

## BELLFLOWER Clothing / Showers / Food Distribution RESOURCES

Location	Program Description	Phone Number
<b>TUESDAY</b>		
<b>St. Bernard Church Food Pantry</b> 9627 Beach St. Bellflower	Food Distribution: every Tuesday 10am - 1pm Get there early to get in line - canned food - groceries	562 867-2337
<b>Salvation Army</b> 9644 Cedar St., Bellflower	Food Distribution: every Tuesday 9:00 - 12:00noon For Families: can only go once a month	562 804-0808
<b>Bethany Church</b> 17054 Bixby Ave., Bellflower	Food Distribution: every Tuesday 2:00pm - 3:00pm Limited to one bag per month for each person / family - groceries	562 866-1812
<b>WEDNESDAY</b>		
<b>Bethany Church</b> 17054 Bixby Ave., Bellflower	Food Distribution: every Wednesday 4:15pm - 5:15pm Hotmeal Wednesday 4:15pm (usually free bread and clothing)	562 866-1812
<b>The Lord's Church</b> 9740 Flower St., Bellflower	Food Distribution: every 2nd & 4th Wednesday 7:45pm Clothing Distribution: every 1st & 3rd Wednesday 10 - 12noon	562 866-8283
<b>THURSDAY</b>		
<b>Hosanna Chapel of Bellflower</b> 16517 S. Bellflower Blvd. Bellflower	Food Distribution: Bread, soft drinks, misc. food available 8:30pm - 9pm after Bible Study at 7:15pm. First come first served.	562 925-5093 Back of church
<b>St. Dominic Savio Church</b> 13400 Bellflower Blvd., Bellflower	Food Distribution: every Thursday at 8am - 10am canned food, bread, meat	562 920-7796
<b>Bellwood Baptist Church</b> 17614 Virginia Ave., Bellflower	Food Distribution: every Thursday at 10:00am	562 925-4888
<b>Parkcrest Church (Heartwell)</b> 3936 Woodruff Ave., Bellflower	Food Distribution: Every 4th Thursday of every month From 10:00- 11:00am	562 421-9374
<b>St. George's Church</b> 15721 Cornuta Ave., Bellflower	Food Distribution: every 2nd and 4th Thursday from 4-6pm From 4:00- 6:00 PM	
<b>FRIDAY</b>		
<b>Holy Redeemer Lutheran</b> 14515 Blaine Ave., Bellflower	Food Distribution: every Friday 9:00 - 10:30am (Sign in at 8am) canned goods, produce and groceries	562 867-0714
<b>Rosewood Church</b> 10115 Rose St., Bellflower	Food Distribution: every Friday 3:00-4:00pm groceries (dry / canned goods, bread, frozen meat)	562 804-4778
<b>Emmanuel Church</b> 15941 Virginia Ave., Bellflower	Food Distribution: 9-10am last names A-K the 1st and 4th Friday of the month last names L-V the 2nd and 4th Friday of the month/ Celebrate Recovery at 6pm	562 531-6820
<b>Calvary Baptist Church</b> 14722 Clark Avenue, Bellflower	Recovery Dinner: 6:00 pm \$2.00	562 925-3706
<b>SATURDAYS</b>		
<b>Journey of Faith</b> 17456 Downey Ave. Bellflower	Breakfast and lunch: "His Table" 9:30am - 12:00pm Hot meal and clothing	562 634-2910
<b>Calvary Baptist Church</b> 14722 Clark Avenue, Bellflower	Showers: 6:30am - 8:00am <b>Breakfast: 8:00am - 9:00am</b>	562 925-3706
<b>The Journey @ Mayfair Church</b> 6150 Bellflower Blvd. Lakewood	Food Distribution: 9:00am - 11:00am on the 1st Saturday of every month Come early to sign in. If you need clothes please ask.	562 867-3198
<b>Lakewood First United Methodist Church</b> 4300 Bellflower Blvd.,	Food Distribution: 9:00am - 11:00am groceries	562 425-1219
<b>Cityline Church</b> 6236 Woodruff Ave., Lakewood	Food Distribution: every 3rd Saturday From 11:00am - 12:00pm	562 925-0251
<b>Warrior Center-Palm Street Park</b> 9200 Palm Street (Clark Ave) Bellflower	Food Distribution: Last Saturday of every month food available Lunch til gone From 12:00 pm - 2:00 pm	562 644-2343
<b>SUNDAY</b>		
<b>Hosanna Chapel of Bellflower</b> 16517 S. Bellflower Blvd., Bellflower	Food Distribution: Bread, soft drinks, misc. food available 8:30pm - 9pm Sunday: 9am-12noon	562 925-5093 Back of church
<b>WEEKDAYS</b>		
<b>Calvary Chapel Downey</b> 14722 Clark Ave, Bellflower, CA 90706	Food Distribution: Come in to talk to a pastor between 9:00am and 4:00pm Monday through Saturday box of food (canned food and bread)	562 803-5631
<b>Calvary Baptist Church</b> 14722 Clark Avenue, Bellflower	Food Pantry: everyday 12noon - 3:00 pm (storage of food anyday 12-3pm)	562 925-3706
<b>MULTIPLE DAYS</b>		
<b>Calvary Baptist Church</b> 14722 Clark Avenue, Bellflower	Food Distribution: Tuesday, Wednesday, Thursday 12pm-3pm	562 925-3706
<b>Crossroads Multi-International Church of Nazarene</b> (corner of Norwalk and Del Amo) Cerritos	Food Distribution: every Wednesday at 8:30pm Fri. 8:30pm / Sat. 1st and 3rd Sat. -lunch(hotmeal) / Sunday 8:45am, 2:00pm, 8:30pm / showers	562 809-4143
<b>Salvation Army</b> 9644 Cedar St., Bellflower	Food Distribution: every Mon. Tues. Wed. Fri. From 12 - 12:45 For Homeless (hotmeal) Seniors: 12noon	562 804-0808

