



Need assistance with your groceries?



What is CalFresh?

CalFresh is a nutritional program that helps individuals and families buy fresh and healthy groceries to prepare at home.

How much does CalFresh offer?

This depends on your income and household size. Most individuals and families receive \$250/month.

How can I get started?

Take our quick prescreen to check your eligibility!
Email calfresh@cerritos.edu for more information.

CalFresh
Prescreen



Book an appointment
with our team now!

