CERRITOS COLLEGE

Re-Entry Program Workshops

Fall 2026

To register/RSVP for these workshops, please visit the Re-Entry Program website :

https://www.cerritos.edu/re-entry-program/workshops-and-events.htm

JUMP START YOUR JOURNEY

MyCerritos/Canvas Overview

Explore your MyCerritos portal and Canvas, the online "classroom" platform. Session will include tips on using your portal and setting up access to Canvas, how to find information, submitting assignments, and other topics to familiarize yourself before the semester gets underway.

- Presenter: Welcome Center Staff
- Wednesday, August 19, from 5pm –6pm on Zoom

Returning to School – How to pick up where I left off

Returning to school after an extended break can seem daunting (or even scary) and you may be wondering how you can get back on track. Join us for a conversation with our career counselor, Dr. Young, and get some pointers on picking up where you left off.

- Presenter: Dr. David Young, Cerritos College Career Counselor
- Thursday, August 27, from 2 pm – 3 pm in MP 213

FUNDING YOUR EDUCATION

Financial Aide 101 for Re-Entry Students

Uncertain how to finance your education? Do you wonder if you are eligible as a Re-Entry student? Discover the basics of financial aid, eligibility, what to do if your financial situation changes and other topics unique to our returning students.

- Presenter: Ismael Zepeda, Financial Aid
- Wednesday, August 26, from 5 pm – 6 pm on Zoom

Scholarship Workshop

Join us as we walk through the Cerritos College Foundation scholarship application step by step. Get inside tips on writing your best personal statement and submitting your application.

- Presenter: Eric Calderon and Shannon Estrada
- Thursday, August 20, from 2 pm – 3 pm on Zoom
- Tuesday, August 25, from 11 am – 12 pm in MP 211
- Tuesday, September 1, from 2 pm – 3 pm in MP 213
- Wednesday, September 2, from 5 pm – 6 pm on Zoom
- Wednesday, September 9, from 2 pm – 3 pm in MP 211
- Thursday, September 10, from 11 am - 12 pm on Zoom

Scholarship Application Assistance Lab

Stop by our Application Assistance Lab for help with your Cerritos College Foundation scholarship application.

- Presenter: Eric Calderon and Shannon Estrada
- Wednesday, September 16, from 11 am – 12 pm in MP 201
- Thursday, September 17, from 2 pm – 3 pm in MP 201

CAMPUS RESOURCES

Majors Exploration Fair

Students will have the opportunity to speak to faculty and staff to learn more about the majors they are considering, connect with their Learning & Career Pathway Success Teams, and get information about certificates, degree programs, transfer and future career choices. There will be an opportunity drawing for prizes.

- Tuesday, September 15, from 10am – 1pm in the Student Center

Resources for Student Success

There's no doubt about it: college can be stressful and busy and it's easy to forget the many resources available to students. And the best part? They're free! Take the time to find out about the resources available and how they can specifically benefit you and your education.

Join us for an overview of the Cerritos College Success Center, Falcon's Nest, Career Services, the Student Health Center, and the EOPS/CARE Program and learn about the various resources each area offers and how they can help you be a more successful student.

- Presenters: Success Center, Falcon's Nest, Career Services, Student Health Center, and EOPS/CARE staff
- Thursday, September 17, from 11am – 12pm on Zoom

STRATEGIES FOR SUCCESS

Time Management

Having trouble getting organized? Want to be more productive in college? Our workshop will cover prioritizing your time, getting organized, goal setting, and much more.

- Presenter: Traci Ukita, Career Counselor
- Monday, September 21, from 2 pm – 3 pm both in-person in MP 101 and on Zoom

Tips & Tricks for Balancing Life & School

Do you find yourself sitting in class thinking about what you need to pick up at the grocery store on your way home? The laundry that needs to be done before school the next morning? The 3-page essay due tomorrow? What to do about your three-year-old's temper tantrums? Yes? Then this workshop is for you! We will cover:

- Time Management
- Study Tips
- Building a Support System
- Helpful Resources

This is a great opportunity to find out about campus/community resources and to learn from others. Light refreshments/ snacks will be served, and there will be opportunities to win prizes.

- Presenter: Sandra Flores, Instructor, Child Development
- Tuesday, September 22, from 11am – 12pm in MP 101

Stress Management

The goal of this workshop is to help students identify sources of stress and explore tools to help regulate their nervous system and instill a greater sense of focus and balance in daily life.

- Presenter: Angela Williams, LCSW and Manager, Mental Health Services
- Tuesday, October 6, from 11am – 12pm on Zoom

Financial Wellness

This workshop will cover understanding your money attitude, how to manage your wants and needs, how to create a spending plan and budget, and understanding your credit and debt.

- Presenter: Ismael Zepeda, Financial Aid
- Wednesday, October 14, from 11am – 12pm, in MP 101

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If disability accommodations (e.g. communications access, alternate formats) are needed to participate fully in these events, please submit your request to AccommodationsRequest@Cerritos.edu within seven school days in advance of the event.

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