

CCRFA Matters



Cerritos College Retired Faculty Association



Every day you made a difference in your job. Imagine if you brought those same skills to helping others. To improving lives of people who didn't get your opportunities. Of saving lives. Of making change. Imagine . . .

Fall 2017

WELCOME TO THE CERRITOS COLLEGE RETIRED FACULTY ASSOCIATION

The Cerritos College Retired Faculty Association (CCRFA) is made up of retired faculty, counselors and administrators of Cerritos College. Our current membership numbers 110. However, we keep track of about 199 retired faculty. Our purpose is to meet socially, stay abreast of what is happening at Cerritos College and try to keep up with legislation being passed or considered in Sacramento affecting STRS and PERS retirees. We are not a political organization and do not lobby in Sacramento, leaving that job for the California Retired Teacher Association.

Palm Desert weekend, a Sunday at the beach, and also went for a cruise on the SS Lane Victory and attended a dinner/dance at the Huntington Harbour Yacht Club. Our newsletter is published twice a year and is made up entirely of letters received from our membership.

We meet twice a year at Cerritos College (on center stage in the Student Center) for lunch – usually in April and October. We try to have other social activities in between the April and October lunch meetings. We have organized a

We stand ready to assist faculty with their non-STRS questions about retirement. We also stand ready to help students planning to be teachers with scholarships. If you would like to contact CCRFA, please E-mail Jon Fults at: fults007@gmail.com. I will get in touch with you as soon as possible.



CERRITOS COLLEGE RETIRED FACULTY ASSOCIATION (CCRFA) TEACHER TRAC SCHOLARSHIP

Established by the Cerritos College Retired Faculty Association, this scholarship is awarded to a student newly admitted into the Teacher TRAC program and is based on letter of application, overall GPA, financial need, and school and community involvement.

You can make a donation to the scholarship fund by sending a check to:

Tom Jackson, Treasurer
11014 Hayford
Norwalk, CA 90650

Indicate CCRFA Scholarship Fund on the memo line of the check.



Colleen McKinley (Director, Educational Partnerships and Programs (r)) with Tanya Martin, recipient of the Teacher TRAC scholarship at our Spring 2017 luncheon.



Taps From the Gavel by John Fults



I want to thank our membership for supporting not only our special scholarship fund for future educators, but sponsoring individual scholarship funds. We know the importance of obtaining a good education and we help students achieve their educational objectives.

Several retired faculty are being nominated to be in the Cerritos College Hall of Fame. They are very deserving and we look forward to seeing who will be selected for the 2018 Hall of Fame. It is a very nice ceremony (and dinner) and for the nominees an unforgettable moment.

Lois Jean and I recently attended a dedication ceremony for the new Computer Science building. We were particularly interested as Professor Emeritus James Woolever was honored when they named the entry to the building in his name. Having worked side-by-side with Jim for twenty-six years and watched his continued commitment to Cerritos College, this honor was well deserved.

I have not been successful getting all of the recent retirees to join CCRFA. If you know these individuals, tell them about our organization and encourage them to join. It is important you help on this as I have been retired twenty-four years and today's retirees don't even know who I am.

Hal Malkin spoke at our Spring meeting and had tons of tips on how to maintain your privacy, prevent computer fraud and stay safe. I was most interested in his remarks regarding social media and how after you are dead the information cannot be deleted or possibly not be accessible to your heirs. I think I understood that correctly. He suggested you might want to enlist the help of a "Digital Executor". He listed ten things this executor would do on your behalf. For those who don't use computers this is not a problem. For those who do not use social media or do not place personal files of consequence in the "cloud" this is not a problem. If you keep everything in your computer and backup and don't share it for the world to see this is not a problem. However your digital legacy goes much deeper than just using your computer for typical tasks that are not shared with the world. Someone needs to know your passwords for a myriad of devices or companies you deal with. For example, you may have a router, iPad, smartphone, bank accounts, online accounts and much more. They have passwords. You will want to have someone to deal with these when you are gone. Hal suggested you make a list of all your digital assets and how to access each one of them. Write instructions on how you want them handled. I want to thank Hal for making this presentation. Good advice.

When you move or change your E-mail address, please let me know by contacting fults007@gmail.com.



