

# President's Spring 2022 Speaker Series



## A Falcon's Guide to Zoom Focus

Inspired by Jon Gordon

Zoom Focus helps you focus on your priorities, execute, and create success. Zoom Focus helps you take daily steps towards your big picture vision.

Take a journey to learn practical tips and strategies to enable you to make daily improvements and focus on the big picture. Invest in yourself and sign up today! Registration is now available through your Cornerstone account on the [Cerritos Portal](#).

**Friday, March 11, 2022 | 10 a.m. – 11:30 a.m.**

**Beyond Resilience: Growing to be the True You**

*Presented by Dr. Quade French, Clinical Psychologist and Consultant  
USC Campus Wellbeing & Education*

*Sponsored by the College Committee on Employment Development*

**Friday, April 8, 2022 | 10 a.m. – 11:30 a.m.**

**Bent, But Not Broken... Emerging from COVID more Resilient, Creative, and Hopeful**

*Presented by Kathy Espinoza, Assistant Vice President of Ergonomics and Safety  
Keenan*

**Friday, May 6, 2022 | 10 a.m. – 11:30 a.m.**

**Creating Your Big Picture Vision**

*Presented by Dr. Jose Fierro, President/Superintendent*

Please RSVP via Cornerstone. If you do not have a Cornerstone account, please contact [Monique Valencia](#). Flex credit is offered to faculty. If disability accommodations (e.g. communications access, alternate formats) are needed to participate fully, please contact [AccommodationsRequest@Cerritos.edu](mailto:AccommodationsRequest@Cerritos.edu) within seven school days in advance.

