



Foster and Kinship Care Education

Foster & Kinship Care Education (FKCE) Program Spring & Summer 2025 Training Calendar January – July 2025



Please use this link to register for classes as Cerritos College:
[Cerritos College FKCE Workshop Registration Form](#)

Scan QR to fill out Registration form



FREQUENTLY ASKED QUESTIONS

I'M INTERESTED IN BECOMING A RESOURCE (FOSTER) PARENT. WHAT IS THE FIRST STEP?

Please call Resource Parent Recruitment to attend an orientation at (888) 811-1121 or view a Resource Parent Orientation Video through this link:

[Resource Family Orientation](#)

DO I HAVE TO ATTEND FKCE CLASSES/WORKSHOPS? IF SO, WHEN?

Yes, these classes are taken after you have completed your RFA (Resource Family Approval) certification and are needed to renew your certification and/or to keep your specialized care rate.

HOW MANY RENEWAL TRAINING HOURS DO I NEED EACH YEAR?

RFA Renewal (RFA) = 8 hrs.; W-rate (W) = 4hrs; and SCI Renewal (SCI) = 6 hrs.

WHAT CLASSES DO I TAKE TO RENEW MY CURRENT D & F RATE?

You will initially take 12 hours of SCI training + 4 hours of an SCI specialized course to obtain SCI Certification. These courses are offered in 3 four-hour sessions that must be taken together. An additional 4 hours of specialized training of your choice is required to fulfill the SCI certification requirements. You must then take 6 hours annually to renew your certification.

HOW DO I KNOW IF I AM OR WHEN IT IS TIME TO CONVERT TO LOC/SCI?

Your CSW will request an LOC/SCI assessment when you either receive a new placement, or when it is time for your annual D or F rate reassessment, whichever happens first.

WHEN CAN I TAKE THE SCI TRAINING?

You can begin taking the SCI training now, you do not have to wait for your CSW to initiate the LOC (Level of Care) protocol. The training will assist you with being prepared for the conversion.

I HAVE MORE QUESTIONS ABOUT LEVEL OF CARE (LOC) AND SCI, WHO CAN I CONTACT?

Please email askloc@dcfs.lacounty.gov with further questions.

HOW DO I REGISTER FOR CLASSES AT CERRITOS COLLEGE?

Please use this link to register for classes at Cerritos College: [Cerritos College FKCE Workshop Registration Form](#)

ARE CLASSES IN PERSON OR ON ZOOM?

Currently, our classes are offered online through Zoom.

WHEN WILL I RECEIVE THE ZOOM LINK?

Workshop confirmations and Zoom links are emailed out 1 – 2 days prior to your workshop. Please email us at fkce-info@cerritos.edu if you have not received it.

WHO SHOULD I CONTACT WITH FURTHER QUESTIONS ABOUT THE CLASSES OFFERED AT CERRITOS COLLEGE? Please reach out via email at fkce-info@cerritos.edu or by phone at (562) 860-2451 Ext. 2548



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 Campus Closed	2	3	4	5
6	7 El Tráfico Humano De Niños 9:00AM-12:00PM -María Alviórez	8	9 How to Create a Safe & Welcoming Environment for Children 6:00PM-9:00PM -Sarah Henderson	10	11	12
13 Special Care Increment #1 (SCI, Formal know as D & F Rate) 5:00PM-9:00PM – Dr. Fellows	14 Special Care Increment #2 (SCI, Formal know as D & F Rate) 5:00PM-9:00PM – Dr. Fellows	15 Special Care Increment #3 “Graduation” (SCI, Formal know as D & F Rate) 5:00PM-9:00PM – Dr. Fellows	16 Prudent Parent Standards 6:00PM-9:00PM – Sandra Smith	17 AB490 Understanding Education Rights for the Child 9:00AM-12:00PM - TBD CANCELED	18	19
20 Campus Closed	21 El IEP, Recursos Y Los Derechos Que Tiene Los Niños 4:00PM-7:00PM – María Alviórez	22	23 Creating Healthy Family Visitations & Understanding Resource Parent Rights 6:00PM-9:00PM -Elonda Austin	24 The Rights Roles & Responsibilities of a Resource Parent 9:00AM-12:00PM - Gabriel Mendez	25	26
27	28 Resource Parent Refresher: Understanding Annual Requirements and Proper Documentation 9:00AM-12:00PM- Gabriel Mendez	29 Building Healthy Attachments 6:00PM-9:00PM – Dr. Fellows	30	31		

IMPORTANT CLASS INFORMATION

- Class Zoom links will be sent 1-2 days before class
- Special Care Increment Classes are a total of THREE classes. All Three classes must be taken in order to receive your certificate of completion. Special Care Increment Training is 12 hours (three days), plus an additional 4 hours (class that meets Childs needs)

to complete a total of 16 hours.

