



Success Center

# Fun Workshops

TAKE A BREAK! Have some FUN this semester!

## Origami

Learn the exquisite art of origami. We will fold various flowers.

Thursday  
October 17th, 2pm

## Crocheting Basics

with Professor Lori Havrilla

Express your creativity! Learn and practice basic crochet stitches. Yarn and hooks provided.

Tuesday  
October 22nd, 3pm

## Hobby Shrimp Aquariums

with Dr. Catherine Winiarski

Learn how to keep colorful and fascinating mini shrimp and live plants they love in a small aquarium. We'll cover hard-scape, plant-scape, water quality, food, compatible fish, and more.

Thursday  
October 24th, 6pm

## Small Space Gardening

Discover the fundamentals of successful vegetable gardening in this workshop, and explore techniques tailored for limited space, such as container and vertical gardening.

Saturday  
November 9th, 1pm

## Poetry Basics

How to write poetry for fun and stress relief.

Friday  
November 15th, 2pm

## Desk Yoga

with Professor Lori Havrilla

Improve your physical and mental well-being with these basic yoga poses that can be done at your desk.

Tuesday  
November 26th, 11am

## Intro to REIKI Energy Healing

with Professor Lori Havrilla

Learn how you can balance your energy using the Japanese healing modality called REIKI.

Tuesday  
December 3rd, 11am

## Knitting Basics

Express your creativity! Learn and practice basic knitting technique. Yarn and needles provided.

Thursday  
December 5th, 3pm

## Breaking Basics

In this workshop, we will go over the basic movements of breaking, popularly known as breakdancing. Participants will learn a brief history of the dance as well as foundational moves and concepts.

Friday  
December 13th, 12pm

All workshops located in the Success Center, LC-137.  
The Success Center is located in the basement level of the Library.