Arleen Myers said I have no real earth shattering news to write about. The month after our last meeting I flew up to Oregon to be with my family for Mothers' Day. It was wonderful to see the new great grandbaby again.

Here at home I had a good turnout for the pool exercise class I direct. It was a full summer of Luau's—five to be exact. Certainly one of the highlights of summer was attending the 90th birthday party of Lela Powers. Her three sons put on a wonderful luncheon in a lovely decorated room in Fullerton.

On the negative side it seems the termites have been having a banquet on my home. So I had to have it tented which meant bagging up a lot of items in my home. The fumigation is completed, but now I have to have a lot of repair work done. So much for having a home. Just in the past few weeks I flew up to Oregon because my daughter who has MS fell and broke her femur and the kneecap slid down behind it. She is doing well though and I am happy I went up to spend a week with her. Hope to see a lot of you at the meeting.



Oscar Littleton by Paul Henry

When I retired in 1982 the Faculty Association of Cerritos College held a banquet honoring the new retirees. One of the great strokes of luck in my life was sitting at the same table with Oscar Littleton who had retired the previous year. It was the beginning of a friendship that lasted until – well, I consider it's still a friendship. If you never knew Oscar Littleton your life is less because you missed your chance when he died in December of 2008.

Oscar and I were part of the tiny original faculty when there was no campus and classes were held at Artesia High School and Excelsior High School. Strangely, even though Oscar and I worked together for more than 30 years we barely knew each other. This was partly due to our classrooms being located at opposite ends of the campus.

I suppose most would consider it an unusual friendship in that we actually only saw each other five or six times in that twenty-six years, but we wrote hundreds of letters to each other. I had acquired a computer and wrote to him and he answered at first with a typewriter and then finally with a word processor. The number of letters varied each week but it was always constant even through personal tragedies. I like to think we supported each other when we each lived through the terrible experience of having our respective spouses die. I know he helped me.

A most unusual thing is that we rarely wrote about improving my language skills though there were times I asked for his advice and almost always received a kind explanation. I say "almost always" because I still can recall his writing in big bold letters, "Eye tee apostrophe ess means it is! That's all it means! That's all it ever means!" To this day I think of Oscar whenever I write "it's".

After a couple of years, in one of my letters, I made the suggestion that it might be nice to get together socially with some other retirees. Oscar took that and ran with it by having a meeting at his house in Long Beach. And thus the CCRFA was born.

Sometime back I visited my college in Massachusetts. When I attended it was a very small school but now it's huge. I happened to notice

several sections were named after people who taught there when I was a student. For example, the counseling center was called "The Roger Clark Counseling Center." When I was there Roger Clark was the counselor.

The other day I noticed the President of the United States getting ready to announce something and they said he was in "The Eisenhower Room"

I wonder if such a situation exists at Cerritos today. I know there is a Burnight Center and some of the athletic facilities have names but do other sections have names honoring special people? If not, or even if so, wouldn't it be great to have a building or at least a room honoring Oscar? The CCRFA dues could pay for a smallish plaque (Oscar was smallish in stature) on the door that said:

Oscar Littleton
CCRFA Founder

It probably should be brass instead of plastic because brass seems a little classier than plastic and, always being a classy guy, Oscar would have liked that.



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"You told me I invested enough money to enjoy a comfortable retirement. But my back aches, my knees hurt, I have leg cramps...YOU CALL THAT COMFORTABLE???"

Cerritos College Retired Faculty Association



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Donna Miller says it's been a fabulous 2017!! Retirement continues to be a complete and total joy and we've had lots of fun adventures this year.

In June, we did a family vacation in Kauai with grandparents and the twin grandkids (exhausting but all in a good way!), did a fun Carlsbad summer trip, saw Neil Diamond in San Diego, had a Las Vegas adventure in October and already have a very busy 2018 calendar.

I'm also happy to be doing numerous consultations with various community college Boards of Trustees through the Community College League of California service called League on Call. I miss being on the North Orange Board of Trustees but am happy to still be engaged with community colleges and we're loving our new home in Laguna Niguel.

Life is good and looking forward to seeing everyone at the October lunch!



Dr. Wilford Michael and Jean finished the year 2016 with wonderful Thanksgiving and Christmas celebrations with our family. We began 2017 looking forward to our Mall walks, church, Rotary and special events at Cerritos College.

