



2025 Women's History Month

Women, Cookbooks, Activism

Maite Gomez-Rejón of ArtBites
in Collaboration with
Cerritos College Culinary Arts
Wednesday, March 5 | 9:30 - 10:45 a.m.
Conference Center

Maite Gomez-Rejón of ArtBites and co-host of the Hungry for History podcast, will present on how women in Mexico and the United States have used food in order to build community and shape culture throughout the centuries. In addition to recording recipes and documenting cooking traditions, cookbooks provide a window into a culture and time period, they create identity and often serve as a form of activism. Cerritos College Culinary Arts will generously provide a select tasting of some of these historical recipes.

Scan QR Code to RSVP



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