Kingdom Causes Bellflower and Our Place Housing Solutions is NOT able to assist with the following: rental payments, utility bill payments, motel costs, apartment/housing search or lists

# Resource Directory

<b>CLOTHING &amp; SHOWERS</b>	<b>HOUSING ASSISTANCE</b>
<b>The Lord's Church Clothing Closet</b> (562) 866-8283 9701 Flower St., Bellflower, CA 90706 1st and 3rd Wednesday of every month. 10am-12pm	<b>Fair Housing Foundation</b> (562) 446-3247 3605 Long Beach Blvd, Long Beach, CA 90807 April Overlie 562-989-1206 X:1104 Assistance with rental questions and landlord / tenant disputes
<b>Calvary Baptist Church</b> (562) 925-3706 14722 Clark Ave, Bellflower, CA 90706 Saturdays - Clothing and Showers: 6:30am - 8:00am	<b>Catholic Charities</b> (562) 591-1351 123 E. 14th Street, Long Beach Homeless prevention, utility assistance, emergency shelters, food, clothing
<b>DRUG AND ALCOHOL PROGRAMS</b>	<b>PATH Outreach Hotline</b> (562) 373-5264 340 North Madison Avenue Los Angeles, CA 90004 M-F 7:30am-4:00pm
<b>Positive Steps</b> (562) 923-7894 11501 Dolan Ave, Downey, CA 90241 Alcohol and Drug Programs for men	<b>The Whole Child - Family Housing</b> (562) 692-0383 10155 Colima Rd, Whittier, CA 90603 Family Housing 8:00 am to 7:00 pm
<b>Little House</b> (562) 925-2777 9718 Harvard St, Bellflower, CA 90706 Recovery home for women with substance abuse.	<b>Kingdom Causes Bellflower</b> (562) 804-2189 16429 Bellflower Blvd., Bellflower, CA 90706 (562)804-2189 Housing homeless individuals with income (SSI, fulltime or part-time job)
<b>EMPLOYMENT/UNEMPLOYMENT ASSISTANCE</b>	<b>LEGAL ASSISTANCE</b>
<b>EDD</b> www.edd.ca.gov (800) 300-5616 <b>Employment Development Department</b> apply online www.eApply4UI.edd.ca.gov	<b>Community Legal Services</b> (562) 864-9935 11834 E. Firestone Blvd. Norwalk, CA 90650 Legal assistance for low-income families. www.legal-aid.com
<b>SELACO WIB</b> (Southeast Los Angeles County) (562) 402-9336 Workforce Investment Board   www.selaco.com   10900 E. 183rd St. Cerritos Job search assistance and job search workshops are available	<b>Legal Aid Foundation</b> 110 Pine Ave., Long Beach, CA (562) 435-3501 5228 Whittier Blvd. Los Angeles, CA (213) 640-3883
<b>Kingdom Causes Bellflower</b> (562) 804-2189 16429 Bellflower Blvd., Bellflower, CA 90706 Computers / internet available   appointments for resume writing	<b>SHELTERS - Info line for services 211</b>
<b>FAMILY RESOURCES</b>	<b>The Salvation Army's BELL SHELTER</b> (323) 263-1206 5600 Rickenbacker Rd., Bell, CA Emergency Shelter for single males and females. Call at 9am for intake