This changed on March 18th when I fell and fractured a vertebrae in my neck. The neurosurgeon determined that it could heal without surgery and placed me in a neck brace which I wore for six weeks plus. It was successful and physical therapy and exercise have given me back much of the movement that I lost.

My being incapacitated gave my dear wife, Jean, a challenge also as she took over everything from appointments, 24-hour care of me, exercises for my neck, plus daily activities such as shopping, business matters, you name it, she did it. A real blessing!

For several weeks now we have been back to "almost normal" activities and look forward to the luncheon and visiting with friends of our Retired Faculty Association.



Hello to all my Cerritos friends,

Since we last communicated, the Chowen family got a wonderful chance to experience a real, all-inclusive trip to Tahiti. What a luxury... I'm spoiled forever! I got to check off another bucket list item while snorkeling with the manta rays in Bora Bora.

In November, Al and I participated in our annual Veterans' Day kayak trip on the Colorado River. This is a tradition we started ten years ago. Each trip is on a stretch on the Colorado between Lake Powell and Lake Havasu. We do about thirteen miles on each trip. Yes, it is a little chilly in November, but very exhilarating.

Our latest adventure was a trip to Truckee for a family reunion in September. We pumped up our inflatable rafts for a quick trip down the Truckee River. All four boats were ready to go when the sky exploded with lightning, thunder and gigantic hail. We adjourned to a local restaurant and had a great reunion.

The rest of our year has been spent taking care of much-needed repairs to the family casa. I got to babysit with my six month old grandson, Hudson, which was a long-awaited experience.

It was much easier taking care of such an infant when I was not seventy years old!
See you soon.

Judi Chowen

Cerritos College Retired Faculty Association



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Lynda Roberts says she has been very busy this year. I visited my daughter and her husband and my four year old grandson who are living in Germany for two years. He is in a wonderful preschool, it is a Catholic School and based on the Reggio Emilia curriculum that we use at our center on campus. I was able to do some musical activities with his class.

I have also joined the Long Beach Assistance League where all the programs benefit Long Beach School Children. We have a thrift shop, an Orthodontic clinic, school uniform shop, tutoring, and many more activities that support parents and children in Long Beach.

I continue to help my daughter with her class teaching PE and helping on field trips. I still play volleyball, tennis and golf on a weekly basis. Our family still does beach camping in the summer and lots of birthday celebrations throughout the year. I am so glad I am able to attend the meeting this year.



I'm so pleased to be a member of CCRFA and have this opportunity to reconnect with my friends and colleagues at Cerritos.

Although I left the college in 1987, Cerritos has always held a special place in my heart. I met my wife Kathy at the college and two of our three children attended the child development center. At the meeting last fall, Lee Westerlin spoke so eloquently about how the faculty and staff impact the lives of our students. I can say that you have also had a big impact on the people, like me, who entered the community college profession at Cerritos.

My years at Cerritos had a profound affect on my life and were responsible for my future career choices. I retired last year after 35 years in the California Community Colleges and in that time I worked with many former Cerritos administrators (Lisa Sugimoto, Erlinda Martinez, Linda Rose and Peter Hardash) who, like me, were deeply influenced and appreciative of their years at this great college.

Kathy and I live in Fullerton and love to travel and spend time with our three children and five grandchildren. For the last 17 years I have been on

the board of directors of SchoolsFirst Federal Credit Union and have enjoyed being part of an organization that does so much to support educators.

I can also share that the Cerritos experience at the child development center must have made a deep impression on our daughter Amber. She is a faculty member at Folsom Lake Community College teaching child development.

Regards,

John Didion



Hy Finkelstein reports that Lola and I have been continuing with our volunteering with the Orange Police Dept. We attended all the sessions of the Citizen's Police Academy which included learning all about the police and their duties and functions, without us having to do the physical stuff. It was quite illuminating. I also obtained my Amateur Radio License, so I am an official HAM!

