

BIG

A safe space for learning small skills to manage big feelings.

feelings club



1/21/26 - 5/13/26

Tuesdays @ 10am

Wednesdays @ 3pm

Student Health Services

Drop-In Group. Come to one, come to all!

Facilitated by:

Bernadette Ferrel, LCSW #93733

Anais Padilla, MSW Intern

Janet Basurto Lopez, MSW Intern

If disability accommodations (e.g., communications access, alternate formats) are needed to participate fully in these events, please submit your request at <https://www.cerritos.edu/accommodations-request> within seven school days in advance.



Student Health
Services