DOMESTIC VIOLENCE

Awareness Month

EMPOWER | EDUCATE | SUPPORT

Join us throughout October as we bring awareness to domestic violence, healthy relationships, prevention,advocacy, and survivor support.

All Students, Faculty, & Staff are Welcome!

OCTOBER 1, 2026
DVAM Tabling Event

Living Learning Center, Santa Barbara Building
10:00 AM -1:00 PM

Stop by our tabling event to learn about Domestic Violence Awareness Month, grab a program flyer of October events, and get connected to resources and support services available to students. We're here to help you, or someone you know.

OCTOBER 6, 2026
Healthy Relationships Workshop

Living Learning Center, Santa Barbara Building
12:00 PM -1:30 PM

Learn the foundations of healthy relationships and how they impact our daily lives. This workshop explores healthy boundaries, effective communication, and recognizing signs of unhealthy or abusive behaviors. Participants will gain tools to build stronger relationships with partners, family members, and friends. We will also discuss how early experiences can shape future relationship patterns.

OCTOBER 13, 2026
UndocuWeek of Action: U Visa Rights & Reporting Options

Living Learning Center, Santa Barbara Building
12:00 PM -1:30 PM

Stephany Ramos will partner with Chirla and Iveth from the UndocuAlly Program to discuss U Visa protections and reporting options available to undocumented survivors. Participants will learn about available rights, resources, and support services. The presentation will provide information in a safe and welcoming environment. Attendees will leave with a better understanding of survivor protections and community resources.

OCTOBER 14, 2026
The Intersection of Labor Trafficking and Domestic Violence

Living Learning Center, Santa Barbara Building
12:00 PM - 1:30 PM (Remote and In-Person)

This event will be held through TEAMS.

Meeting ID: 290 450 988 910 178
Passcode: p9At9eb7

This workshop examines the connection between labor trafficking and domestic violence. Participants will learn how power and control tactics can impact individuals both at home and in the workplace. The presentation will cover warning signs, risk factors, and barriers survivors may face when seeking help. Resources and support options will also be discussed.

OCTOBER 19, 2026
Self Defense Workshop Part II

Living Learning Center, Santa Barbara Building
12:00 PM - 1:30 PM

Registration required for this event (Space is limited)
To register: sramos@cerritos.edu

Build confidence and strengthen personal safety skills through this interactive self-defense workshop. Participants will learn practical techniques, situational awareness, and strategies for protecting themselves. The workshop encourages empowerment through education and preparedness.

OCTOBER 27, 2026
Bystander Intervention Training

12:00 PM -1:30 PM (Romote only)

This event will be held through TEAMS.

Meeting ID: 213 763 412 848 086
Passcode: Vy6G4L6f

Learn how to safely recognize and respond to situations that may place someone at risk. Participants will explore practical intervention strategies that promote safety and accountability. The training empowers individuals to support others while maintaining personal safety. Together, we can create a more caring and responsive campus community.

QUESTIONS?

Stephany Ramos, Confidential Campus Advocate
sramos@cerritos.edu

If you or someone you know needs support, resources are available . You are not alone.

CERRITOS COLLEGE

If disability accommodations (e.g. communications access, alternate formats) are needed to participate fully in this event, please submit your request at https:www.cerritos.edu/accommodations-request within 7 school days in advance of the event.