

Each and Every Day



Join us in the Documentary Showing
"Each & Every Day"

October 19, 2022
LC 155 | 11 a.m. - 12:30 p.m.

During the first hour we will show the film, which focuses on conversations between a diverse group of young people who discuss their experiences with suicidal ideation, loneliness, depression, anxiety and potential self-harm. The film serves to show audiences of all ages that these struggles are universal and there is hope and help. We will follow-up with a 30 minute discussion.

Guest Stars: Paws-to-Share Therapy Dogs



Light snacks provided

If disability accommodations (e.g., communications access, alternate formats) are needed to participate fully, please contact accommodationsrequest@cerritos.edu within seven school days in advance.