Then in the summer we went on another camping trip. This time we took our special needs granddaughter with us for her first road trip. Although there were some expected problems, it worked out well. Besides visiting with wonderful friends and family, we also saw: Pinnacles National Park (giant condors)...San Francisco Maritime State Historical Park Walked across Golden Gate Bridge.... California's Old Faithful Geyser....California's Petrified Forest.... Ferndale (a historical Victorian town) World's largest totem pole....California Coastal Redwoods (giant trees)...Great Cats World Park....PT 658 (last functioning motor torpedo boat from WW2)...Lake Shasta....Shasta Lake Caverns

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Joan Licari writes that the past few months have included some of the hard times and some good times. My husband, Jerry passed away in August of congestive heart failure that he had been suffering from for about 15 years. We had been married 59 years. Thankfully, although lately he had little energy, he could enjoy many things up until about a week before his passing. I am thankful for all the support of family and many friends, and that I am kept busy by activities associated with organizations I am involved in. I also have found the hours it takes to change our accounts into my name, i.e. changing a phone account--8 hours alone to drop his phone. And I learned more than I ever wanted to know about Medicare and pension plans with the LA Community College District. All has worked out—I think, I hope.

On the good side, we welcomed home my grandson who just finished all his classes at veterinary school on the island of St. Kitts after three years there. We got to visit for 2 weeks and then he was off to London to do his clinical work at the Royal Veterinary College. It is the largest and longest-established vet school in the English-speaking world (225 years) and is part of the University of London. He will be there one year and then after, passing his exams, will be licensed in the Commonwealth and the United States. While at St. Kitts, he had an opportunity to work for a week in Nicaragua and Costa Rica doing spay, neutering and caring for farm animals--free to the locals. He left the island just missing the two hurricanes that went through the Caribbean. He went from the heat of the tropics to the cold and wet of London and a local terror attack (bombing). The clothes brought with him were not adequate; he was cold. He learned quickly about thermal ratings for blankets we have never heard about! On his breaks we are happy he will get a chance to visit England and the Continent.

I have been busy with Sierra club projects, serving on the Boards of the local improvement association that represents our unincorporated area with the county, as an alternate on the Puente Hills Native Habitat Authority Board, also as the field trip coordinator and newsletter editor of the local garden club. Combined, they keep me out of trouble.



Hello Colleagues,

Much to my dismay, it has happened again! I will be serving breakfast to guests on the 26th, so unless they decide to have it at 8:00 AM, I will not be able to make it to the meeting. And unfortunately, they arrive on Wednesday, so I will not know their breakfast time until later that afternoon. If that is their preference, I will call Tom and see if he can squeeze me in for lunch. Otherwise, hopefully my schedule will work out better in the spring.

In case you haven't heard, the Agua Caliente Band of Cahuilla Indians just announced that they will build a new Museum and Spa on the site of the old hotel at Tahquitz Canyon Way and Indian Canyon Drive. Construction will begin almost immediately and should be completed in 2 years. Both appear to be spectacular facilities, well worth a visit. As you gather, I still work in the Museum part-time.

For several years, expenses have exceeded my income in the travel business. So it seemed wise to give it up.

Otherwise, I am still dealing with my second bout of prostate cancer, and my on-going lung problem called Bronchiectasis. Fortunately, medications seem to help me deal with both of them.

Best wishes to you all for good health and happy times.

Don Karvelis

Cerritos College Retired Faculty Association



WE REMEMBER. . .

IN MEMORY OF MILDRED GLORIA ORR

Mildred Gloria Orr, 89, born on October 3, 1927, in Bellflower, California, passed away December 28, 2016. She resided in Lakewood, California at the time of her passing.

Mildred graduated from Excelsior High School in 1943. She was the Executive Secretary to the President and a Court Reporting Teacher at Cerritos College for many years.

She was preceded in death by her parents, William and Anna Orr, sisters, Edna Mahaffie, Mary Ryman and Helen Knights and brothers, George Orr and Lawrence Orr. She leaves behind nieces Barbara Mahaffie, Seal Beach, CA; Diane Payne, Kapowsin, WA; Patty Schneider, San Diego, CA; Carol Garcia, San Diego, CA; Sandra Molloy, Spring, TX; and nephews, Frank Ryman, Yakutat, AK; Richard Knights, Moriarty, NM; and Steven Knights, San Pedro, CA; and their families, as well as countless life long friends..

