

CERRITOS COLLEGE PUBLIC HEALTH (AS-T)

ASSOCIATE IN SCIENCE DEGREE FOR TRANSFER (AS-T)

The Associate in Science degree in Public Health for Transfer is an interdisciplinary degree grounded in the biological and health sciences that is designed to prepare leaders who promote community health, prevent disease, and improve environmental conditions where people can be healthy. The study of public health explores the factors that affect the overall health of a population and the factors that contribute to the spread, treatment, and prevention of disease. Students completing this program will exemplify a high level of health literacy and will be exposed to a wide variety of disciplines. Through this preparation, they will improve their understanding of the relationship of the environment to health, global health, public policy, and recognize and evaluate the economic impact of changing demographics on health care, identify disease outbreaks, and develop interventions to promote healthy behavior. This program is for seamless transfer to CSU.

REQUIRED CORE COURSES

		UNITS
HED 100	Contemporary Health Problems	3
HED 102	Introduction to Public Health	3
<i>or</i> HO 102	Introduction to Public Health	(3)
A&P 150	Introduction to Human Anatomy	4
<i>and</i> A&P 151	Introduction to Human Physiology	4
BIOL 120	Introduction to Biological Science	4
CHEM 110	Elementary Chemistry	4
<i>or</i> CHEM 111	Elementary Chemistry	(5)
MATH 112	Elementary Statistics	4
<i>or</i> PSYC 210	Elementary Statistics	(4)
PSYC 101	General Introductory Psychology	3

LIST A

Select One Course

ECON 201M	Principles of Macroeconomics	3
ECON 202M	Principles of Microeconomics	3
HED 110	Community Health and CPR	3
<i>or</i> KIN 110	Community Health and CPR	(3)
HED 103	Women, Their Bodies and Health	3
<i>or</i> WGS 103	Women, Their Bodies and Health	(3)
HED 202	Health Systems and Perspectives	3
HO 103	Health and Social Justice	3
HO 152	Normal and Therapeutic Nutrition	3
<i>or</i> HED 200	Nutrition for Health, Fitness, and Physical Activity	(3)
PSYC 245	Drugs and Behavior	3
<i>or</i> HO 245	Drugs and Behavior	(3)
SOC 101	Introductory Sociology Principles	3
Total Requirements		32-33

Completion of 60 semester units (or 90 quarter units) that are eligible for transfer to the California State University, including both of the following:

- (A) The Intersegmental General Education Transfer Curriculum (IGETC) or the California State University General Education-Breadth Requirements.**
- (B) A minimum of 18 semester units in a major or area of emphasis, as determined by the community college district.**
- (C) The obtainment of a minimum grade point average of 2.0**

Students who are planning to pursue an AS-T are strongly advised to meet with a counselor for additional information about this transfer program.