize the risk of exposure. This includes learning about proper hand hygiene, use of barriers (such as gloves and masks), and the correct handling and disposal of potentially infectious materials.
3. **Immunizations:** As a dental health professional, certain immunizations may be required to protect you and those around you from preventable diseases. Our program will provide guidance on recommended vaccinations.
4. **Health and Safety:** Our commitment to your health and safety extends beyond the classroom. We have established protocols for managing exposure incidents, should they occur, and we provide ongoing support to ensure your well-being.

Dental Hygiene Student Life

The dental hygiene program is full time and requires many classroom hours, multiple exams in the same week, many projects, time consuming assignments, financial commitment, and significant outside studying time. You will have as many as seven (7) classes at once that require organization, focus, and attention.

1. The first semester is held on the Cerritos Campus and is filled with practical “hands on” lab classes held generally from 8:00 am-5:00 pm on Mondays, Wednesdays, and Fridays. Tuesday and Thursdays consist of lecture classes from 8:00 am to possibly 9:00 pm, from one (1) to three (3) hours each. It is recommended to commit 2-3 hours of study time for each hour of class.

Example: if you have a 2-hour class, you should study 4-6 hours for that class.

2. Summer session is a 4–6-week clinical rotation at outside clinics **and** an additional general education class.
3. Semesters two, three and four will be filled with hands-on clinical experience that requires driving to a variety of offsite dental clinics on Mondays, Wednesdays, and Fridays. These facilities are anywhere from 10-25 miles away from the Cerritos College campus and range from South Central Los Angeles, Downtown LA, El Monte, Pomona and Long Beach, to name a few. Tuesdays and Thursdays are filled with on-campus lecture classes from 8:00 am to 5:00 pm on select days and semesters. Some courses may be until 9:00 PM.
4. Due to the amount of offsite learning experience required, you must be prepared with

adequate transportation.

The schedule information above is a general overview of what is expected but is subject to change. Please be committed to the financial and personal demands of the program, any intense professional program will require your attention and dedication to be successful. Keeping this information in mind, please decide if this is a good choice for you now.

We believe that an informed decision is the foundation of a successful, rewarding, and happy educational experience, which leads to a fulfilling career.