

# ASIAN PACIFIC ISLANDER DESI AMERICAN AWARENESS WEEK SPRING 2021

# APIDA

## BREAKING THE WAVE



**Monday, February 8 | A conversation with LA Southwest President, Dr. Seher Awan (She's Desi)**  
**1 p.m. – 2 p.m. | [Zoom link](#)**

Los Angeles Southwest College President Dr. Seher Awan is a passionate educator, administrator, and advocate. She has over thirteen years of experience in education as an administrator and instructor, with a strategic focus on equity and social justice, empowering the most underserved communities through education.



**Tuesday, February 9 | Derek K. Hsieh, LCSW, Ph.D. (Cerritos alum, Mental Health Clinical Program Head of the Los Angeles County Department of Mental Health, Long Beach Asian Pacific Islander Family Mental Health Center)**

**11 a.m. | [Zoom link](#)**

Suicide is a leading cause of death in the US and around the world, and a major issue that touches Asian American families and communities, but often a taboo subject to talk about. Dr. Hsieh will provide a brief overview of what we know about suicide among Asian Americans, offer some understanding of why some individuals want to take their own lives, known risk and protective factors, and some resources for help.



**Wednesday, February 10 | Book reading & conversation with AJ Dungo**  
**12 p.m. - 1 p.m. | [Zoom link](#)**

As a local illustrator from Los Angeles, AJ Dungo attended Art Center College of Design, his work appeared in Nike, The New York Times, The New Yorker, Bleacher Report, Doubleday & Cartwright, This American Life, The Wall Street Journal, ProPublica, and Virgin Orbit. He has been recognized by American Illustration, Society of Illustrators, and AD&D. Recently, he published his first graphic novel "In Waves" with Nobrow.



**Thursday, February 11**

**Learn about Lunar New Year traditions, customs and activities in China while making paper lanterns for fun, with Yiran Zhou (Chinese Instructor & Chinese Club Adviser) and Chinese Club**

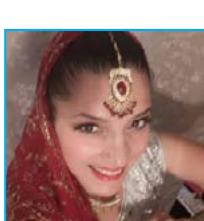
**11 a.m. | [Zoom link](#)**

Opportunity to win a Starbucks Lunar New Year egift card!



**Thursday, February 11 | TJ Lee | Cup of TJ: Travel & Food Host**  
**1 p.m. - 2 p.m. | [Zoom link](#)**

TJ Lee is an actor, coach and creator of the Cutest Travel & Food Show with 420K subscribers on Youtube and 45 million views. TJ's built a 6-figure business out of her creative passion and she's excited to be here to share her journey with you.



**Friday, February 12 | Bollywood Dance with Dawn Quinones**  
**5 p.m. | [Zoom link](#)**

Mini lesson behind dandi stick and the dance itself, Lesson behind mudras and it's place in Classical Indian Dance and a live online performance.

Dawn Quinones has an extensive background in dance and art with 20 plus years of experience. Dawn is also active as a costume designer, jewelry maker, henna artist, and does Halloween/Christmas/Events prop design building and set up.

If disability accommodations (e.g. communications access, alternate formats) are needed to participate fully in this event, please submit your request to [AccommodationsRequest@cerritos.edu](mailto:AccommodationsRequest@cerritos.edu) within seven school days in advance of the event.

