

# WE PUT IN WORK: ENDURANCE, RESILIENCE, AND STRENGTH



## 2025 Black History Month Calendar of Events

### Black College Expo

Saturday, February 1 | 8-4 p.m. | Sofi Stadium

Students are invited to attend the annual Black College Expo to help prepare to attend colleges, universities, and HBCUs (Historically Black Colleges and Universities).

### Umoja Community Meeting

Tuesday, February 4 | 11 a.m.-12 p.m. | MP 211

Hosted by: Umoja Success Program



### Breaking Bread: Conversations in Black Studies: “Black Literacy in the Era of Book Bans and Colonial Literacy”

Tuesday, February 11 | 11 a.m.-12 p.m. | ZOOM

Meeting ID: 843 5269 7764

Passcode: 155397

Moderator: Dr. Amiri Mahnzili

Panelists: Dr. Talawa Adodo, Professor Brittany Hampton, Professor Jasmine Phillips, Dr. Louis Walee

Hosted by: the Black/Africana Studies Department

### Movie Night- Black Panther

Thursday, February 13 | 2-6 p.m. | LC 155

Bring your pillow and blanket and come watch a movie with us. We will provide the snacks and have discussion directly following.

Hosted by: Black Student Union

### Healing Circle – Sounds to Heal the Pain

Tuesday, February 18 | 11 a.m.-12 p.m.

Student Center South Stage

Cleanse your soul with sounds to heal. Different sounds will be played on traditional drums to assist with clearing your mind to help relax and reduce stress.

Hosted by: Umoja Success Program

### Kemetic Yoga

Wednesday, February 19 | 11 a.m.-12 p.m.

Student Center South Stage

New Year, Healthy You- Learn and practice Kemetic yoga which is based on African perspectives and recognizes breathing, movement, and meditation.

### Black Female Fireside Chat

Thursday, February 20 | 11:15 a.m.-12:30 p.m.

Conference Center

Come sit around the fire and join the dialog with Black women around campus. Learn from their lived experiences and why they are Phenomenal Women.

Hosted by: Human Resources

If disability accommodations (e.g. communications access, alternate formats) are needed to participate fully in this event, please submit your request to AccommodationsRequest@Cerritos.edu within seven school days in advance of the event.