

# Music, Movement and Color, Oh My!

Recently, the layout of our classroom changed a little. We noticed the children gather together whenever they hear music. By making the space for music and movement bigger, more children can share in the experiences and at times, learn from each other's moves. As they dance, children also grab scarves from the shelves and swing them around. The movements they make while dancing helps to build motor skills while allowing them to practice self-expression. The scarves provided an opportunity for a few children to make a connection with their favorite color. Callie is visibly upset that there are not enough scarves in her favorite color.



**Benjamin:** I want a blue scarf. I like blue.

**Teacher:** How does that blue scarf make you feel when you're dancing?

**Benjamin:** Better. Blue's my favorite.

**Teacher:** What color scarf do you have?

**Brennan:** Orange. There's orange there (pointing to the kaleidoscope on the wall).



**Isla, Brennan, Sawyer, Callie and Elena** imitate the teachers with their rhythm sticks. They listen to the song and try to match their movements to the directions given.

Jaslyne suggests we add more scarves to our music and movement area, "for Callie." Therefore, the teachers placed an order for more scarves. Intentionally, they were ordered in color white to pose a question to the children that will give us a more in-depth insight into their understanding of color.

## How will we transfer your favorite color onto the scarf?

Exposing children to music during the early years helps them develop an understanding of sounds and meaning of words. They can practice self-regulation, spatial relations, body awareness, and much more. Music is a huge and meaningful part of our day.