

*Feeling stressed? You could use some*

# DOG THERAPY

Petting a dog can decrease stress, improve your energy, self-esteem, and mood. **Make an appointment for 15 minutes** with our therapy dogs by visiting [tinyurl.com/SC-dogs](https://tinyurl.com/SC-dogs)

**Limited to groups of 6** at a time. Drop-in is available, but this will book up fast so appointments are highly recommended.

The Success Center is located downstairs in the Learning Resource Center (LRC), beneath the Library.

Visit [tinyurl.com/SC-dogs](https://tinyurl.com/SC-dogs)  
to make an appointment today!

