

2026 Women's History Month Presents

Indigenous – Native American Women Cocineras: Custodians of Ancestral Knowledge

*With a Tasting of
Chef Pyet's Recipes*

Wednesday, March 4
4-5:30 p.m.
Cerritos College
Conference Center



Food Historian, Maite Gomez-Rejon and Ched Pyet DeSpain, will be joining us to share with us the knowledge of Indigenous – Native American Women Cocineras. Historian Maite will lead a talk on “The role of Women in the Native Mexican Kitchens - How Modern Cocineras Tradicionales are Custodians of Ancestral knowledge”. Chef Pyet will share her story to becoming an award winning and global private chef. She will give a talk about her life's work dedicated to Indigenous Fusion Cuisine, where she combines the food of her heritage - both Native American and Mexican. Pyet's passion is to uplift indigenous culture and traditions via storytelling and cooking. **The Cerritos Culinary Arts Program students, led by Chef Jessie, will provide a tasting of Chef Pyet's recipes from her book, *Rooted in fire: A Celebration of Native American and Mexican Cuisine*.**

Facilitated by Cynthia Villanueva and the Cerritos College Culinary Arts Program

For questions [contact Cynthia Villanueva](#)

If disability accommodations (e.g., communications access, alternate formats) are needed to participate fully in these events, please contact

<https://www.cerritos.edu/whm/contact.htm> within seven school days in advance.



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