TRAINING REGISTRATION LINK





Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1	2
3	4 El Trastorno Bipolar En Los Niños Y Adolescentes 9:00AM-12:00PM -María Alvidrez	5 Monitored Visits & How to Encourage Positive Visitations 9:00AM-12:00PM -Gabriel Mendez	6 A Guide to Minimizing Harmful & High-Risk Behaviors 6:00PM-9:00PM - Elonda Austin	7	8 Special Care Increment #1 (SCI, Formal know as D & F Rate) 9:00AM-1:00PM -Dr. Fellows	9
10	11 Trauma Informed Parenting: What You Should Know! 9:00AM-12:00PM -Dr. Fellows	12	13 What is FURS (Family Urgent Response System)? 6:00PM-9:00PM -Jacki Johnson	14 Campus Closed	15 Special Care Increment #2 (SCI, Formal know as D & F Rate) 9:00AM-1:00PM -Dr. Fellows	16
17 Campus Closed	18 Entendiendo Y Manejando Comportamientos Desde Una Perspectiva Cultural 4:00PM-7:00PM -María Alvidrez	19 Caring for a Special Needs Child 6:00PM-9:00PM -TBD	20 Understanding IEPs 6:00PM-9:00PM -TBD	21	22 Special Care Increment #3 (SCI, Formal know as D & F Rate) 9:00AM-1:00PM -Dr. Fellows	23
24	25 Preventing Bullying & Harassment 9:00AM-12:00PM-TBD	26	27 Understanding the Effects of Fetal Alcohol Syndrome Disorders (FADs) 6:00PM-9:00PM -Dr. Fellows	28		

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					1 Special Care Increment #1 (SCI, Formal know as D & F Rate) 9:00AM-1:00PM - Dr. Fellows	2
3	4 La Violencia Domestica Y Los Efectos En La Familia 9:00AM-12:00PM -María Alvidrez	5	6 Depression & Suicide 6:00PM-9:00PM -Dr. Fellows	7	8 Special Care Increment #2 (SCI, Formal know as D & F Rate) 9:00AM-1:00PM -Dr. Fellows	9
10	11 Domestic Violence & it's Impact on Children 9:00AM-12:00PM -TBD	12	13 Understanding Failure to Thrive Syndrome 6:00PM-9:00PM -TBD	14	15 Special Care Increment #3 (SCI, Formal know as D & F Rate) 9:00AM-1:00PM -Dr. Fellows	16
17	18 La Compasión En El Cuidado De Crianza Y Los Diálogos Reflectivos 9:00AM-12:00PM - María Alvidrez	19	20 How to Properly Document the Well Being of your Child: Behaviors, Health, Education, & Visits 9:00AM-1:00PM -Dr. Fellows	21 Campus Closed	22 Campus Closed	23 Campus Closed
24	25 Autism 9:00AM-12:00PM - Sarah Henderson	26 An Organized Caregiver: A Guide to keeping it all together 6:00PM-9:00PM -Jackie Johnson	27 Diabetes 6:00PM-9:00PM -Dr. Fellows	28	29 Autism: Sensory Processing Interventions 9:00AM-12:00PM -Sarah Henderson	30
31						

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1 Las Enfermedades Mentales En Los Niños Y Adultos 9:00AM-12:00PM - María Alvidrez	2	3 Advocacy & Understanding the DCFS Structure & Policy 6:00PM-9:00PM -Jacki Johnson	4	5	6
7	8 Ethnic Hair, Skin and Food, Know- How 9:00AM-12:00PM - TBD	9	10 Placement Stability: Our Desired Outcome 6:00PM-9:00PM -TBD	11	12 Special Care Increment #1 (SCI, Formal know as D & F Rate) 9:00AM-1:00PM – Dr. Fellows	13
14	15 Lo Que Todo Padre Debe Saber Sobre La Influencia de Los Amigos y Cambios de Conducta 4:00PM-7:00PM -María Alvidrez	16 Resources 101: Knowing Who to Turn on Times of Need 6:00PM-9:00PM -Dr. Fellows	17 What to Expect at your Home Assessment 6:00PM-9:00PM - Elonda Austin	18	19 Special Care Increment #2 (SCI, Formal know as D & F Rate) 9:00AM-1:00PM – Dr. Fellows	20
21	22 Campus Closed	23	24 Fostering Self Esteem in Children 6:00PM-9:00PM -Jacki Johnson	25	26 Special Care Increment #3 (SCI, Formal know as D & F Rate) 9:00AM-1:00PM - Dr. Fellows	27
28	29 The Growing Brain: Important Stages of Development 9:00AM-12:00PM -Theresa Reed	30				