Anyone who knew Millie well, can attest to her enormously kind heart and beautiful generosity. She was an animal advocate and loved her fur babies almost as much as her family members. She loved to laugh and taught her nieces and nephews to live life to the fullest while at the same time being considerate of others. Our memories will undoubtedly sustain us for the rest of our lives as she played such a huge part in the lives of those she touched. We love you Millie and thank you for having such a strong, positive influence in our lives.

(Mildred Orr, Business Division, retired about 35 years ago)

DECEASED MEMBERS

Keith Hinrichsen

Ray Pasco

Patricia Regan sent regrets.

Well my dear friends and family the time as come for us to move along. Our house here in Citrus Heights sold yesterday. Our goods will be packed on Monday the 18th

WITH REGRETS

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and picked up Tuesday the 19th, our car will be shipped sometime around these dates and we will fly out of here on the 22nd.

Our move comes due to the fact of our health conditions. Fred is now 85 and care giver for Pat and is slowly running out of steam. Our move was requested by our son Ron and his wife Christine. We have spent 52 years on and off here in California. The sad part of this move is we will miss all the dear friends we have made here in California

Our new address will be 206 Strawberry Field Drive Johnson City, Tenn. 37604, our cell numbers will remain the same. Pat 916-300-1389 and Fred 916-580 9391. Won't know our new E-Mail address until we get back there and get signed up.



On October 26 I'll be at home in Lynden, WA, on the Canadian border across from Vancouver. I want to tell you about my bilateral complete knee replacement surgery in September 2016. The doctors and therapists make this surgery sound worse than it is. The surgery itself is pretty simple. None of the scary stuff they talked about happened, like smelly green pus. They over-did the "pain." "Stay ahead of the pain" was repeated often. There is no new pain coming after the surgery. So I took more Oxycodone than I should have. I maybe could have gotten along with only Extra-Strength Tylenol. I blame Oxycodone for my memory loss. I've been told I came out of the surgery fully loaded with drugs, and that it takes one year to get them out of my body!

The only real pain happens when going from sitting to standing. That takes five seconds max. Walking with a walker was surprisingly easy on Day One. It's just the getting up that hurts

I diligently did the exercises before surgery. That helped me achieve knee flexibility quickly. I do recommend doing both knees at once. Not all doctors agree.

Andy Hallum

Cerritos College Retired Faculty Association



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ADDITIONS; ADDRESS AND/OR PHONE CHANGES AFTER PRINTING OF DIRECTORY

November 3 2016 to Present

Dick Davis — Address Unknown

Bob Kreger — Address Update
Paseo Nta. Sra. De Los Angeles—1 B
Plaencia, Spain 34002

Kathy Ninomiya — Address Update:
5431 E. El Parque
Long Beach, CA 90815

James Peter — Address Update:
540 Mar Vista Drive
Solana Beach, CA 92075

Ray Potter — Address Update
24903 Moulton Parkway, Apt. 431
Laguan Hills, CA 92653

Mary Pribble — Address Update
P.O. Box 902
Glendora, CA 91740-0902

Patricia Regan (Fred) — Address Update:
206 Strawberry Field Drive
Johnson City, TN 37604
Pat: (916) 300-1389
Fred: (916) 580-9391

NEW MEMBER

Marla Burns
P.O. Box 1345
Laguna Bech, CA 92652
(949) 494-3347
crouchingtiger@earthlink.com



2017 — 2018 OFFICERS AND OFFICE HOLD-

President — Jon Fults Secretary — Arleen Myers
Vice President — Rhea Black Newsletter — Hal Malkin
Treasurer — Tom Jackson

Enjoy reading about your fellow retirees? Your fellow retirees would enjoy hearing from you. Be sure to submit an article for the next issue of *CCRFA MATTERS*. Watch your e-mail for notification of when and where to submit your article.

MEMBERSHIP APPLICATION

Please fill in and send the following information to Tom Jackson, along with a check:

Name: _____ Spouse Name: _____

Address: _____ City, State, Zip: _____

Telephone: _____ E-mail: _____

Year Employed at Cerritos College: _____ Year Retired from Cerritos College: _____ Division/Dept: _____

Please Mail to: Tom Jackson
11014 Hayford
Norwalk, CA 90650

Note: Dues are \$10 per year or \$100 for a lifetime membership (lifetime membership includes free parking permit)