<b>Bellflower WIC Program</b> (562) 461-9602 17610 Bellflower Blvd. Ste.104, Bellflower, CA 90706 Supplemental Food Program for women, infants and children	<b>ANGEL STEP TOO</b> (562) 461-9272 Angel Step Too is a transitional housing program targeting battered, substance-addicted women and their children. Residential
<b>DEPARTMENT OF SOCIAL SERVICES</b> (562) 807-7840 12727 Norwalk Blvd., Norwalk, CA Norwalk District Office - CAL-WORKS, Food Stamps, Medi-Cal	<b>Angel Step Inn</b> (323) 780-4357 & (323)780-7285 A 45 day Emergency domestic violence shelter for battered, substance-addicted, homeless women and their children. Emergency
<b>Su Casa Family Crisis Center</b> (562) 402-4888 3840 Woodruff Ave # 203 Long Beach, CA Artesia Ending Domestic Violence	<b>Long Beach Rescue Mission</b> (562) 591-1292 1335 Pacific Ave., Long Beach, CA Emergency Shelter for the Homeless, meals, clothing, substance abuse rehab
<b>Olive Crest</b> (562) 866-8956 17800 Woodruff Ave # F, Bellflower, CA - Preventing child abuse, to Treating and Educating at-risk children and to Preserving the family	<b>His Nesting Place</b> (562) 422-2137 350 E Market St, Long Beach, CA 90805 A non-profit service for families in need in the City of Long Beach
<b>Komputers 4 R Kids</b> (562) 219-5485 Bellflower Blvd., Bellflower, CA Refurbished computers at low price	<b>County of Los Angeles Department of Public Social Services</b> (310) 761-2000 17600 S Santa Fe Ave. East Compton, CA 90221
<b>Power 4 Youth</b> (562) 434-2352 607 E 3rd St, Long Beach, CA 90802 Academic mentoring for Middle and High School youth	<b>GENERAL RELIEF AND FOOD STAMPS</b>
<b>Project APPLE</b> (562) 461-2241 10140 E. Alondra Blvd., Bellflower, CA 90706 Afterschool Program Promoting Learning and Enrichment	<b>UTILITY ASSISTANCE</b>
<b>Cerritos College Adult Education and Diversity Programs</b> (562) 467-5098 Building CE 11, 11110 Alondra Blvd., Norwalk, CA 90650 Adult Ed & Diversity Programs	<b>HEAP (Home Energy Assistance Program)</b> (888) 351-4061 3012 Long Beach Blvd., Long Beach, CA 90807 www.cds.ca.gov No walk ins, appointments must be made.
<b>Suicide Prevention Center (877) 727-4747</b>	<b>ELEAT (Eastern Los Angeles Energy Assistance Team)</b> (888) 351-4061 www.lbcap.org (888)351-4061 Utility Payments. Weatherization. Heating & Cooling.
<b>Department of Mental Health (800) 854-7771</b>	

**WomenShelter of Long Beach. If you need emergency shelter, please call the hotline at 562-437-4663 (562-HER-HOME) to speak to an advocate.**