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1	2 Trauma Informed & Sensitive Parenting 9:00AM-1:00PM – Dr. Fellows	3 Special Care Increment #1 (SCI, Formal know as D & F Rate) 9:00AM-1:00PM – Dr. Fellows	4
5	6 Reunificación: ¿Cuándo el Niño Pregunta, Cuando Puede Regresar a Casa? 9:00AM-12:00PM -María Alvidrez	7	8 Building Resiliency: Going From Surviving to Thriving 6:00PM-9:00PM -Jacki Johnson	9	10 Special Care Increment #2 (SCI, Formal know as D & F Rate) 9:00AM-1:00PM - Dr. Fellows	11
12	13 Understanding Autism 9:00AM-12:00PM -Barbara Fellows	14	15 Grief & Loss: From the lens of the Resource Parent 6:00PM-9:00PM -TBD	16	17 Special Care Increment #3 (SCI, Formal know as D & F Rate) 9:00AM-1:00PM - Dr. Fellows	18
19	20 Trauma Y Apego: Como Comprender a Los Niños y Jóvenes Que Han Sido Abusados 4:00PM-7:00PM - María Alvidrez	21	22 Reunification & Making Sense of the Court System 6:00PM-9:00PM -Gabriel Mendez	23	24	25
26 Campus Closed	27 Processing Grief & Loss After Reunification 9:00AM-12:00PM- Dr. Fellows	28	29	30	31	

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1
2	3 Convertir Sueños En Títulos (Curso Educativo 1) 9:00AM-1:00PM -María Alvidrez	4	5 A Guide to Understanding, Supporting, & Encouraging LGBTQ Youth & Families 6:00PM-9:00PM -Jacki Johnson	6 CSEC: Awareness and Identification 9:00AM-12:00PM - Dr. Fellows	7	8
9 Ensuring Healthy Sexual Development: Tips on Discussing the Topic with Children 9:00AM-12:00PM - Theresa Reed	10	11	12 The Growing Brain: Important Stages of Child Development 6:00PM-9:00PM -Theresa Reed	13	14 Special Care Increment #1 (SCI, Formal know as D & F Rate) 9:00AM-1:00PM -Dr. Fellows	15
16	17 Convertir Sueños En Títulos (Curso Educativo 2) 9:00AM-1:00PM -María Alvidrez	18	19 Campus Closed	20 Documentation 5:00PM-9:00PM- Dr. Fellows	21 Special Care Increment #2 (SCI, Formal know as D & F Rate) 9:00AM-1:00PM -Dr. Fellows	22
23 Diabetes in Children 9:00AM-12:00PM -Dr. Fellows	24	25	26 Monitored Visits & How to Encourage Positive Visitations for Children 6:00PM-9:00PM - Elonda Austin	27 Understanding Psychotropic Medication 6:00PM-9:00PM -Dr. Fellows	28 Special Care Increment #3 (SCI, Formal know as D & F Rate) 9:00AM-1:00PM -Dr. Fellows	29
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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1	2	3	4 Campus Closed	5	6
7	8 Técnicas Para El Manejo Del Estrés Y La Ansiedad 9:00AM-12:00PM -María Alvidrez	9	10 Understanding Risk Factors & Getting Help for Suicidal Behaviors 6:00PM-9:00PM - Theresa Reed	11	12 Special Care Increment #1 (SCI, Formal know as D & F Rate) 9:00AM-1:00PM -Dr. Fellows	13
14	15 Self-Care For Caregivers: Surviving the Summer with Positivity & Grace 9:00AM-12:00PM -Theresa Reed	16	17 The Power of Love (Parenting with Love) 6:00PM-9:00PM - Elonda Austin	18	19 Special Care Increment #2 (SCI, Formal know as D & F Rate) 9:00AM-1:00PM -Dr. Fellows	20
21	22 Syndrome de Alcoholismo Fetal 4:00PM-7:00PM - María Alvidrez	23	24 Resilient Child 6:00PM-9:00PM - Theresa Reed	25	26 Special Care Increment #3 (SCI, Formal know as D & F Rate) 9:00AM-1:00PM -Dr. Fellows	27
28	29 Self-Care For Caregivers: Cultivating a Support System 9:00AM-12:00PM -Dr. Fellows	30	31			

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RESOURCES

CERRITOS COLLEGE FOSTER & KINSHIP CARE EDUCATION

The Foster & Kinship Care Education Program is a statewide program that provides a variety of workshops/training programs for foster parents (parent education), and specialized training for relative caregivers, including SCI, Basic and In-service training. FKCE/DCFS Orientations are offered to support relative care providers with their involvement with child protective services.

<https://www.cerritos.edu/fkce/default.htm>

CERRITOS COLLEGE LINC/NEXTUP

LINC/NextUP provides holistic services to support current and former foster youth attending Cerritos College with their academic and career goals. Through campus and community partnerships, we seek to facilitate access to resources and opportunities that will enhance our students' growth and success.

