

# Re-Entry Program Workshops

## Spring 2026



To register/RSVP for these workshops, please visit the Re-Entry Program website

<https://www.cerritos.edu/re-entry-program/workshops-and-events.htm>

### JUMP START YOUR JOURNEY

#### **MyCerritos/Canvas Overview**

Explore your MyCerritos portal and Canvas, the online “classroom” platform. Session will include tips on using your portal and setting up access to Canvas, how to find information, submitting assignments and other topics to familiarize yourself before the semester begins.

- Presenter: Welcome Center Staff
- Wednesday, January 14, from 5pm –6pm on Zoom

#### **Returning to School – How to pick up where I left off**

Returning to school after an extended break can seem daunting (or even scary) and you may be wondering how you can get back on track. Join us for a conversation with our career counselor, Dr. Young, and get some pointers on picking up where you left off.

- Presenter: Dr. David Young, Cerritos College Career Counselor
- Thursday, January 22, from 2 pm – 3 pm in MP 213

### FUNDING YOUR EDUCATION

#### **Financial Aid 101 for Re-Entry Students**

Uncertain about how to finance your education? Do you wonder if you are eligible as a Re-Entry student? Discover the basics of financial aid, eligibility, what to do if your financial situation changes and other topics unique to our returning students.

- Presenter: Ismael Zepeda, Financial Aid
- Wednesday, January 21, from 4:30 pm – 5:30 pm on Zoom

#### **Scholarship Workshop**

Join us as we walk through the Cerritos College Foundation scholarship application step by step. Get inside tips on writing your best personal statement and submitting your application.

- Presenter: Eric Calderon and Shannon Estrada
- Thursday, January 15, from 2 pm – 3 pm in MP 213
- Tuesday, January 20, from 11 am – 12 pm in MP 213
- Monday, January 26, from 2 pm – 3 pm on Zoom
- Wednesday, February 4, from 5 pm – 6 pm on Zoom
- Thursday, February 5, from 11 am – 12 pm in MP 213
- Monday, February 9, from 11 am - 12 pm on Zoom
- Tuesday, February 10, from 2 pm – 3 pm on Zoom

#### **Scholarship Application Assistance Lab**

Stop by our Scholarship Application Assistance Lab for help with your Cerritos College Foundation scholarship application.

- Presenter: Eric Calderon and Shannon Estrada
- Tuesday, February 17, from 11 am – 12 pm in MP 201
- Wednesday, February 18, from 2 pm – 3 pm in MP 201



## CAMPUS RESOURCES

### Community Resource Fair

Students and community members will have the opportunity to find out about resources available in the community, get their questions answered by representatives from local community and social service agencies, and learn about possible volunteer/internship positions. There will be an opportunity drawing for prizes.

- Tuesday, March 24, from 10am – 1pm in the Student Center

## STRATEGIES FOR SUCCESS

### Time Management

Having trouble getting organized? Want to be more productive in college? Our workshop will cover prioritizing your time, getting organized, goal setting, and much more.

- Presenter: : Traci Ukita, Career Counselor
- Monday, March 2, from 2 pm – 3 pm both in-person in MP 101 and on Zoom

### Stress Management

The goal of this workshop is to help students identify sources of stress and explore tools to help regulate their nervous system and instill a greater sense of focus and balance in daily life.

- Presenter: Bernadette Ferrel, Assistant Manager, Mental Health Services
- Tuesday, March 3, from 11 am– 12 pm on Zoom

### Financial Wellness

This workshop will cover understanding your money attitude, how to manage your wants and needs, how to create a spending plan and budget, and understanding your credit and debt.

- Presenter: Ismael Zepeda, Financial Aid
- Tuesday, March 10, from 11am – 12pm, in MP 213

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Re-Entry  
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If disability accommodations (e.g. communications access, alternate formats) are needed to participate fully in these events, please submit your request to [AccommodationsRequest@Cerritos.edu](mailto:AccommodationsRequest@Cerritos.edu) within seven school days in advance of the event.