



Support Circle

Location

Santa Barbara Building,
Living Learning Center

Time

11 a.m. - 12 p.m.

Facilitators

Bernadette Ferrel, LCSW #93733

Nicole Noggle, ASW #13267
Registered Associate Clinical Social
Worker



CERRITOS
COLLEGE

LGBTQ+
Program

For more information,
contact [Antonio \(Nio\) Lavermon](#)
(562) 860-2451 ext. 2046

Sept. 16 - Living in the Shadows

Oct. 21 Resistance & Joy (LGBTQ+ History month)

Nov. 18 Wellness Starts with Me

Dec. 16 COPE AHEAD (leading into holiday break)

Jan. 20 Holding Space for Fear and Joy

Feb. 17 Relationships (Peers, Dears, & Queers)

April 21 Self Compassion (Sexual Assault Awareness Month)

May 19 The Power of Story, Sharing Strength

What to Expect at Group Session and Guidelines

If disability accommodations (e.g. communications access, alternate formats) are needed to participate fully in this event, please submit your request at <https://www.cerritos.edu/accommodations-request> within seven school days in advance.



Student Health
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