<https://www.cerritos.edu/linc-nextup/default.htm>

CERRITOS COLLEGE CONTINUING EDUCATION

The Cerritos College Continuing Education Division offers a variety educational and workforce preparedness course that prepare today's students in obtaining the skills and knowledge needed for today's job market. Courses offered through the Continuing Education Division include Noncredit "Tuition Free Courses" and Fee based classes.

NONCREDIT TUITION **"FREE"** COURSES:

- English as a Second Language (ESL)
- Vocation English as a Second Language (VESL)
- GED Test Preparation (English and Spanish)
- Entrepreneurship- Small Business Growth (English and Spanish)
- Workforce Preparedness

- OSHA 10 Training (Spanish)
- Occupational Preparation
- Citizenship
- Older Wiser Learners (OWL, Classes for Seniors/Older Adults)
- Plaza Comunitaria

<https://www.cerritos.edu/aed/default.htm>

COMMUNITY **"FEE-BASED"** COURSES:

- Professional Development (Adult Classes)
- Personal Growth (Adult Classes)
- Enrichment & Interests (Adult Classes)
- Enrichment (Child & Teen Classes)
- Music (Child & Teen Classes)
- Athletics & Movement (Child & Teen Classes)
- College for Youth Summer Program (Grades 1-12)
- Traffic School
- Motorcycle Training

[Community Fee Based Spring 2025 Courses](#)

THE COMMUNITY COLLEGE FOUNDATION -RESOURCE FAMILY APPROVAL (RFA)

The Resource Family Approval (RFA) program offers a comprehensive training series for potential Resource (Adoptive and Foster) Parents. Their program aims to ensure safety and permanency of children in Los Angeles County by effectively screening, targeting, and supporting dedicated families interested in fostering and adoption.

<https://www.communitycollege.org/rfa>

CERRITOS COLLEGE FRANCO'S MARKET

Franco's Market is a one stop shop for Cerritos College students and our local community to access food. From fresh produce, baked goods, and frozen meats, you can make a hearty meal for yourself and your family to enjoy.

**Please note Franco's Market can be assessed once a week for students and once a month for community members. The best time to place to place an order is after 12pm Mon-Thurs.*

https://www.cerritos.edu/falcons-nest/Francos_Market.htm

LA FOOD BANK

Cerritos College is proud to partner with the Los Angeles Regional Food Bank for monthly food distributions on campus. Food resources are available to students and members of the local community. Distributions are held every 4th Wednesday of the month from 9-11am in Lot 1. Some dates may vary. Please check the [Falcon's Nest home page](#) for up-to-date information on the next distribution.

DCFS PLACEMENT STABILIZATION TEAM

LA County DCFS PLACEMENT STABILIZATION TEAM (PST) is a specialized program of highly qualified around the clock Social Workers. Together, with PST Resource Parents (foster parents/caregivers), they are committed to youth between 10-19 years of age who have experienced trauma and are in need of ongoing guidance, support, and empathy.

WITH THE PST PROGRAM, CAREGIVERS WOULD HAVE:

-24/7 access to a specialized Children's Social Worker who is assigned to the youth and will respond at all hours, for any emergencies, via phone or in person

-Dedicated weekly check-ins with the youth and caregiver for placement stability Assisted resource and program navigation

-Access to a Fostering UNITY CARE Service Specialist for ongoing support, mentorship, and guidance

-Access to support groups with topics related to PST-type placements hosted by a Fostering UNITY CARE Service Specialist and Licensed Clinical Psychologist, M.A., Psy.D.

If you are interested in learning more about the PST program please contact the following Placement Specialist, and they will be happy to answer any questions that you may have.

Ketlyn Henry (PST TEAM)

213-663-6252

HENRYK2@DCFS.LACOUNTY.GOV

Martha Navarro (PST TEAM)

213-431-3310

NavarM2@DCFS.LACOUNTY.GOV

UCLA TIES FOR FAMILIES

UCLA TIES (Training, Intervention, Education, and Services) for Families is an interdisciplinary program dedicated to optimizing the growth and development of foster/adoptive children from birth to age 21, and their families through:

- TIES Preplacement Education and Preparation for prospective resource parents (TIES PREP)
- Interdisciplinary trauma and resilience-informed, child welfare-competent services to children and their resource families before, during and after placement
- Advocacy for children and families at the individual, community, and government level
- Education of professionals regarding culturally-responsive, trauma and resiliency informed, child welfare competent approaches to serving children in the foster care system
- Collaboration and consultation with other professionals and agencies
- Applied research to evaluate and improve service

<https://www.semel.ucla.edu/ties/about-us>